# **Remains of Elmet**

concerto for solo viola-vocalist, choir and sinfonietta

in six parts

based on the poetry collection by Ted Hughes

music by James Whittle

concept and design by Victoria Bernath and James Whittle

# Remains of Elmet (2012–13)

Commissioned by Terry Holmes as the winning proposal of the Terry Holmes Composer/Performer Award 2012 by James Whittle and Victoria Bernath.

Dedicated with gratitude and thanks to Terry Holmes.

**Premiere** Victoria Bernath (viola-vocalist), The 24 choir with Jonathan Brigg (conductor), University of

York Chamber Orchestra, Sir Jack Lyons Concert Hall, University of York, York Spring

Festival of New Music, 8th May 2013.

**Duration** 30 minutes

**Music** James Whittle

**Text** Ted Hughes

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# Instrumentation

**Viola-Vocalist** (singing viola player, abbreviated as V-V)

Choir 1: SAATTBB (minimum 16 voices)Choir 2: SATB (minimum 8 voices)

**Solo String Quartet** (listed below)

#### **Sinfonietta:**

Group T		Group 3	
Leader:	Solo Violin 1	Leader:	Solo Cello
	Oboe		Bassoon 2
	Bassoon 1		Trombone 2
	Violin 3		Double bass 1
	Violin 4		Double bass 2
Group 2		Group 4	

Leader: Solo Violin 2 Leader: Solo Viola
Cor Anglais Piccolo
Trombone 1 Alto Flute
Cello 2 Clarinet in A

Cello 3 Bass clarinet in B flat

Score in C. Double basses sound an octave lower than written, piccolo an octave higher than written.

## **Performance Notes**

#### **Free boxes**

Example: Piccolo, bar 46, page 14



- general performance directions for the character of the material
- pitch range/s (inclusive)
- dynamic range
- blank noteheads: a suggested motivic contour to follow and develop
- suggested rhythm to follow and develop
- articulation to support the character of the material

### **Number Cue System and Co-ordination**

Without a conductor for the majority of the piece, number cues are employed to enable the solo string quartet to communicate physically and aurally to each other and to their groups. Their parts include the Viola-Vocalist's part as a cue-line, from which to time individual cues. The quartet will need to work out who leads a cue when their cues coincide (e.g. bar 26, Solo Violins 1 and 2).

In 'Moors' and 'Remains of Elmet', material is notated as being only approximately in time. Instruments need only be in strict rhythmic unison during any hocketing patterns in pairs (e.g. bar 26, Oboe and Bassoon 1, Cor anglais and Trombone 1). These are written predominantly for instruments that sit directly next to one another. Other rhythmic unison in pairs need not be strictly in time (e.g. bar 26, Violins 1 and 2, Cellos 1 and 2). Tutti group entries cued by a Group Leader do not need to be in strict unison, but each player should aim to follow the cue immediately (e.g. bar 26, Group 3).

#### **Noteheads**

#### **Instruments**

diamond strings: harmonics; wind/brass: breath noise

arrow glissando as high as possible to a definite pitch on the string (don't slide off)

square harsh scratch tone

<u>Voices</u>

cross/cross within ellipsis various unpitched noise sounds, including the speaking voice

cluster chord sing any pitch in this approximate range, independently – do not attempt to

be in unison

blank notehead reflect the contour of glissando lines within any pitch range

diamond breath noise (inhalation/exhalation)

#### **Abbreviations**

<u>Strings</u>

arco on body bow anywhere on the wood of the instrument

pizz. pizzicato

trem. tremolando, always very fast spicc. spiccato, bouncing bow

bow up/down fingerboard fling the bow back and forth, parallel to/along the strings so that the hair

creates a faint gristly sound

s.p. sul ponticello (on the bridge)

m.s.p. molto sul ponticello (extremely on the bridge)

s.t. sul tasto (on the fingerboard)

m.s.t. molto sul tasto (extremely on the fingerboard) nat. naturale (return to normal playing technique)

con/senza sord. with/withou mute

Wind

multiphonic play any possible multiphonic on the given note (if not possible, consult the

score to find a multiphonic which fits the chord at the given moment)

flz. flutter-tongue

#### **Poems**

All poems are taken from *Remains of Elmet* (1979) except for the extracts of 'Telegraph Wires', taken from *Elmet* (1994). The poems are set to music and printed with the kind permission of The Ted Hughes Estate with thanks to Faber & Faber Limited.

#### **Moors**

Are a stage for the performance of heaven. Any audience is incidental.

A chess-world of topheavy Kings and Queens Circling in stilted majesty Tremble the bog-cotton Under the sweep of their robes.

Fools in sunny motley tumble across, A laughter – fading in full view To grass-tips tapping at stones.

The witch-brew boiling in the sky vat Spins electrical terrors In the eyes of sheep.

Fleeing wraith-lovers twist and collapse In death-pact languor To bedew harebells On the spoil-heaps of quarries.

Wounded champions lurch out of sunset To gurgle their last gleams into pot-holes.

Shattered, bowed armies, huddling leaderless Escape from a world Where snipe work late.

#### **Remains of Elmet**

Death-struggle of the glacier Enlarged the long valley of Calder Down which its corpse vanished.

Farms came, stony masticators That ate each other To nothing inside them.

The sunk mill-towns were cemeteries Digesting utterly All with whom they swelled.

Now, coil behind coil, A wind-parched ache, An absence, famished and staring Admits tourists

To pick among crumbling, loose molars And empty sockets.

#### A Tree

Under unending interrogation by wind Tortured by huge scaldings of light Tried to confess all but could not Bleed a word

Stripped to its root letter, cruciform Contorted Tried to tell all

Through crooking of elbows Twitching of finger-ends.

Finally Resigned To be dumb.

Lets what happens to it happen.

#### **Telegraph Wires** (extracts)

Take telegraph wires, a lonely moor, And fit them together. The thing comes alive in your ear.

In the revolving ballroom of space, Bowed over the moor, a bright face

Draws out of telegraph wires the tones That empty human bones.

#### **Light Falls Through Itself**

Loses most of itself And all its possessions.

Falls naked Into poverty grass, poverty stone, Poverty thin water.

Sees, sudden-close, The smoking breath of a poor cow Standing in thin mud.

Sees skylines blue far Trembling like flames flattened under wind.

Wind without hindrance Blows on the threadbare light And through it.

Light creeps in grass And cries And shivers.

### The Word that Space Breathes

Through tumbled walls

Is accompanied
By lost jawbones of men
And lost fingerbones of women
In the chapel of cloud

And the walled, horizon-woven choir Of old cares Darkening back to heather

The huge music
Of sightlines
From every step of the slopes

The Messiah Of opened rock.

# **Extended Programme Note**

The Calder Valley, west of Halifax, was the last ditch of Elmet, the last British Celtic kingdom to fall to the Angles. For centuries it was considered a more or less uninhabitable wilderness... Then in the early 1800s it became the cradle for the Industrial Revolution in textiles, and the upper Calder became "the hardest-worked river in England". Throughout my lifetime, since 1930, I have watched the mills of the region and their attendant chapels die. Within the last fifteen years the end has come... and the population of the valley and the hillsides, so rooted for so long, is changing rapidly.

Ted Hughes, Preface to Remains of Elmet, 1979

But I didn't want to write a historical work. Fay Godwin's photographs make a powerful, direct statement, and what they say is: the geological and climactic personality of the place is overwhelming.

Ted Hughes, BBC Radio broadcast, 3<sup>rd</sup> May 1980

In the same BBC broadcast, Hughes described Elmet as a 'primeval gorge' reclaimed by nature: 'an elemental mass of the place is surfacing again through the ruins and scratchy temporary efforts to renovate something'. Throughout *Remains of Elmet*, accompanying the bleak black and white photographs of the landscape of his childhood, Hughes's skilful and complex turns of phrase never fail to strike the reader in their emotional precision. But in asking what remains of Elmet, we are asked to contemplate many kinds of landscape.

Reading this 'sequence', something other than a series of geological descriptions emerges. In his poetic-mythic world of primordial forces, Hughes combines social, religious, physical and psychological elements bound to the landscape and its people to weave a narrative meditating on their decay and spiritual rebirth.

In the opening poem we are placed in its 'cradle-grave' ('Where the Mothers'), in a desolate place where 'Nothing really cares. But soil deepens.' (Lumb Chimneys'). 'Moors' introduces a chaos of creatures; the cyclical drama of generation begins, growing to consume savagely in 'Remains of Elmet'. Yet, the promise of the regenerative power of nature remains: 'Before these chimneys can flower again/They must fall into the only future, into earth.' Even so, despondent nature 'Lets what happens to it happen' ('A Tree'). Such promise grows doubtful 'at the dead end of a wrong direction' ('Top Withens') so that at the darkest point we are thrust through 'A rip in the fabric/Out of nothingness into nothingness' ('Widdop'). Then, a transformation occurs: 'Light Falls Through Itself'. Destruction is breached, consoled by creation, their cycle reconciled as 'The Word that Space Breathes' is united with the 'huge music' of 'opened rock'. Hughes ends the sequence reflecting on words that, 'Joined with earth and engraved in rock,/Were under my feet'.

Five poems appear in their sequential order to convey Hughes's 'Pennine Sequence' in a compressed narrative. At the point of peripeteia are fragments of a sixth poem, 'Telegraph Wires.' This poem, originally from *Wolfwatching* (1989), was included in *Elmet* (1994), an anthology of poems about the landscape that omitted, renamed, and rearranged several poems from *Remains of Elmet*.

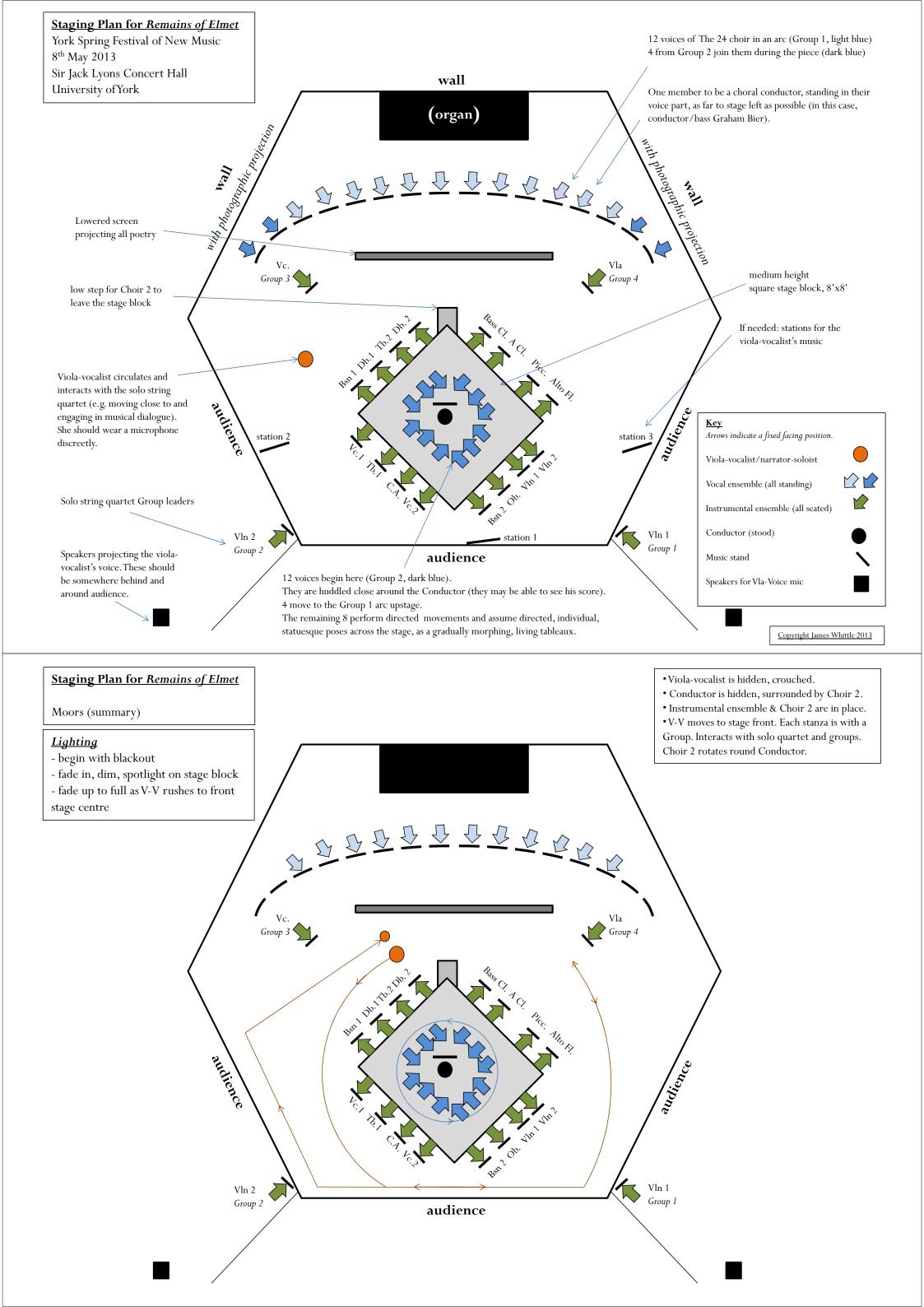
Writer and Ted Hughes expert Ann Skea has commented that all Hughes's poetic sequences work to 'tap the universal energies and to channel their healing powers towards the sterility and the divisions which he sees in our world'. Critics have often observed Hughes's shamanic appearance through his style, themes and forms. In *Remains of Elmet*, musical imagery is particularly significant to the transformation of Elmet.

