Appendix A

Sample prompts for Still, Inside.

Still, Inside - Sample Making Prompts

Both Instruments

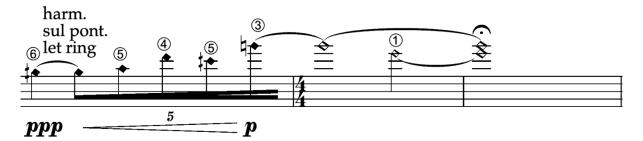
- Play this motif. Make three recordings.



- o Guitar: play it in three different positions (to create timbral variation)
- Recorder: incorporate some different fingerings/use different instruments each time (slight microtonal discrepancies are welcome!)
- Record some unpitched sounds that you like.

Guitar

- Play the motif, using natural harmonics (potential strings indicated below, but feel free to use alternatives if desired).



- Play the following dyads, mezzo-forte, each for 5 seconds, or until the sound has decayed significantly (whichever comes first).
 - Please make separate recordings for each chord it will save me time later!
 - Accidentals apply only to the note directly proceeding.



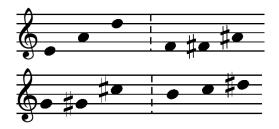
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Create short phrases using the following pitches (durations/dynamics/etc at your discretion).



Tenor Recorder

- Play a whistle tone using every pitch from E4-D#5. Hold each for 5-7 seconds.
 - Please make separate recordings for each it will save me time later!
- Play an E4, starting normally, and then transition to whistle tone. Hold the tone for 4 seconds after reaching it.
- Create short phrases using the following pitches (durations at your discretion). Vary the vibrato significantly between notes (this could mean width/depth, but also variation in type e.g. finger/tongue/throat etc).



- Find some multiphonics you like, and record them. Write down how you'd like to see them notated.
 - It would be handy if one of them had an E pitch at the bottom.