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| Relationships positive  Digital Appendix: Grouping Themes Table 1 (Nicole) | Relationship negative | Relationship loss | Challenged Authority/ Others | Petitioned Authority | Decision maker | Communication | Excluded school | Insufficient care | Side effects |
| **Relationship**  - Rebecca (S3)& (S29) & (S17) | **Poor relationship** (hospital staff) (S19) | Mum | **Contested** (school) making herself sick (S1) | Nicole **told** hospital staff **she wanted** to breast feed (S9) | **Decision to come of medication** – rather be with Jack) (S23) | **Lack of informed consent** (Consultant) – inject to save her life (S4) | **Made to leave school** (extended study leave) (S1) | Placed in **unpleasant hospital room** (S5) | **Postnatal depression** (S16) |
| **Relationship**  - Friends who understand | **Poor relationship** with nurses (S11) | Psychiatrist 1 **lost relationship** (leave on long term sick) (S25) | **Refused consent** to be injected (S4) | **Asking questions** during debriefing meeting with hospital staff (S18) | **Decision to come of medication** – rather be with Jack) (S23) | **Lack of informed consent** (consultant) extra pregnancy scans – unexplained (S4) | Invalid reasons for **exclusion** from Prom (S20) | **Failure to provide expected level of care** (nurses) – only provided help if asked (S11) | Didn’t report haematoma to phone doctor (S22) |
| **Relationship**  Moved into flat with partner and Jack (17) | **Negative interaction with nurse** – unexplained criticism (S12) | **Loss of relationship** -Split up with partner (S24) | **Going against hospital advice** - Goes in to hospital despite being told to stay at home – saves son(S5) | Expressed physical concerns (S22) |  | **Deceived** – told family could watch C- section (S5) | School Discrimination (exclusion from prom) (S20) | Most Nurses didn’t care (S19) | **Physical complications** – walking, etc (S22) |
| **Relationship** -  A few nurses looked forward to seeing her (S19) | **Negative interaction with nurses** – challenged need for wheel chair (S8) | No relationship – forgotten about (S49) | Could get social worker changed (S27) | **Continuously asking** to see Jack (S6) |  | **Failure to provide information**/ educate Nicole what is wrong with Jack (S10) | **Rejected by school** (S45) | Reported Physical concerns – nothing done (S22) | Sent down hill (threat of letter to take Jack (S27) |
| **Relationship**  Member of staff – visits & brings gifts (S21) | **Negative relationship** (social worker) (S27) | **Relationships** inhibited by school (S46) | Social worker considers her argumentative (S27) | **Requesting** to take Jack home (S11) |  | **Information withheld** – breast milk expressing machine (S13) | **Unofficial discrimination against pregnant students** (S45) | Phone call check up insufficient S22 | Didn’t heal properly in hospital (S22) |
| **Relationship** with Psychiatrist 1 (S25) |  | Loss of Relationship – head of year (S51) | Speaks out of injustice (judgmental others – Grandparent convictions (S30) | Challenged being sent to new psychiatrist (S25 |  | **Doesn’t understand** -  Nicole still unclear what is wrong with Jack (S14) | **Unsupportive of pregnancy** -school staff (S21) | **Miserable in hospital** (S8) |  |
| Positive relationship (other professionals) (S27) |  | Loss of friends associated with pregnancy (S32) | Standing up to societal prejudice/ pressure (what’s their problems) (S34) |  |  | **Barrier to finding out what happened** in neonatal – special enquiry (S18) | **Hostile towards pregnancy** (Catholic school) (S21) |  |  |
| A few supporters – teachers (S47) |  | Relationship with sister was close (S43) | Reject opposition to having another child (S37) |  |  | **Not communicated** **effectively** -  Nicole still unclear what is wrong with Jack (S14) | Loss of school (S50) |  |  |
| Bonded with teachers (S47) |  |  | Challenging GP practices to get it right and register her (S40) |  |  | **Needing to understand/ make sense** of what was wrong with her child (18) | **Banned from school** (S48) |  |  |
| Relationship with head of year (S51) |  |  |  |  |  |  | **Banned from Friends** (S47) |  |  |
|  |  |  |  |  |  |  | Loss of purpose - stranded (S50) |  |  |

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| Motherhood - desires | Motherhood -benefits | Good Mum/ carer | Motherhood – bad/ failure | failure | Self –worth (negative) | Separated from Jack | Making Friends/ relationships & supporting others | Insufficient support/ incompetent | Self-worth positive |
| **Relationship/ Mothering instinct** to hold child (S7) | Family love (S35) | Jack asleep on Nicole’s chest (S12) | Slipped down before without support (S26) | **Substance Abuse** (alcohol and drugs) (S24) | Not future in her eyes (S38) | **Separated from Jack** – (hospital) requests to see him ignored/ denied (S6) | Got on with everybody at school (S32) | Next steps – no information (S50) | **Pride** (house own money) (S28) |