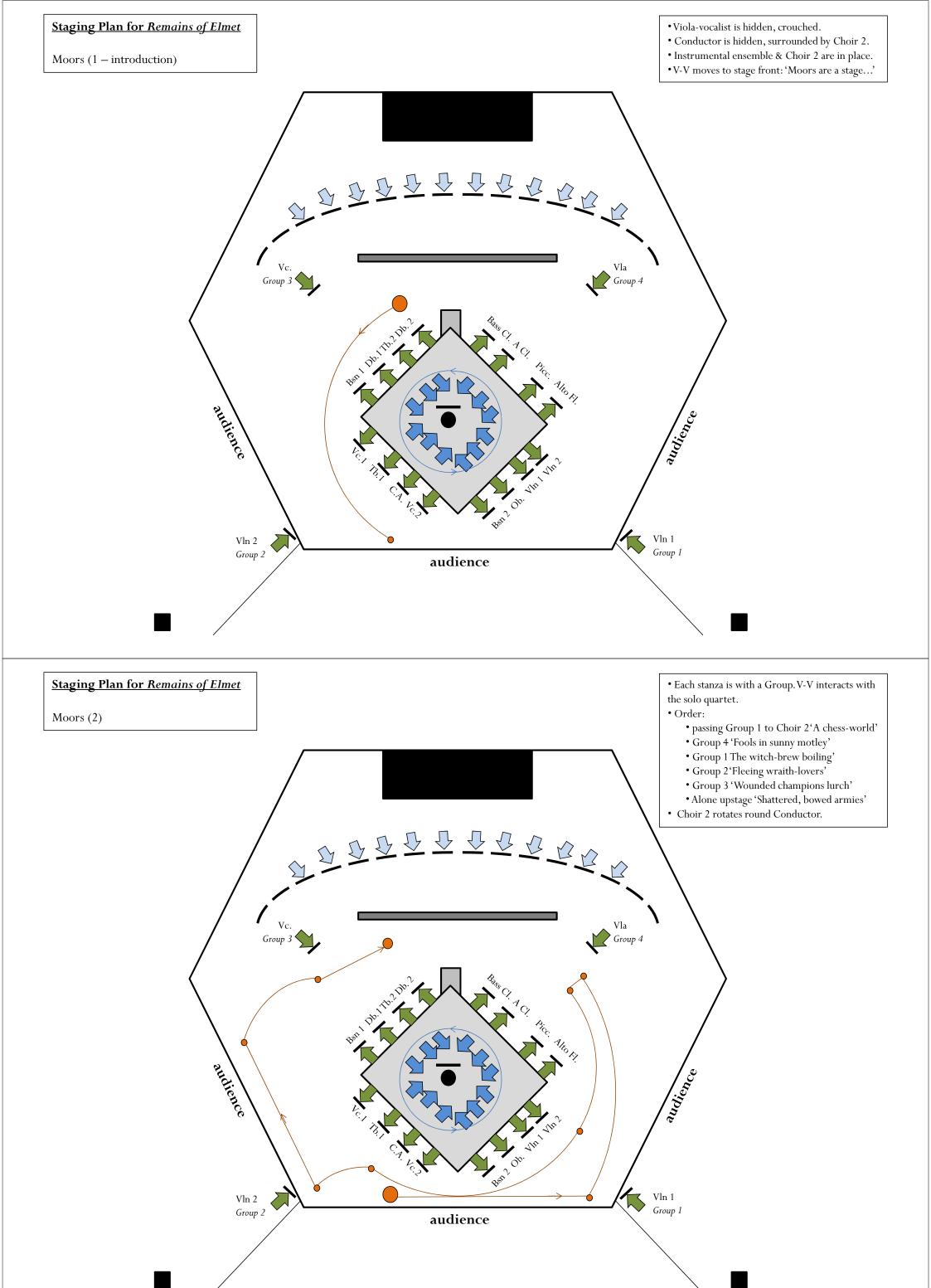
Our *Remains of Elmet* draws on the sequence's images of duality, of decay and regeneration, creation and destruction, and transfers them to musical and theatrical material and events. Inspiration also came from poems which we have not set: 'the reeds of desolation'; 'The mad singing in the hills'; 'rock lumps for words'; 'Their vowels furl downwind'; 'Wild melody, wilful improvisations'; 'Trees, holding hands, eyes closed,/Acted at world'; 'the fragments/Of the broken circle of the hills/Drift apart.'

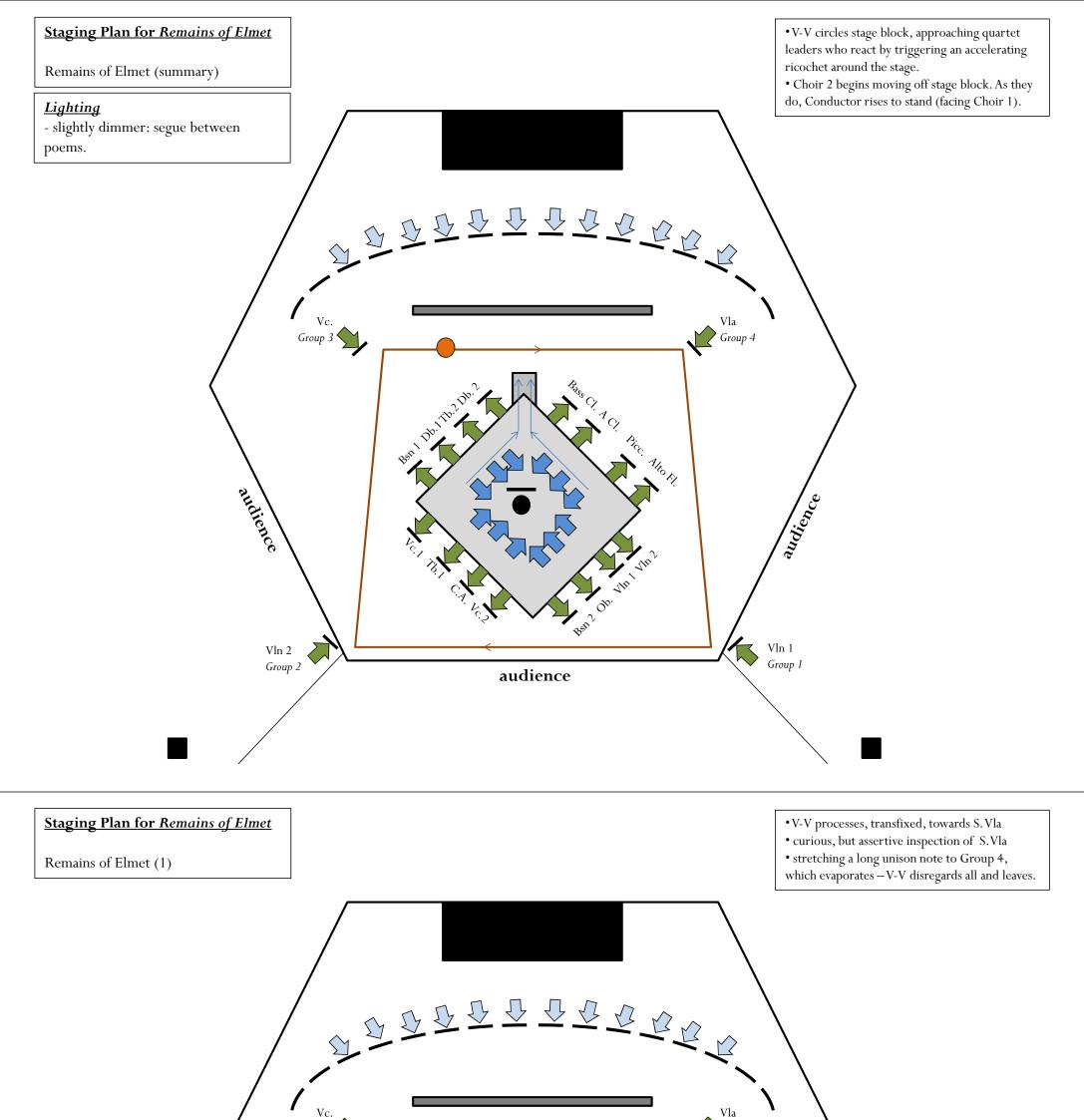
We sought to create a theatre work that would re-imagine the functional and typical elements of a concerto: the theatre of a protagonist and chorus scenario; the role of the conductor; the relationship between a soloist's material and the ensemble's; concepts of virtuosity. Our notion of the relationships between these components is perhaps expressed best by Ann Skea's remark that 'the focus of *Remains of Elmet* is on the real world, peopled by real people'.

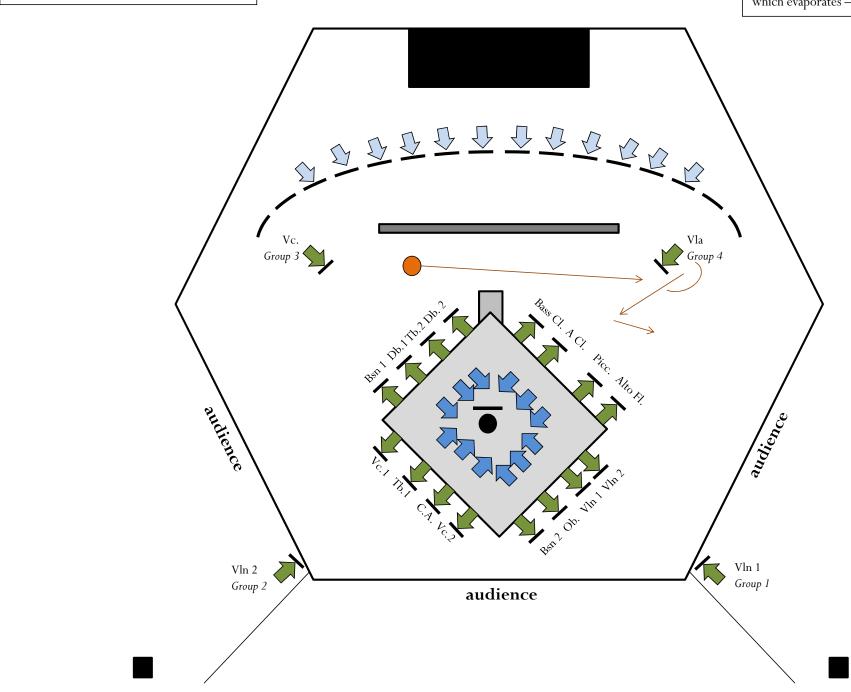
With a social, physical and psychological reading of Hughes's text, our work explores an antagonism between voice and instrument. The instruments alternate 'between pressurised stagnation and fermenting independence', as Hughes described the historical result of Elmet's position between early Scandinavian and Celtic pressures. A solo string quartet acts as their outspoken leaders, whom the viola-vocalist engages in a cycle of increasingly fraught arguments. The choirs form detached resonance chambers fixed on single words in 'confined separateness.' The viola-vocalist breaks her cycle, turning back to address a conductor-like form, as the texture of ensembles withers. The soloist approaches this conductor, who leaves the soloist to her introverted cadenza. In the silence afterwards, the solo quartet sounds a chord from which a melody is spun. The motto *in limine sapientiae* resonates as the viola-vocalist's rising melody unites the stage.

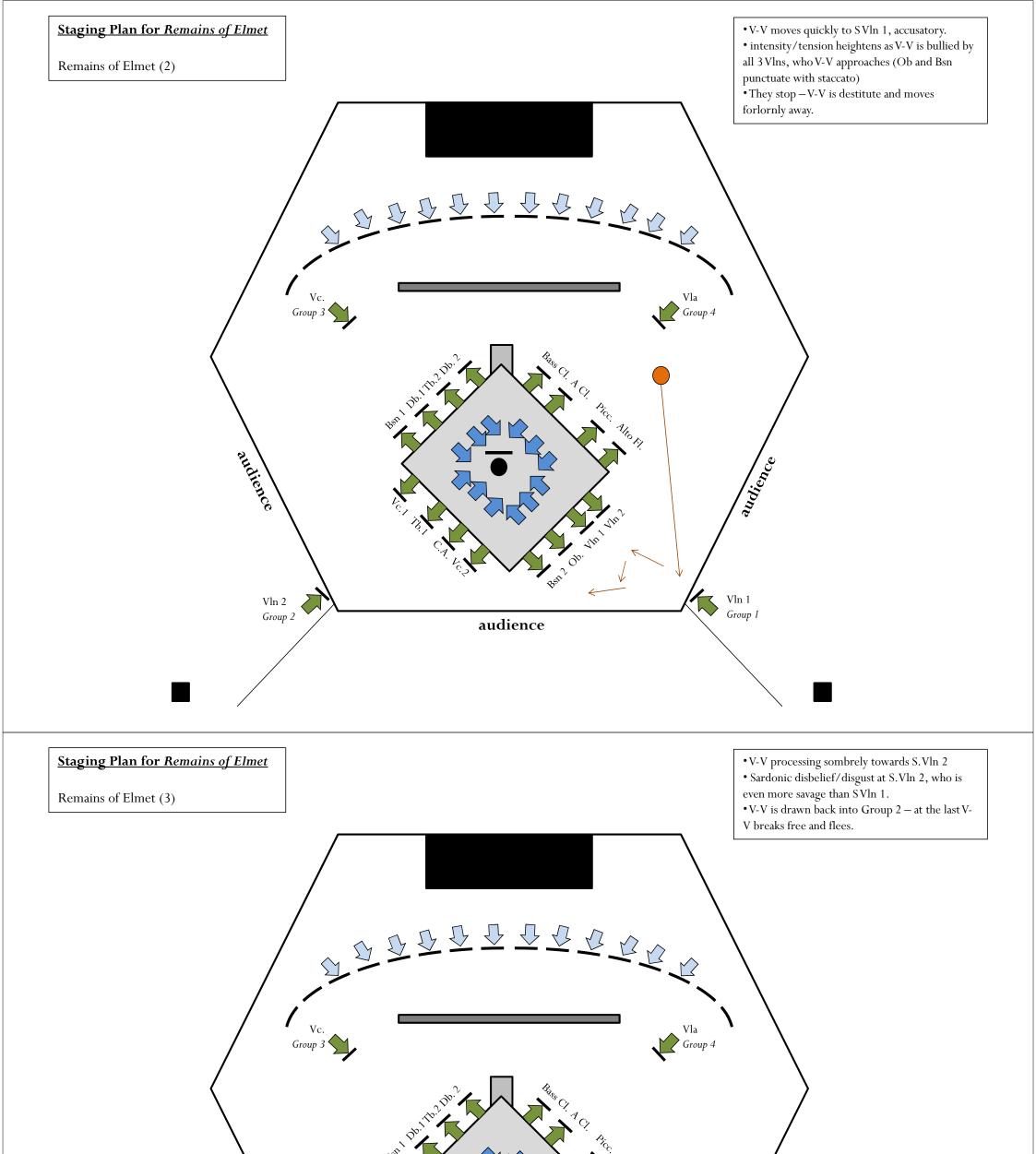
Remains of Elmet is dedicated to Terry Holmes with deepest thanks and gratitude for commissioning this collaborative work. We would like to thank Celia Frisby, Alicia Oakes and the Spring Festival committee, John Stringer and Jonathan Brigg, Lorraine Wales and Ben Eyes, and all the members of The 24 choir and the University of York Chamber Orchestra.





