

APPENDIX 4: Mental Health Outcome Measures – Descriptive Survey of Psychiatrists’ Current Practices:

Qualtrics Questionnaire (Ransom S & Blenkiron P, 2018)

1) What is your staff grade (job title)? (eg consultant psychiatrist, trust grade, higher trainee, CT1-3, GP registrar, F1/F2, other, please state)

2) What subspecialty/team do you work in? (eg general adult psychiatry inpatient/community, specialist team, old age, liaison, other)

3) Please state your gender

- ☐ Male
- ☐ Female
- ☐ Prefer not to say

4) How often do you use each of the following measures?

	0 = Not at all	1 = Rarely (less than once a month)	2 = Sometimes (less than once a week)	3 = Regularly (at least once a week)
PHQ-9 (Personal Health Questionnaire) for depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
GAD-7 (Generalised Anxiety Disorder) questionnaire	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
SWEMWBS (Short Warwick-Edinburgh Mental Wellbeing Scale)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
ReQoL -10 (Recovering Quality of Life Questionnaire)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family and Friends Question	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
HoNoS (Health of the Nation Outcomes Scale)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Health Clustering Tool (eg for Payment by Results)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A validated scale for assessing cognition/dementia eg MMSE, ACE, MOCCA	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A validated scale for assessing alcohol use eg AUDIT, CAGE	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5) How useful do you find each of the following outcomes in your practice ?

	0 = Not useful	1 = Somewhat useful	2 = Useful	3 = Very useful
PHQ-9 (Personal Health Questionnaire) for depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
GAD-7 (Generalised Anxiety Disorder) questionnaire	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
SWEMWBS (Short Warwick-Edinburgh Mental Wellbeing Scale)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
ReQoL -10 (Recovering Quality of Life Questionnaire)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family and Friends Question	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
HoNoS (Health of the Nation Outcomes Scale)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Health Clustering Tool (eg for Payment by Results)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A validated scale for assessing cognition/dementia eg MMSE, ACE, MOCCA	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A validated scale for assessing alcohol use eg AUDIT, CAGE	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6) Please rate the importance of each of the following in influencing your use of rating scales and outcome measures

	0 = Not important	1 = Somewhat Important	2 = Important	3 = Very Important
NHS Mandatory & Financial eg Payment by Results, Trust targets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clinical eg useful in assessment, diagnosis or management	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Professional – eg recommended in NICE guidelines	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Peer pressure eg other psychiatrists/ team members use them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educational – eg teaching, service evaluation, audit or research	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The measure itself – eg short, easy to use, validated, relevant	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7) ANY COMMENTS? Please summarise your attitude towards using rating scales and outcome measures in practice. What are the main barriers to their use? How may your practice change in the future?