| **Relationship/ Motherhood** -Wanted to breast feed Jack (S8) | Family life / joys (S35) | Breastfeeding Jack (S17) | **Physical complications** impact on **child care** (leaning over to put jack in the cot (S22) | **Substance abuse** (still) (S26) | No study/ career direction (S38) | **Separated from Jack** – (hospital) not physically able to hold him (S7) | Always had friends (S32) | **Insufficient support** for exams (S49) | Responsible person (S39) Choosing to have child and look after |
| Motherhood = wanting to take Jack home (S11) | Family memories (S35) | Learned child care skills (17) | **Unable to care for Jack** (broken ankle) (S24) |  | Not worth doing things for herself (S38) | **Threatened separation from Jack** – hospital want to send her home and keep him there (S9) | Made new friends (S32) | Child care need teaching in school - girls (S46) | Met the Challenge –looking after a child (39) |
| Motherhood – No problems once Jack is on ward with Nicole (S11) | Motherhood provides meaning partying doesn’t (S38) | Good Mum –Professionals didn’t consider Jack to be at risk (S26) | **Protective Mum** (smashed window) (S28) |  |  | **Wasn’t given the opportunity** to breastfeed him on his first feed – bottle fed at hospital(S9) | More comfortable with partner than would ever have expected (S41) | Staff not bothered about her achievement (S49) | Matured by experience (S42) |
| Wanted to be able to have given Jack breast milk (S13) | Motherhood provides motivation (S38) | **Good Mum** – doing what needs to be done (S26) | **Good Mum -Provider** (house – own money) (S28) |  |  | **Separated** Nurse physically removes Jack from Nicole –puts him in cot (S12) | Understand what new friends have been through (S33) | **False support** – can leave exam (S49) | Changed for the better by the experience (S42) |
| Wants to get on with being a mother (S22) | Motherhood, Motivation even when depressed (S39) | Connection to child (knows what he’s thinking) (S37) | **Guilt** that child is unwell (S7) |  |  | **Separated from Jack** (still living alone (S26) | Loyal (Grandparents) (S30) | Bonded with teachers – mum replacement (S46) | Quieter? (S42) |
| **Missing Memories** of child birth – unconscious (S15) | Motherhood, purpose/ identity (S39) | Doing things for Jack, making sure Jack has - rewarding (S38) | **Jack crying for her** to feed him over in neonatal (S11) |  |  | **Separated from Jack social services** (S28) |  | **Silenced** by school (S46) |  |
| **Jack out of danger** – checks ups: Jack given the all clear (S14) | Relationship -Closer with partner, shared experience (S41) | Looked after sister **responsible / supporter**(S43) | **Failure Motherhood** – didn’t give birth to child |  |  | Told they would **remove her right to Jack**  Expect letter (S27) |  | **Negative expectations** – teachers (S47) |  |
| **Motherhood**  **Fear for baby’s** condition – could brain haemorrhage (S10) | Motherhood – saved from more negative outcomes (S36) | Mum Identity – always been a Mum (S44) | Bad Mum – Judgement (leaving child with Granddad) (S53) |  |  | **Separated from Jack** – social worker decided it better to stay with Grandparents (S26) |  | **Prejudice** – teachers, associated with family with bad reputation (S47) |  |
| **Together -**Able to take Jack home (S14) |  | Relationship with sister (supporter) (S43) | Social worker critical of Nicole (bad Mum, on drugs)(S26) |  |  | **Separated from Jack** – broken ankle (S28) |  | **Teachers unapproachable** – Catholic school (S46) |  |
| Wanted child (though unplanned) (S39) |  | **Saved son** by going into hospital (S5) | Hospital staff point out her mothering duties, Jack crying for her over in neonatal (S11) |  |  | **Separated from Jack** (with Grandparents) – broken ankle (S24) |  | Ambushed – inappropriate (S52) |  |
| Values family most (S35) |  |  | **Negative interaction with nurse** – unexplained criticism (S12) |  |  |  |  | **No sex education** - Catholic school (S45) |  |
| Family plan – more children (37) |  |  |  |  |  |  |  | **Judged by school** (S45) |  |
| Preference to mother hood to young ‘partying lifestyle (S36) |  |  |  |  |  |  |  |  |  |
| Emotional impact of potentially loosing Jack (expect letter (S28) |  |  |  |  |  |  |  |  |  |

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| **Dependency** | **Supportive services or facilitators** | **Loss of services or barriers** | **Supported Family & Friends** | **Alone** | **Criminal** | **Prejudice/ discrimination** | **Having child** | **Gratitude** | **Lack of education on child care** |
| **Dependent on consultant for ensuring healthy pregnancy**- access to scans (S4) | **Rebecca supporting both mother and child over time** (2 years) (S3) | **Changing GP practices – disruptive**/ frustrating (S40) | Always had friends (S32) | **Alone in hospital** – isolated (S6) | **Criminal interrogation**  Falsely accused (social services) planning the pregnancy (S2) | **Prejudice** (family name) Social worker (S31) | Granddad ally to having child | Gratitude Rebecca (S29) | **No Mum** to learn from (S17) |