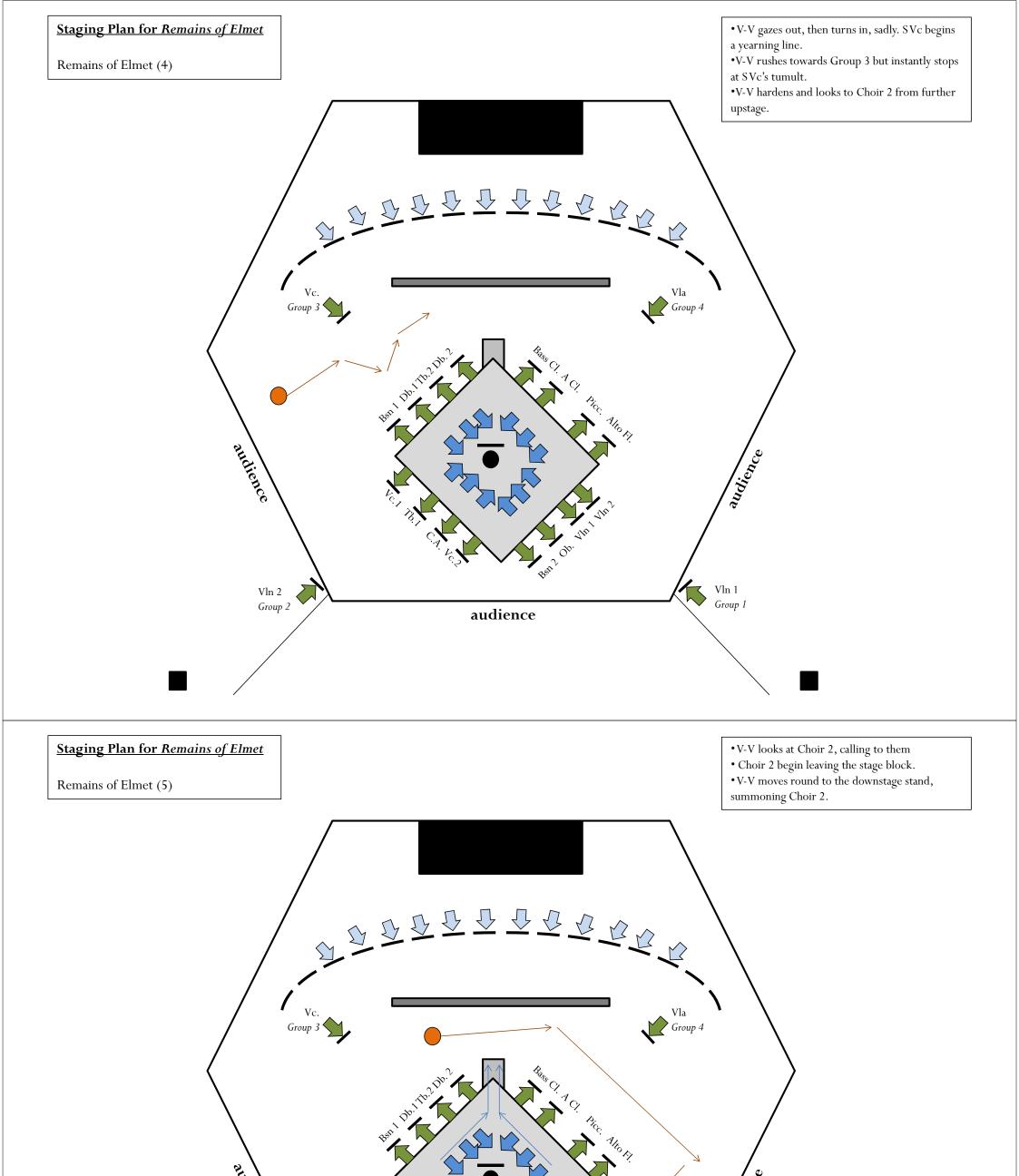






 $Group\ 1$ 

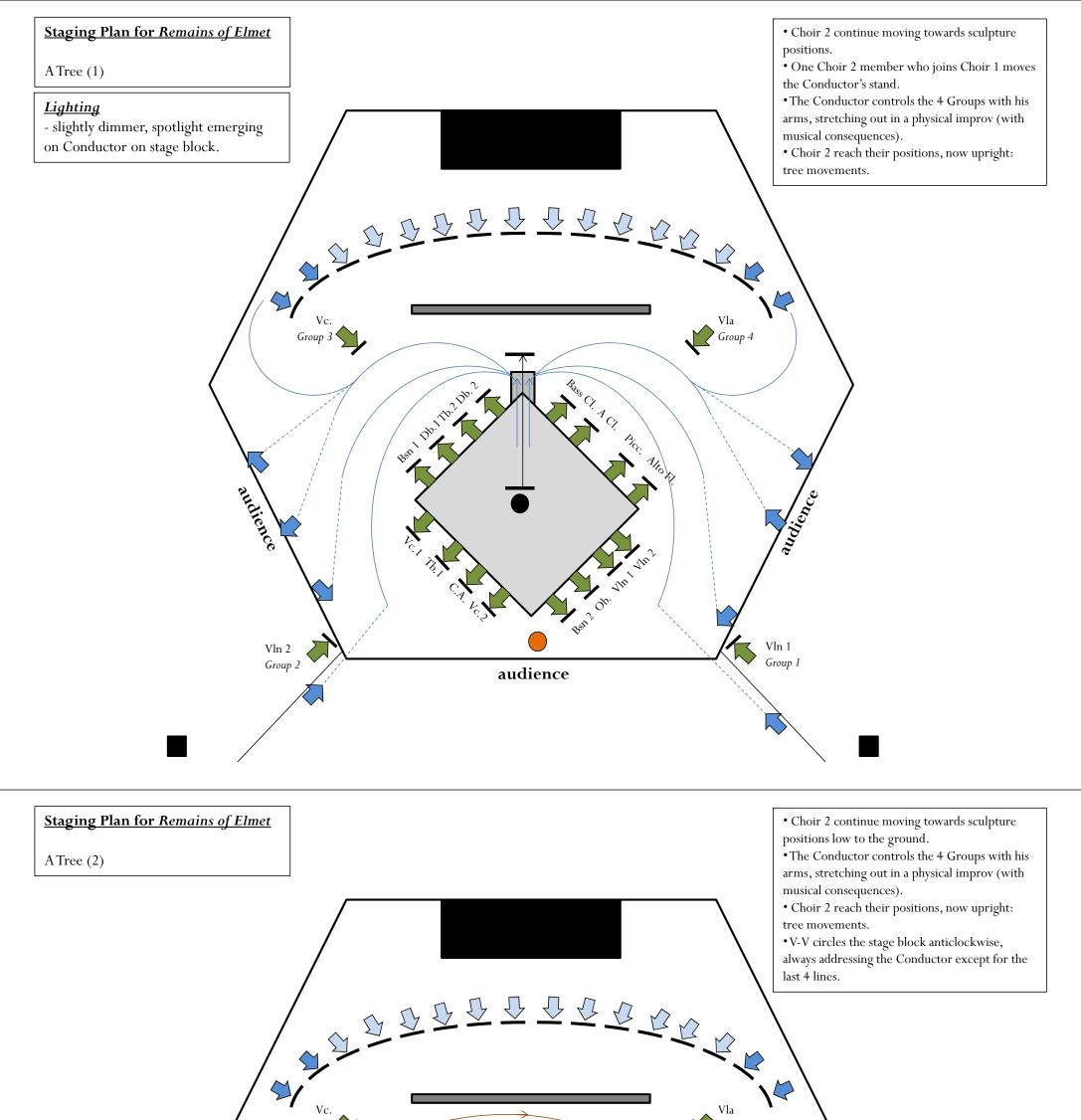
Vln 2 Group 2

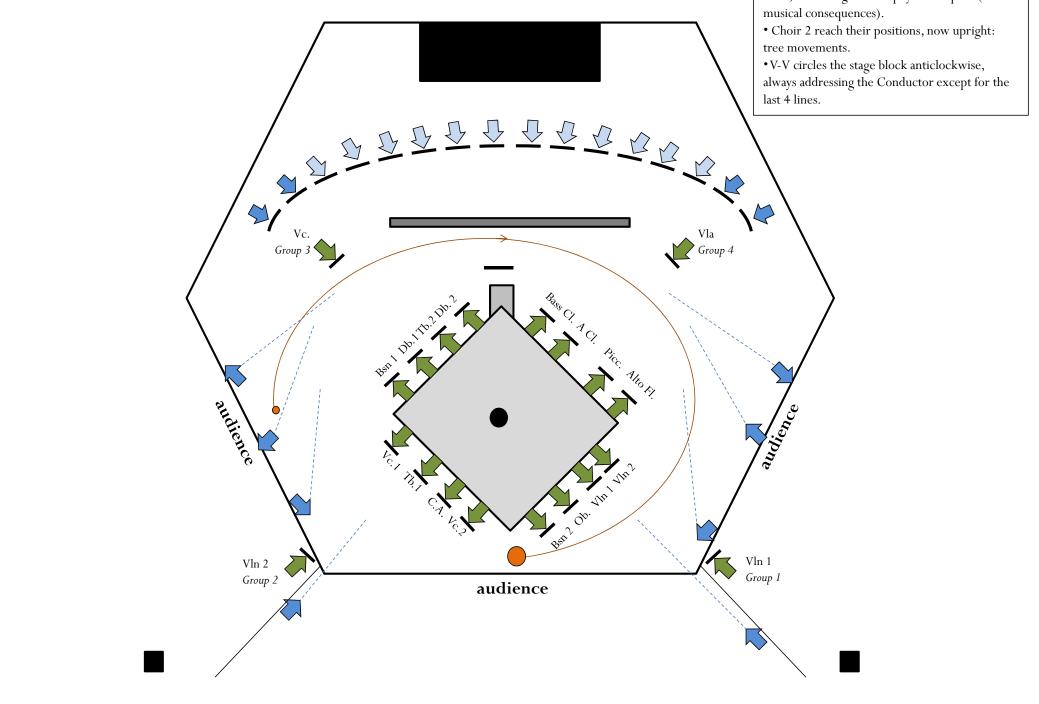


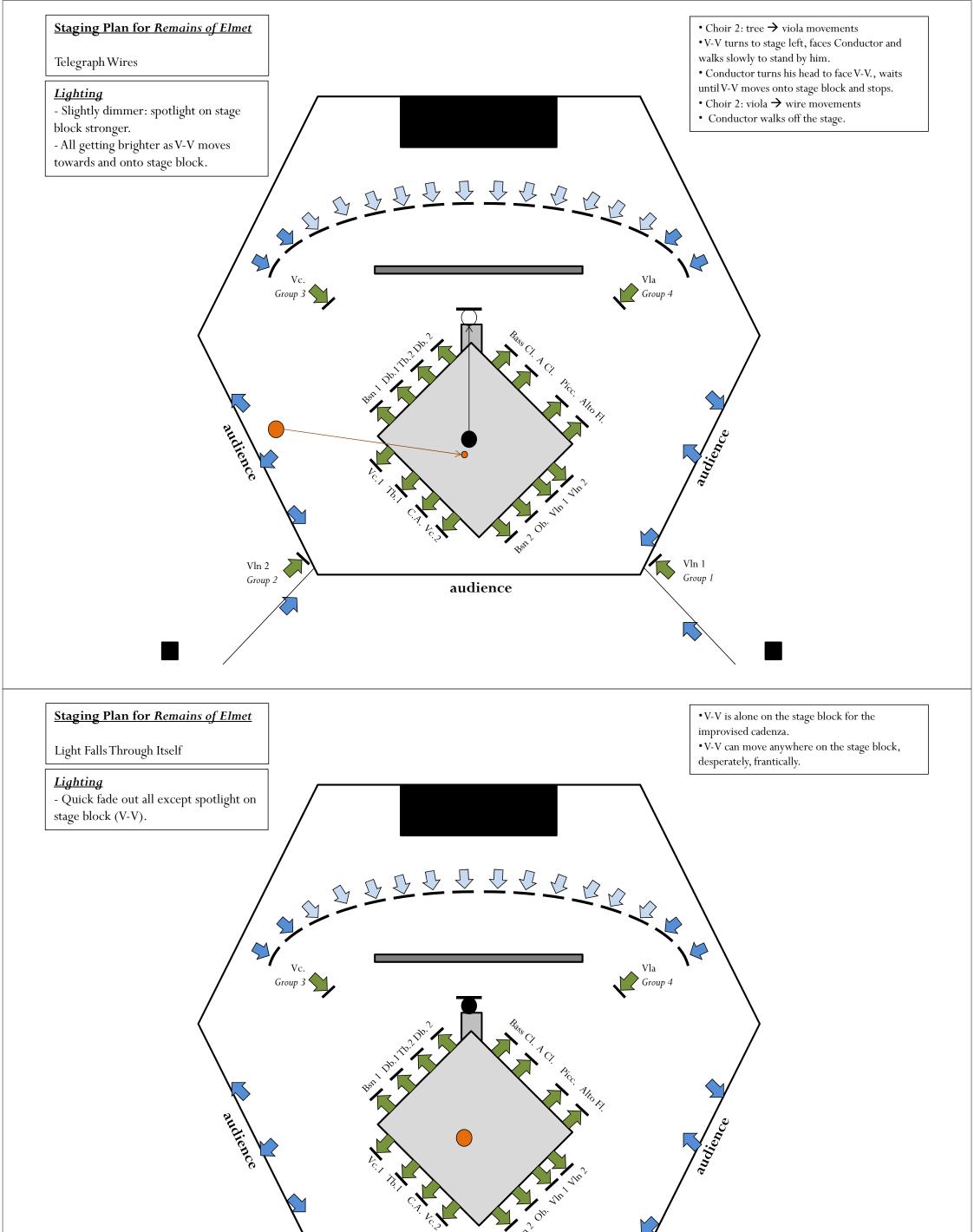
Group 1

Vln 2

Group 2



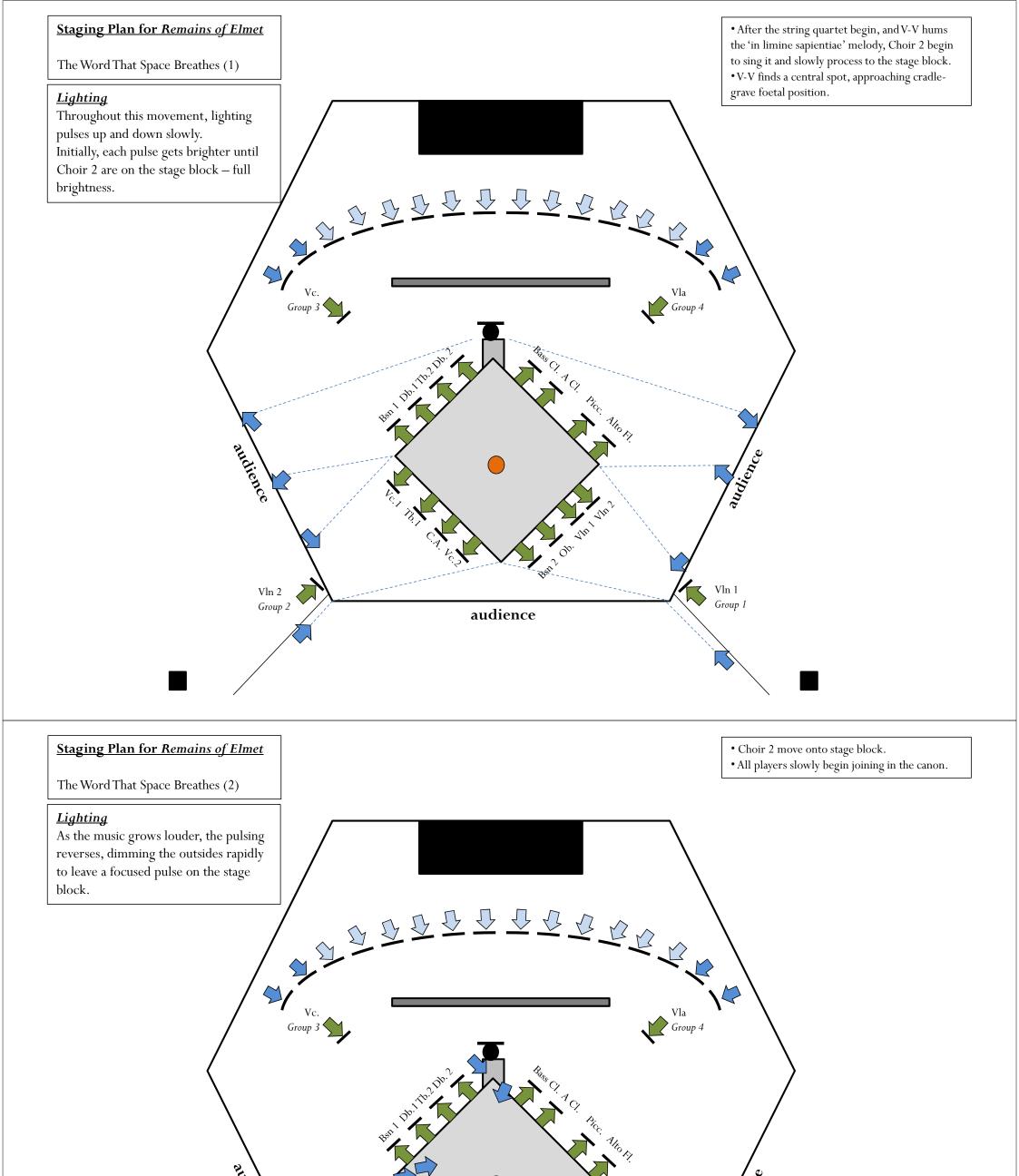




Group 1

Vln 2

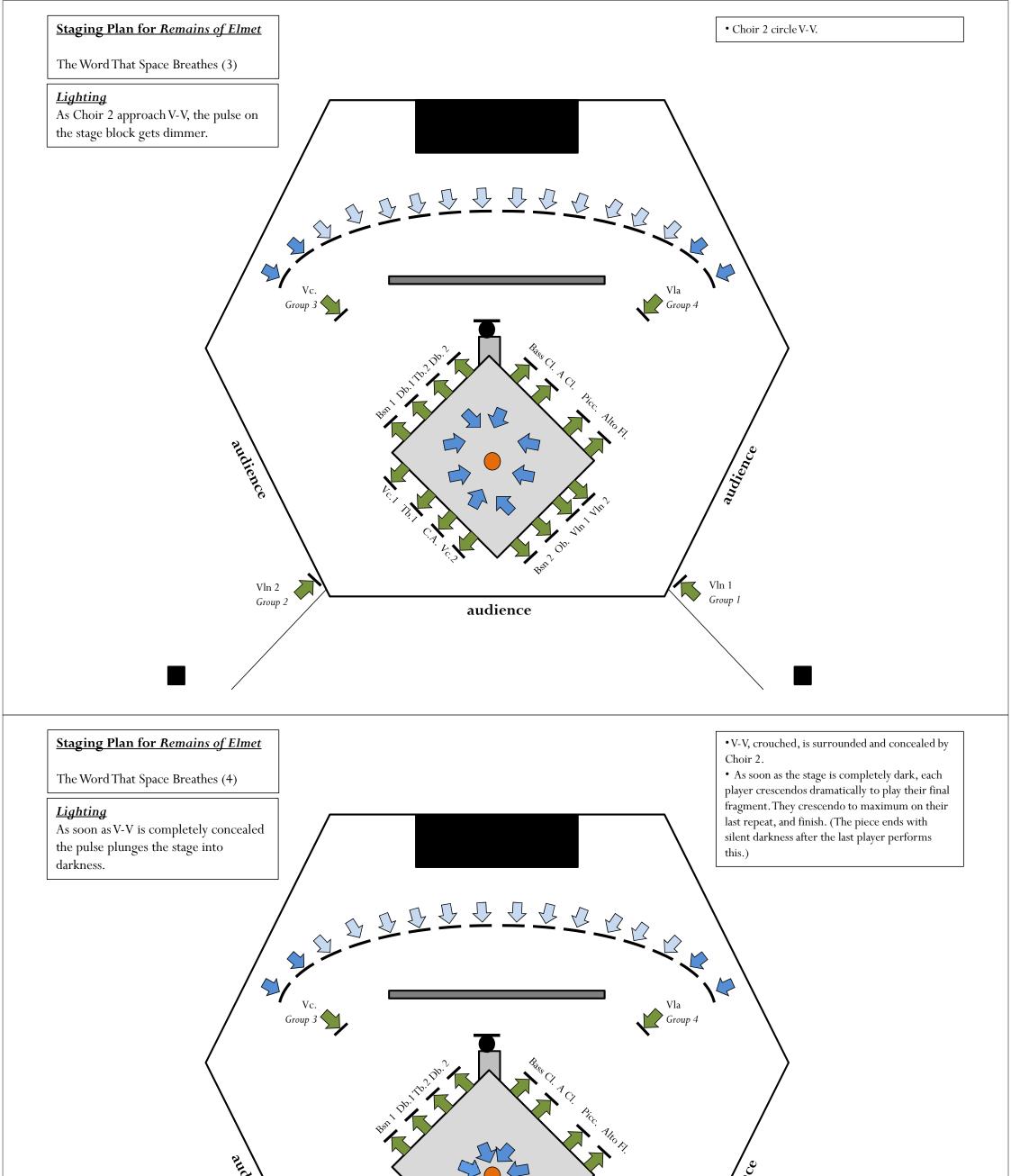
 $Group\ 2$ 



Group 1

Vln 2

Group 2



 $Group\ 1$ 

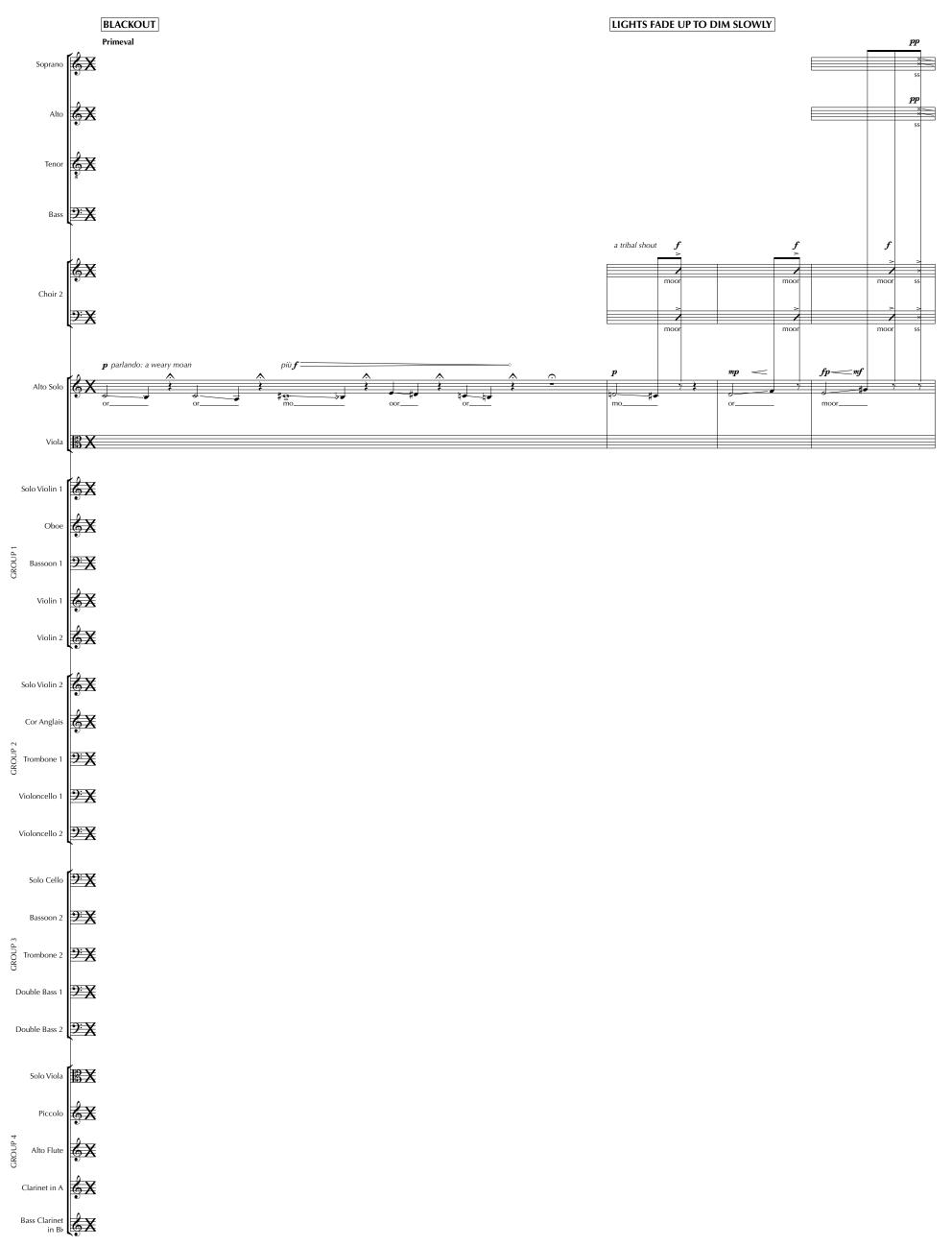
Vln 2

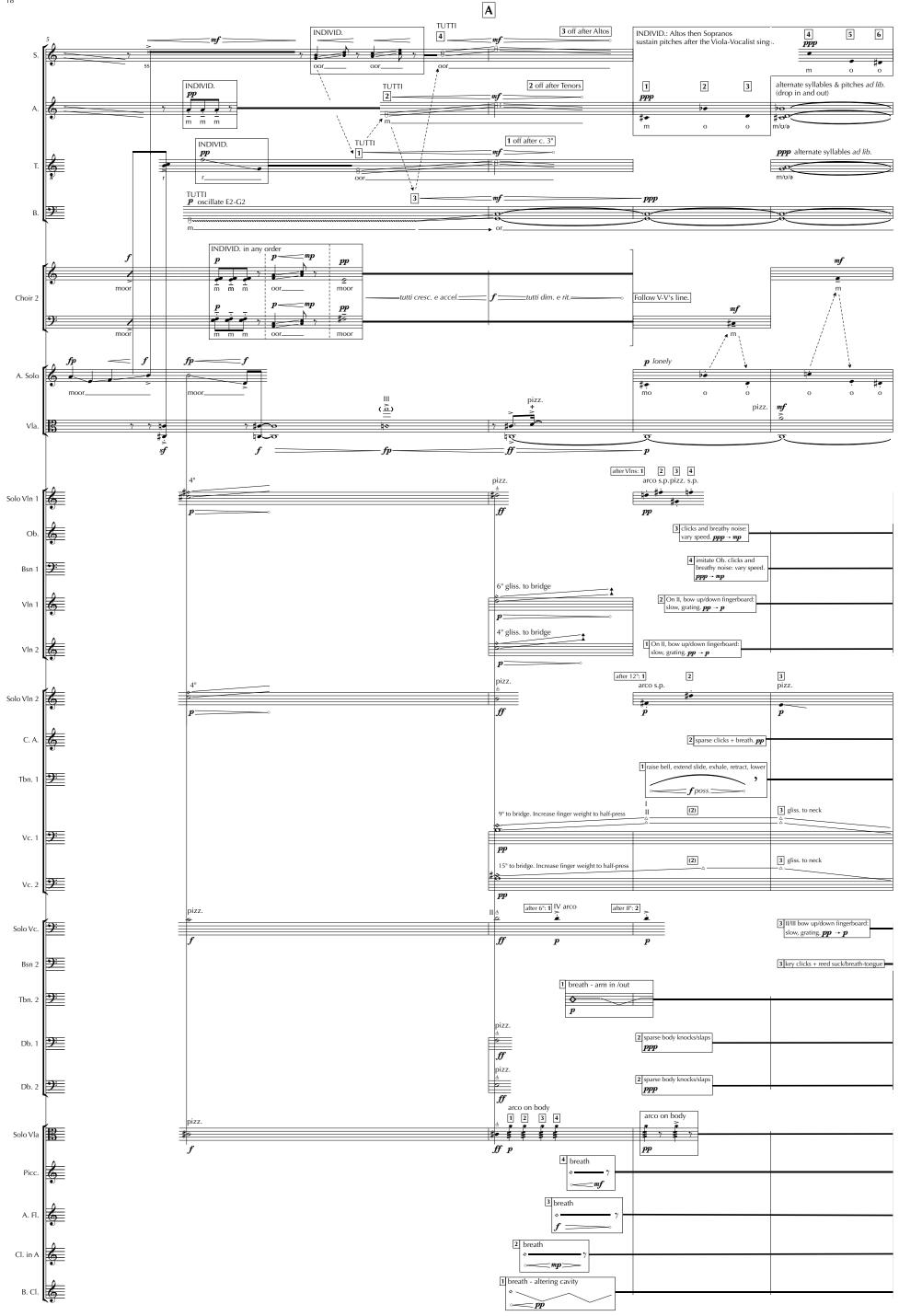
Group 2

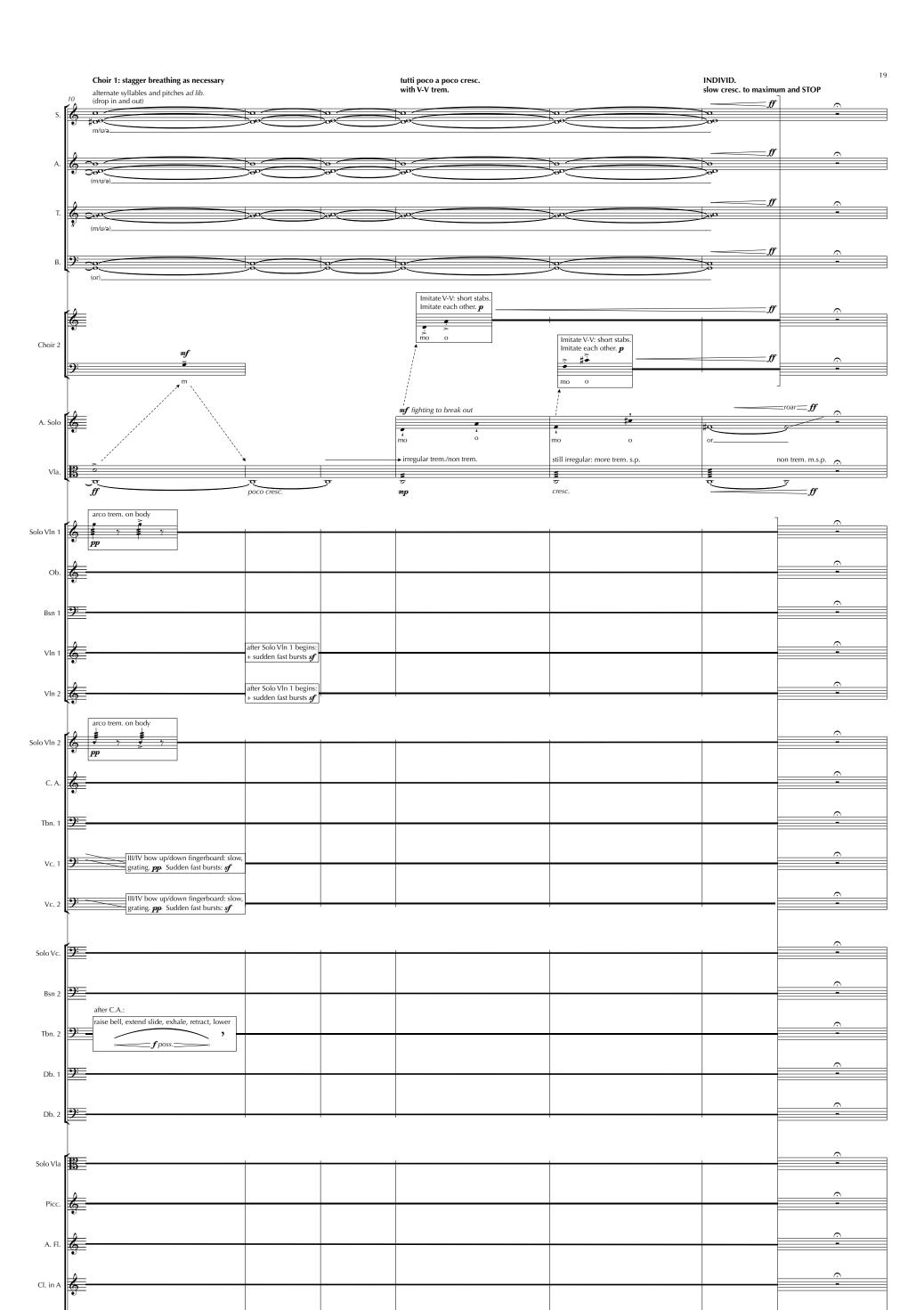
# **REMAINS OF ELMET**

Ted Hughes (1930-1996): Remains of Elmet (1979) Elmet (1994) James Whittle October 2012-April 2013