| **Dependent on hospital for birth/ medical care** (S5) | Other professionals, allies against social worker (S31) | Had to register Jack at GP twice (S40) | Casual friends - allow own space(S33) | Being in new house alone (S24) | **Falsely accused (school)** making herself sick (S1) | **Age discrimination & pregnancy** – revelation – all young (primarily hospital?) Mums (S34) | Mother & Nana – discouraging having child (S39) | Gratitude Rebecca (S17) | **Not taught** child care skills by hospital (S17) |
| **Dependent on hospital for Jack’s health** – neonatal car(S6) | Some professionals (Rebecca?) interested (S33) | **Lost access to Psychiatric service** (S25) | Friends who understand (S33) | **Alone/ unsupported** Walking over to neonatal to feed Jack (S11) | Interrogation – leaving child with Granddad (S53) | **Prejudice** – young Mum – Shameful (S34) | Partner always said he didn’t want child (hypothetical (S41) | Gratitude (staff bearing gifts) (S21) | Lack of information about care skills (S43) |
| **Dependent on hospital staff for monitoring** Jacks condition (S11) | **Doctors saved child - heroes** – would have died without the (S16) | **Discharged from psychiatric** **services** on insufficient evidence (S25) | Supported financially Granddad (S30) | **Separated from family** (C-section) (S5) |  | **Prejudice** in town (breastfeeding) (S35) | Once pregnant partner accepted/ wanted child (S41) | Gratitude Nana (home) (S30) | Unreasonably expect to know care skills (S44) |
| **Dependency on Medical profession for Jacks health** –out patient check ups | **Taught child care skills** – empowered (Rebecca) (17) | **Age restricting access to medication** (anti-depressants) (S23) | **Family support**  Family go to hospital with her (S5) |  |  | Low expectations of young Mums (discrimination) (S44) |  | Gratitude Granddad financial support (S30) |  |
| **Dependence on hospital for C-section** (S15) | **Given support in child care** (Rebecca) (17) | **Age restricting access to medication** (painkiller) (S23) | **Mum –** **Ally to help gain** access to Jack in Neonatal (S6) |  |  | **Age discrimination** (nurses) (S19) |  |  |  |
|  | **Introduced to Resource** - Young Mums group (Rebecca) (S17) | **Medication not effective** (antidepressants) – tried 4  (S23) | **Partner provides physical support** – washing her/ wheeling her around post operation (S8) |  |  | Doesn’t associate with bad reputation family (S31) |  |  |  |
|  | Rebecca supports her with the haematoma (S22) | Told postnatal depression secondary issue (S23) | **Nana provided information** about Jack’s condition (researched it) (S10) |  |  |  |  |  |  |
|  | Motivated by Rebecca’s approach (S29) | **No help for substance abuse** – Psychiatrist knew about it (S24) | Partner doesn’t attend prom (with Nicole) (S20 |  |  |  |  |  |  |
|  | Shared problem (Rebecca) (S29) | Exam interference – pregnancy cramps (S49) | Saved from child care (Nana - given home ) (S30) |  |  |  |  |  |  |
|  | Professionals staying involved to make sure Nicole continues as she is (S26) | Nobody else interested (don’t want to listen) (S33) | Medication sourced from other people (pain killer) (S23) |  |  |  |  |  |  |
|  | Mums groups – making friends (S33) | Pressure to consider Grandparents ‘bad’ (S30) |  |  |  |  |  |  |  |
|  | **Non drug therapeutic psychiatrist intervention** beneficial? (S25) | **Social services still involved** (unwelcome – can’t get rid) (S26) |  |  |  |  |  |  |  |
|  | **Provided debriefing on hospital experience** – meeting with nurses (Rebecca)(S18) | **Hospital discouraged access -**told her to stay at home (baby would have died) (S5) |  |  |  |  |  |  |  |
|  | **Dependent for sense making** -Hospital staff answered most of Nicole’s questions (S18) | **Social worker** not objective (not bothered about other aspects of risk to Jack (S28) |  |  |  |  |  |  |  |
|  | Slipped down when professionals left in the past (S27) | Slipped down when professionals left in the past (S27) |  |  |  |  |  |  |  |

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|  | Benefit of being a young Mum | Environment | Strength of character | Family negative impact |  | Educational course/ aspirations |  |  |  |
| Aware of risk of getting pregnant (S39) | Physical benefits of being young Mum (S37) | Used to live in a horrible house (S29) | Moral person (couldn’t end a life) (S39) | **Jack Bonding with Grandma** (S28?????) | Not significantly changed by the experience (S42) | No study/ career direction (S38) |  |  |  |
| Unplanned pregnancy (S46) | Connection benefits of being young Mum (S37) | Moving to a new house (S24) | See it through with current social worker (S27) | Relationship problems partner)– rolled on(S41) | Fear of haematoma (S12) |  |  |  |  |
|  |  |  |  | Emotionally difficult seeing sisters heroin related difficulties (S43) | Party when older (S36) |  |  |  |  |
|  |  |  |  | **Loss of support** – split from partner (S24) |  |  |  |  |  |
|  |  |  |  | **Family opposition** to prom (S20) |  |  |  |  |  |
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