# I. Moors







#### LIGHTS FADE UP FULLY





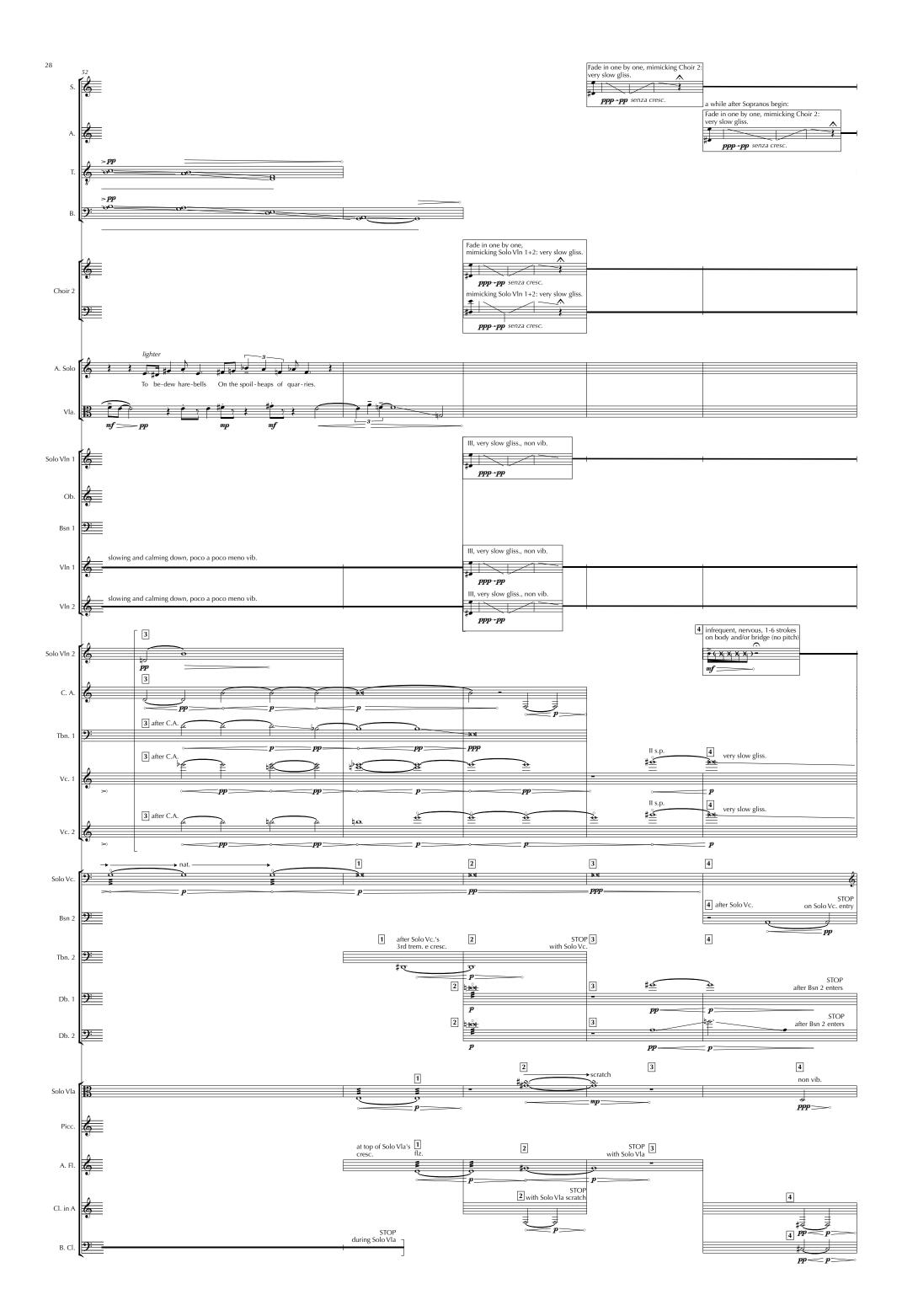


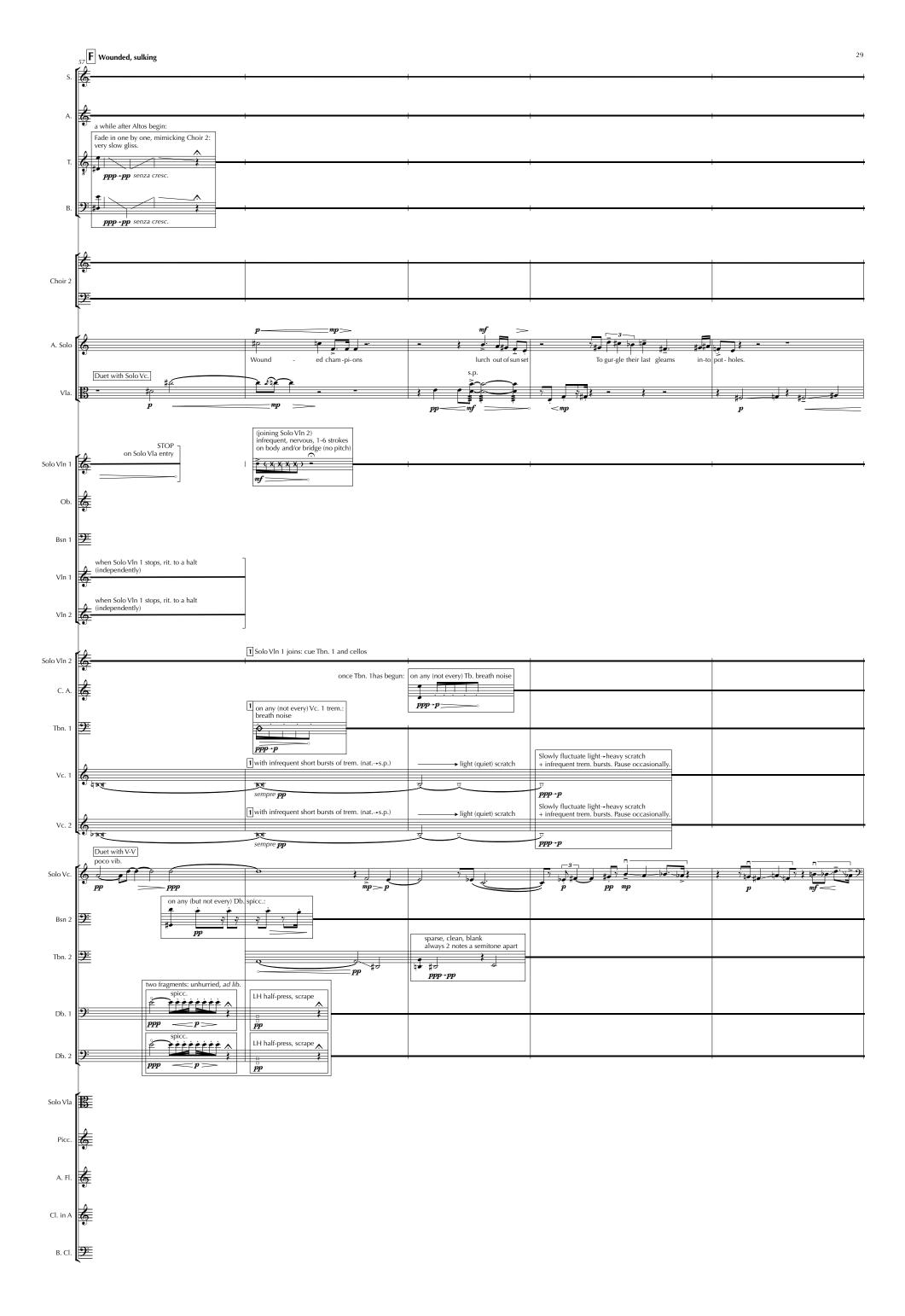




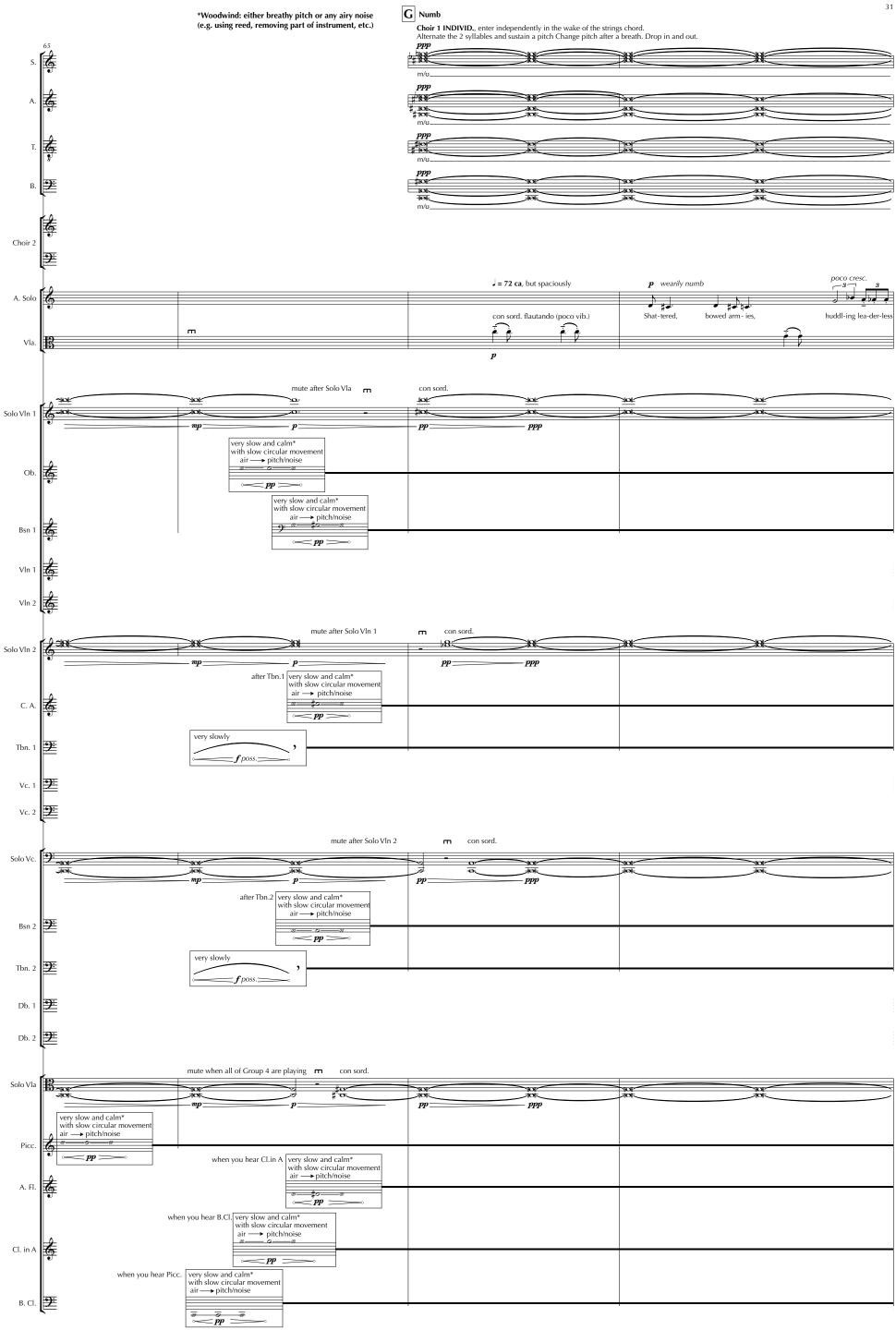






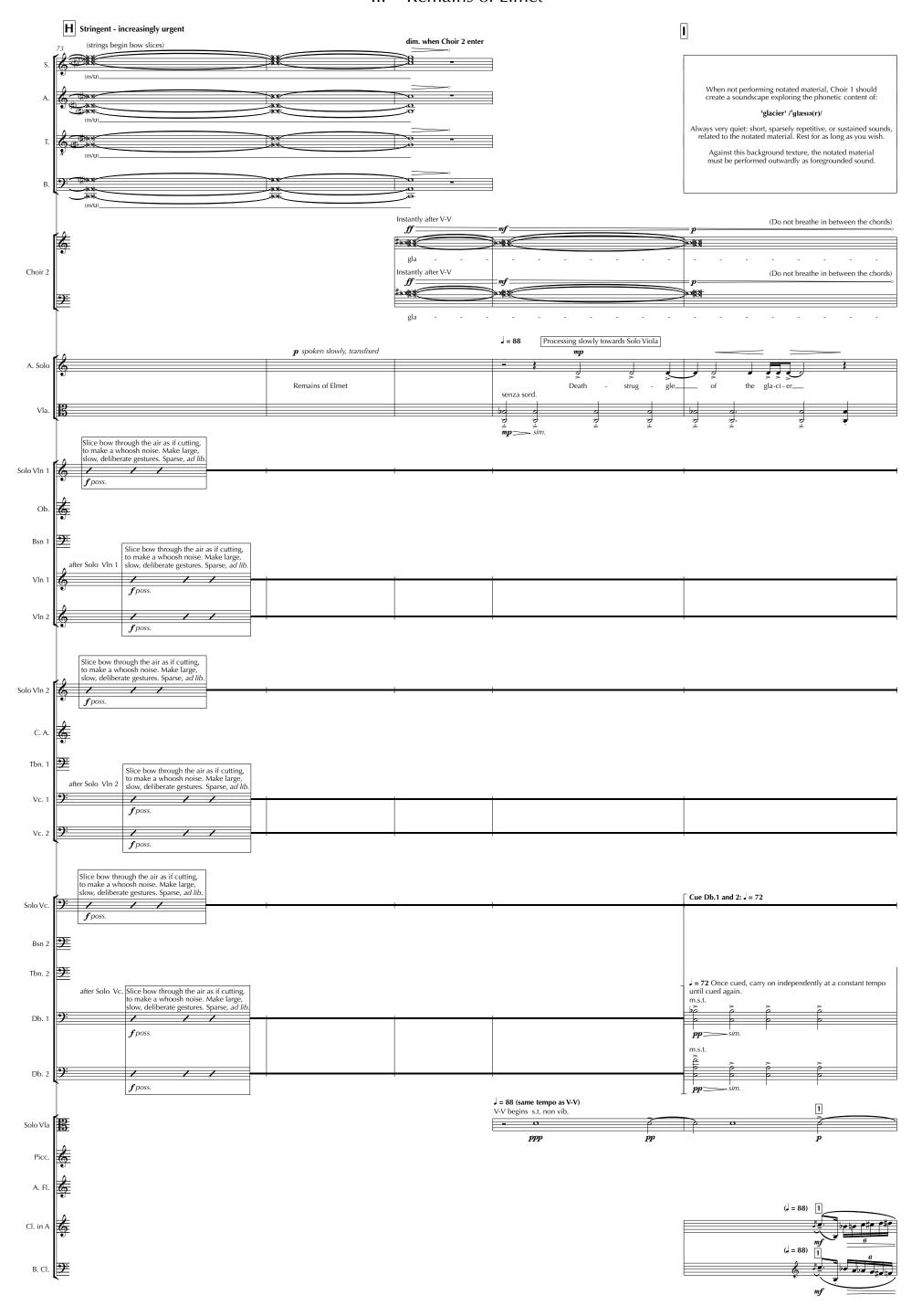






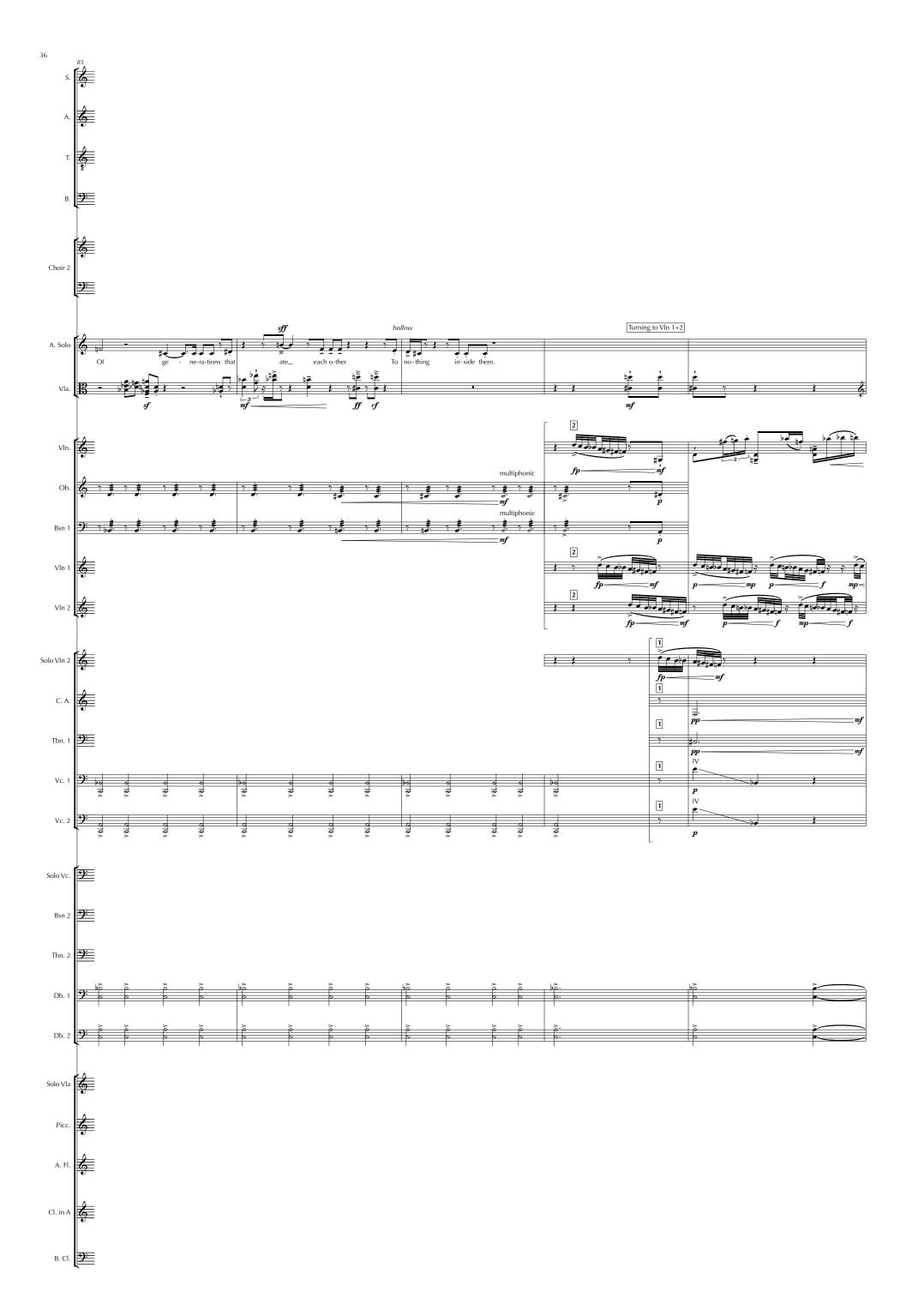


# II. Remains of Elmet

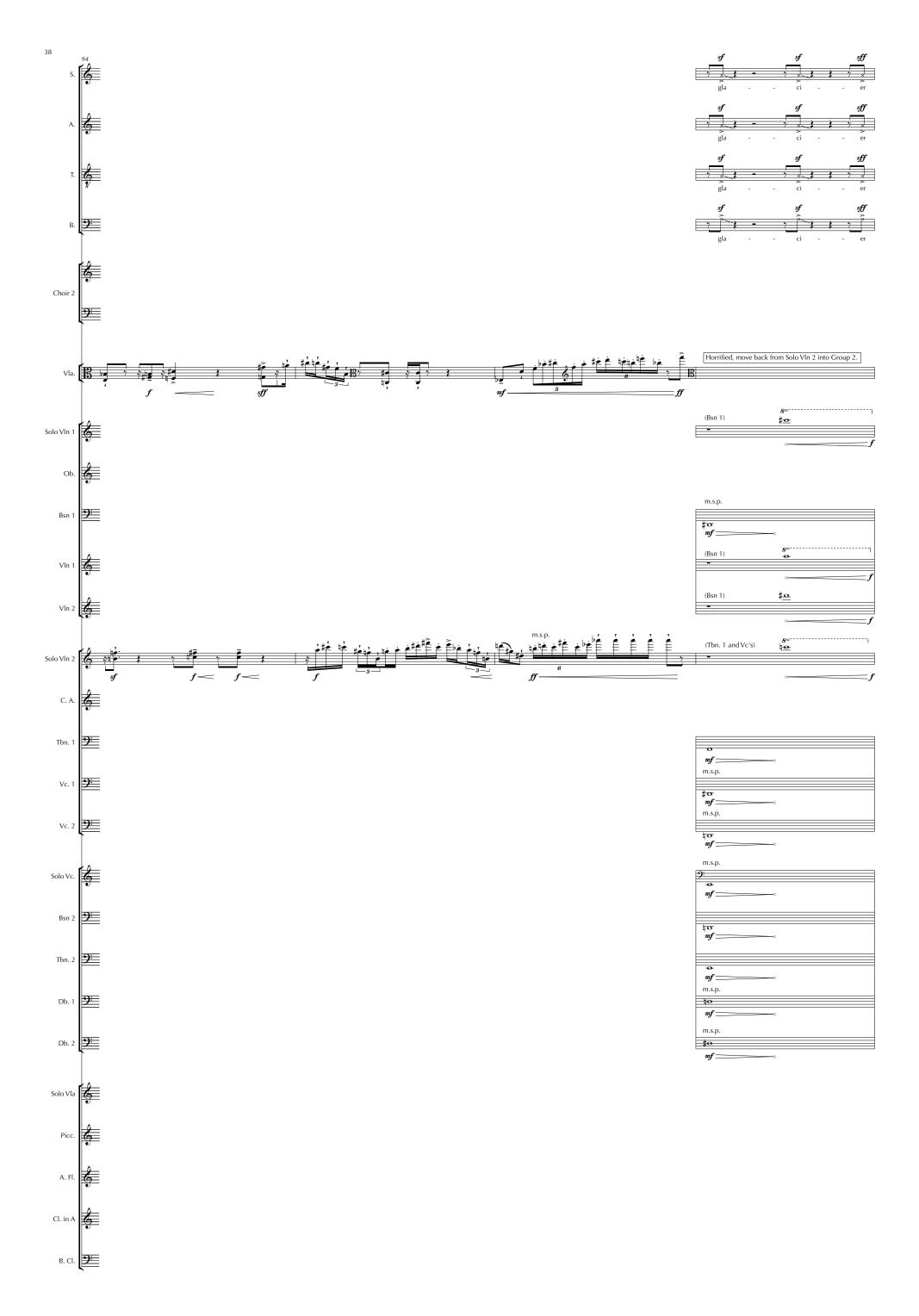




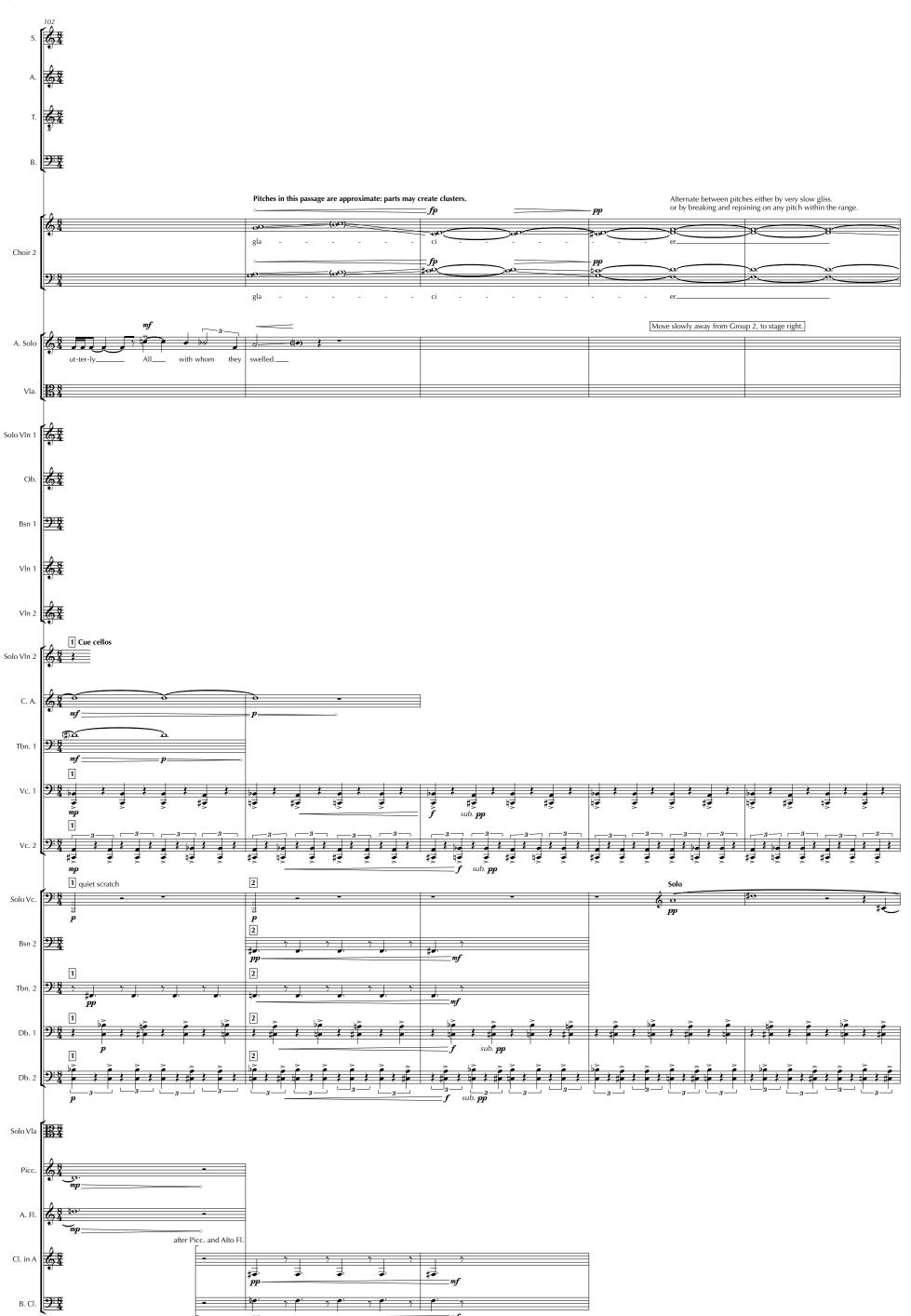




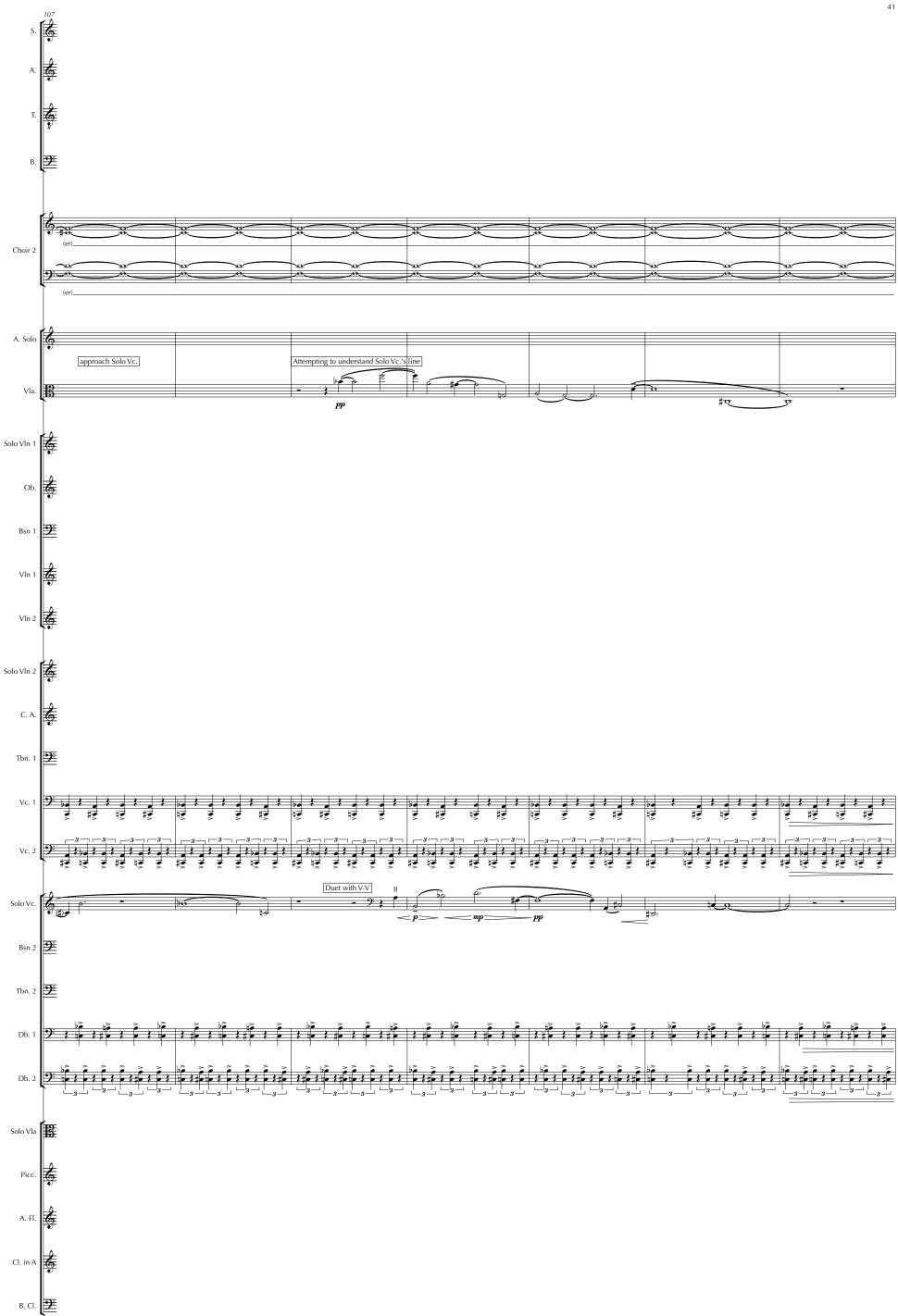
















III. A Tree

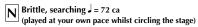


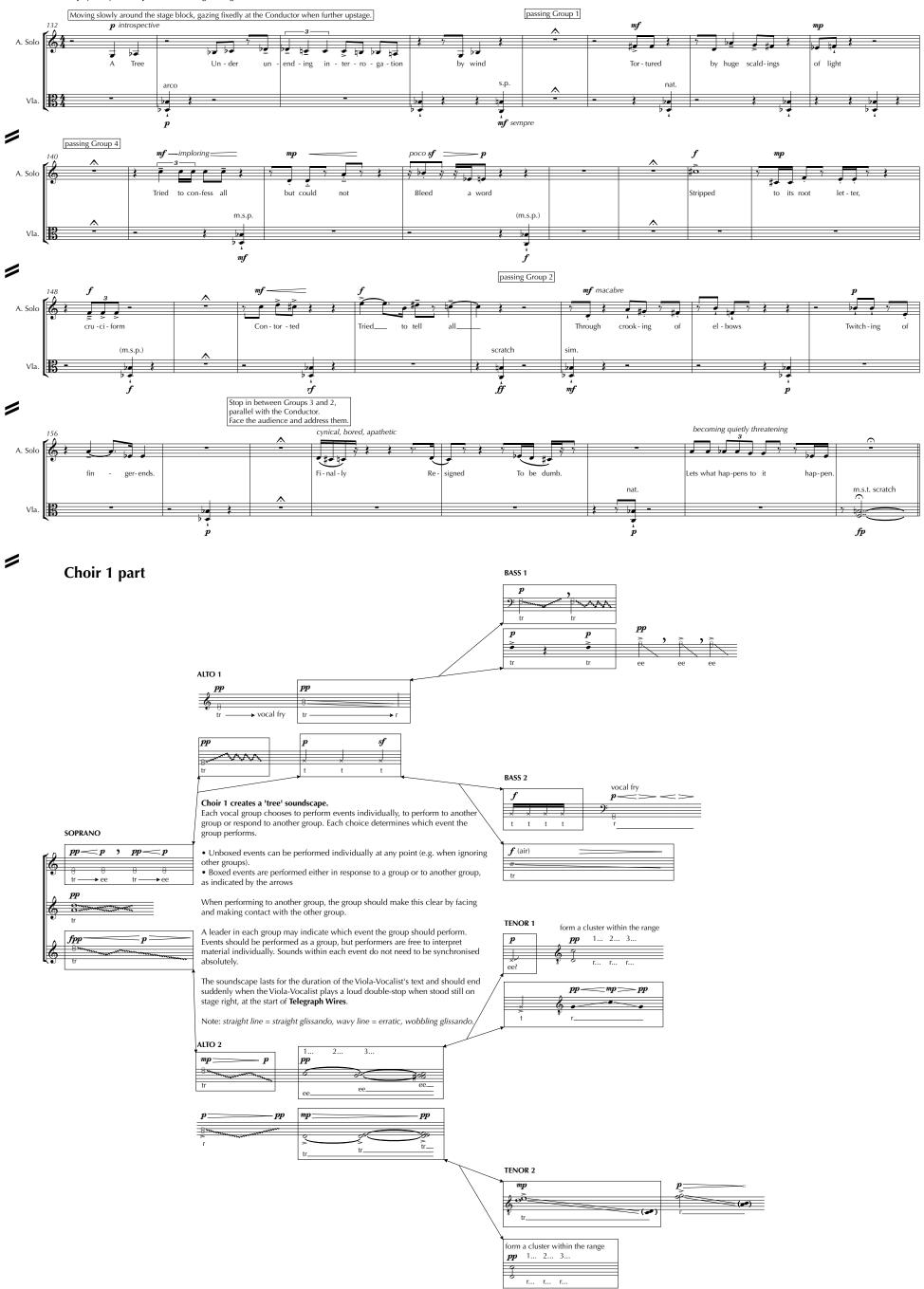
The Conductor is stood up straight, except for keeping his head bowed crookedly. After a pause he slowly raises his arms to a contorted shape (uneven - not symmetrical). The Conductor's first cue triggers letter N. Any gesture the Conductor makes towards a Solo Quartet member is a cue which they will or will not play off. STOP 129 abruptly with Solo Quartet Choir 2 move slowly to statue positions around the front edge of the stage. At their statue positions, Choir 2 perform tree movements. 9 J = 96 ca Move to downstage centre. ■ pizz. Vla. IV Slow: interrupt at the height of the clarinets' cresc. to  $m{f}$ 6 Ob. 2 Bsn 1 Vln 1 Vln 2 IV Slow: interrupt at the height of the clarinets' cresc. to  ${m f}$ C. A. 9≐ Tbn. 1 9≐ Vc. 1 Vc. 2 IV Slow: interrupt at the height of the clarinets' cresc. to  $m{f}$ Solo Vc. 9 Bsn 2 9 Db. 2 IV or III Slow: interrupt at the height of the clarinets' cresc. to  ${m f}$ Solo Vla Picc.

A. Fl.

STOP during Solo Vla

## **Viola-Vocalist part**





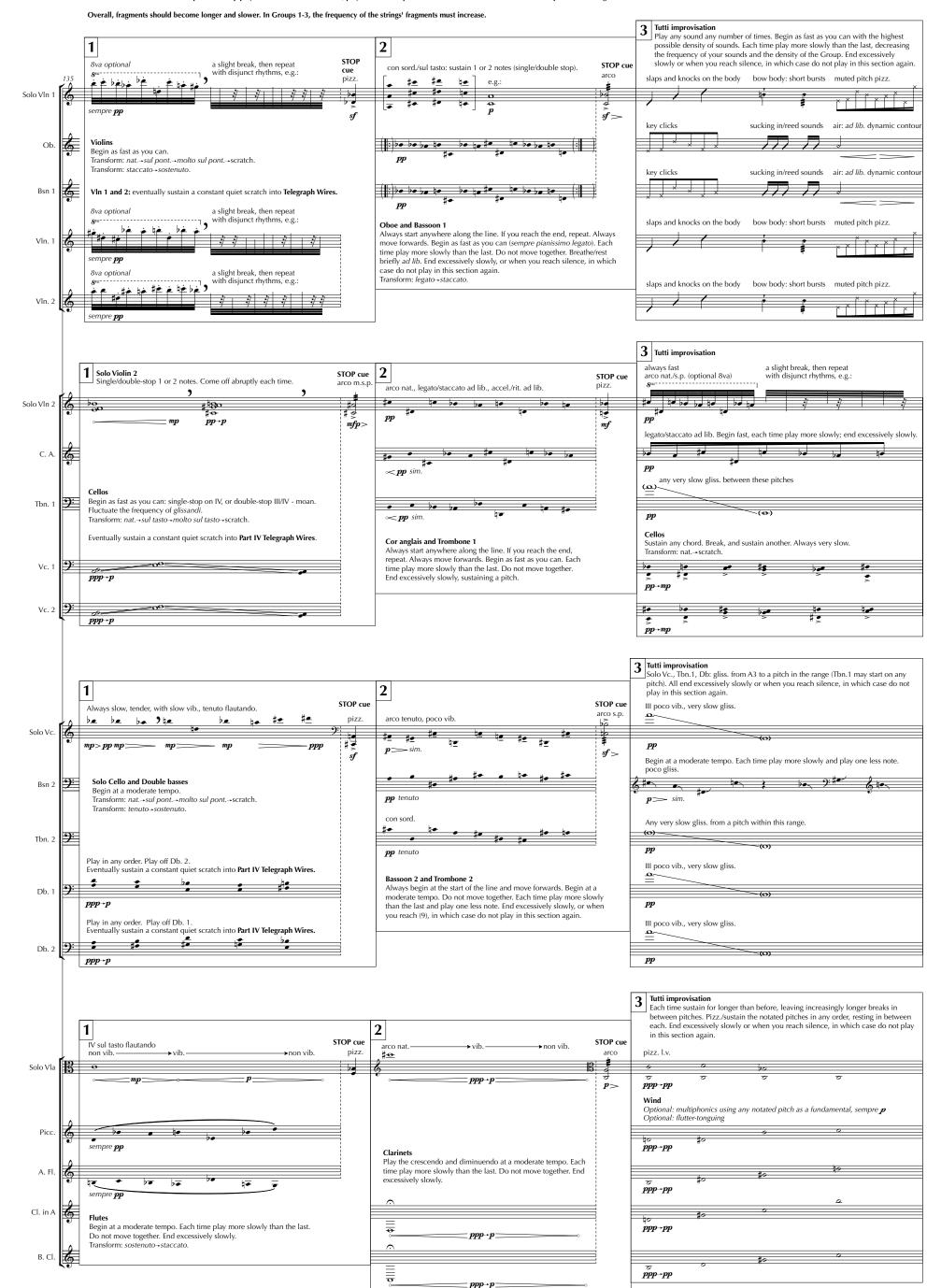
## **Ensemble parts**

The Conductor performs physical cues through movement towards each Solo Quartet member.

When cued, the Solo Quartet members begin playing fragment 1, 2 or 3. While playing, they may change fragment at any time.

The Group members play if their Solo Leader plays their fragment, 1 or 2 and 3.

Solo Leaders choose when to stop their Group players' sound with a STOP cue, played once or repeated until it is heeded (Leaders then also stop unless cued again).



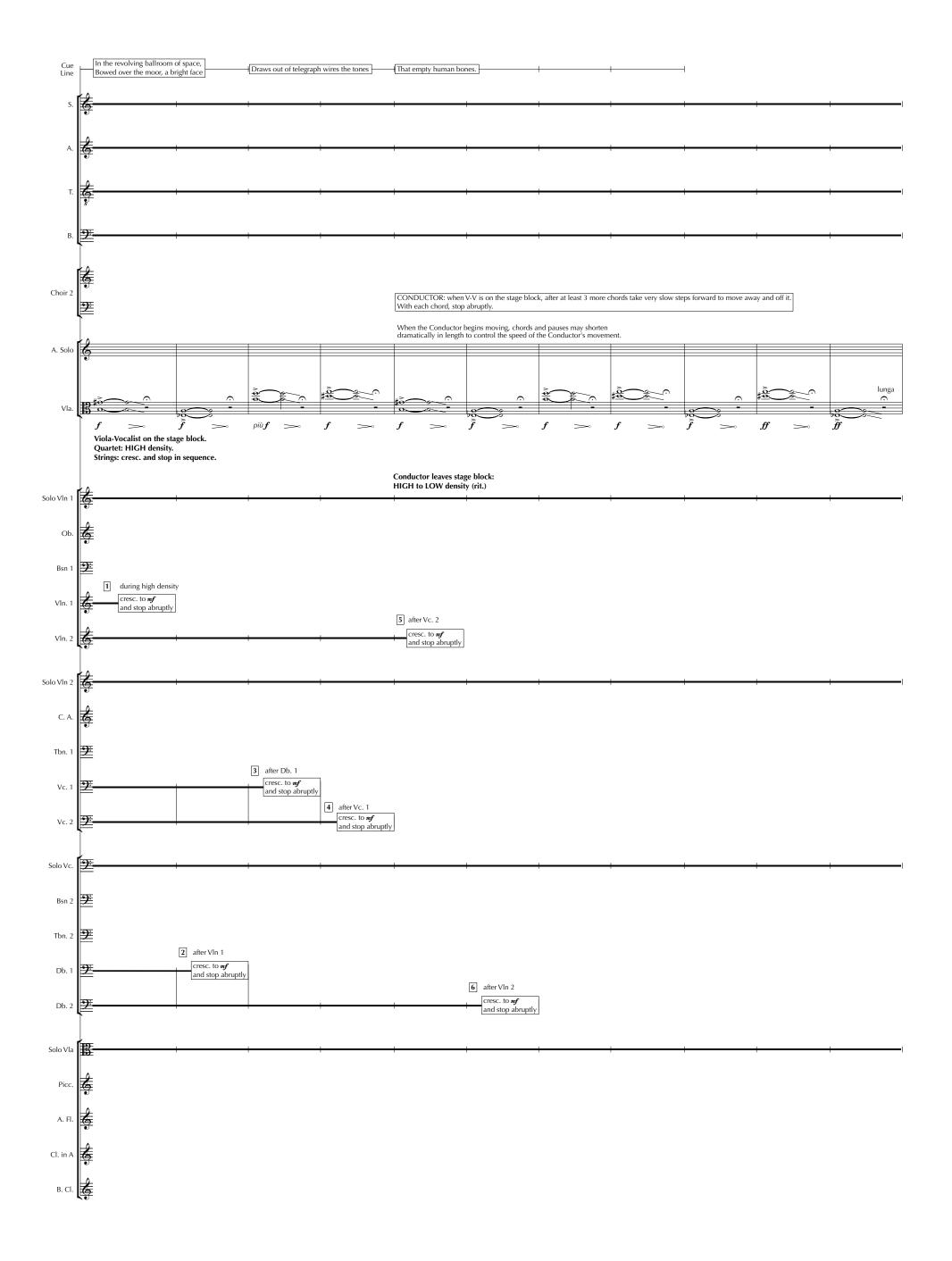
Viola-Vocalist: at your own pace. Choir 1: wire soundscape Choir 2: silent

## IV. Telegraph Wires

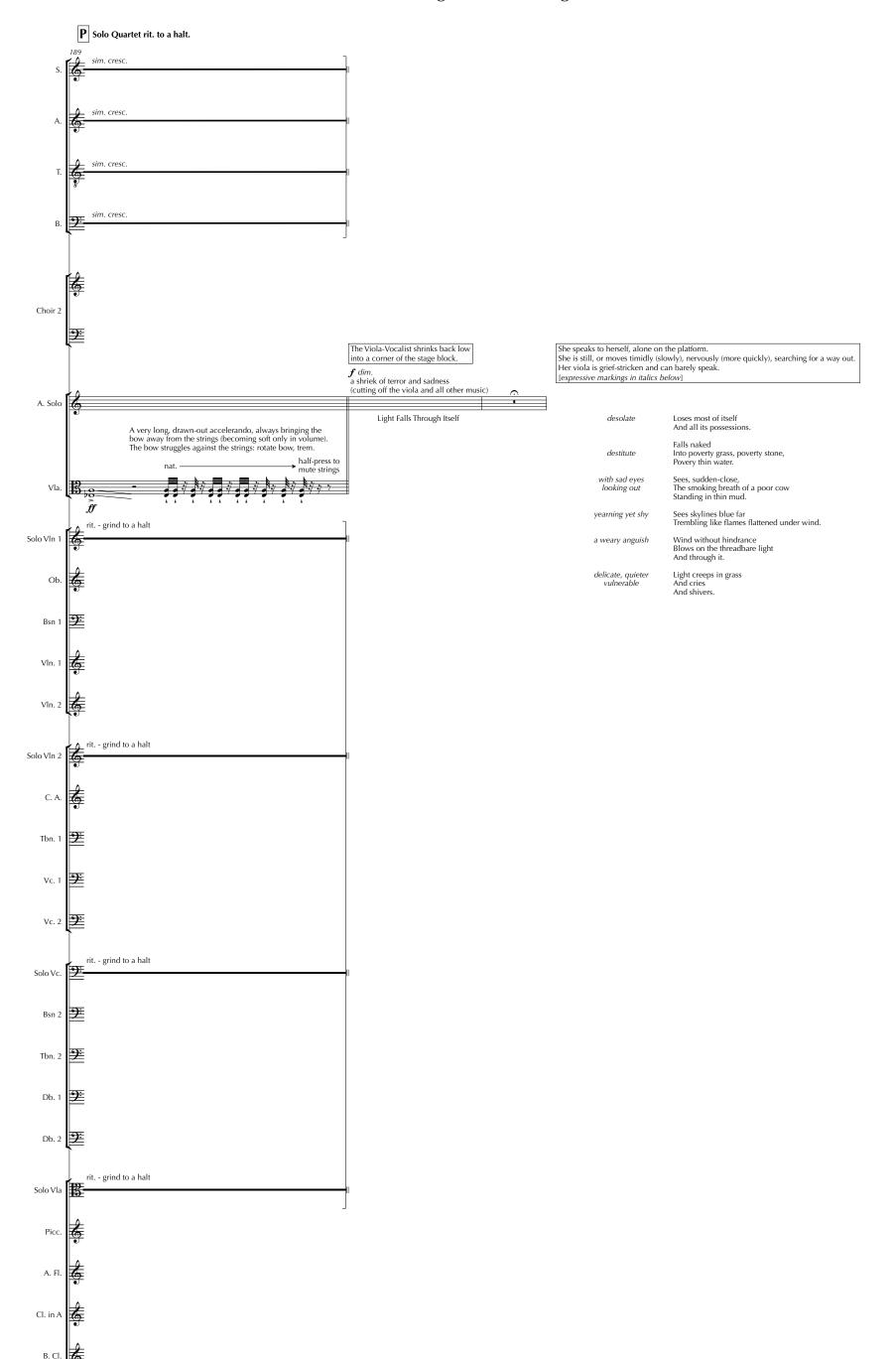
Solo Quartet: after V-V begins, play any notated pitches, in sequence (Solo Violin 2 begins), transforming from a low to high to low density of sounds.

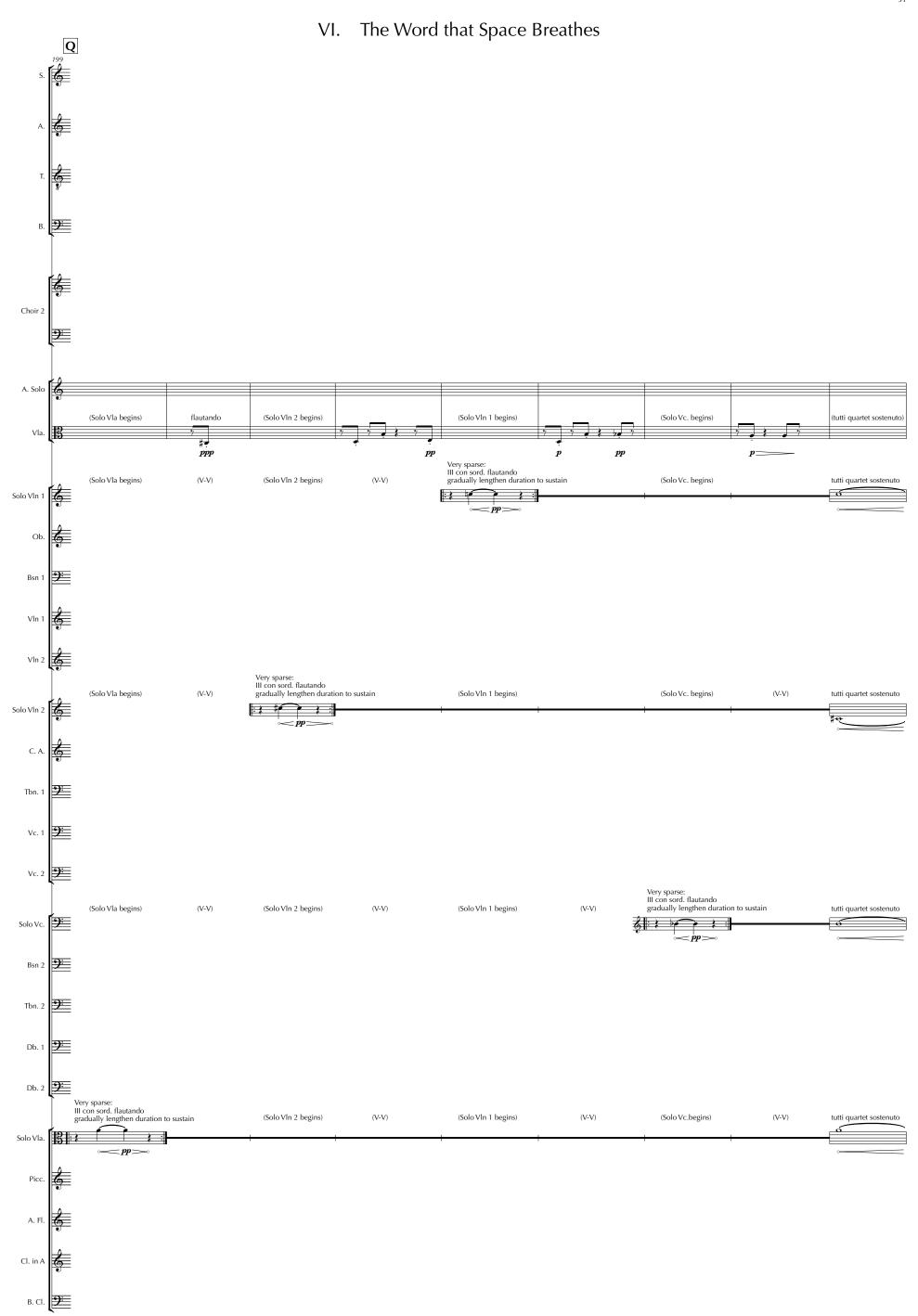
Strings: maintain a scratch from 'A Tree'.

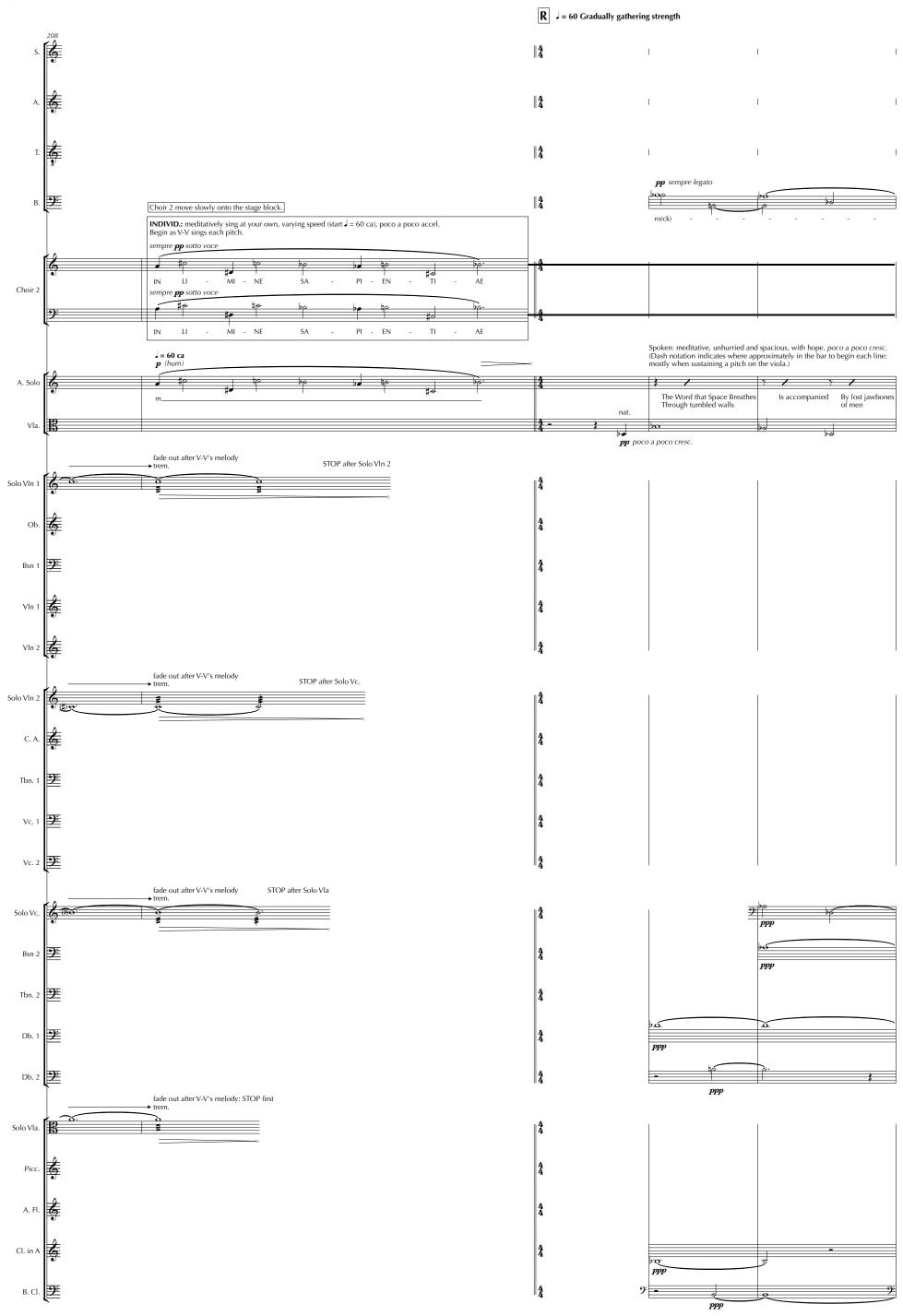
All Wind and Brass TACET O PROJECTED UNSUNG TEXT Take telegraph wires, a lonely moor, The thing comes alive in your ear. And fit them together. Transform tree movements to wire movements 9≔ Step onto the stage block. Stop as near to the Conductor as possible, standing perpendicular to him and facing him directly. Turn very slowly from facing the audience to face the Conductor. Move very slowly to the stage block, always facing the Conductor. [6-chord reducing cycle] Sustain each chord longer than the last. m.s.p. scratch fLOWY(SDW) 46 HRCHY (Past) density: gradual accel. around the quartet (Solo VIn 2 begins) any note. 4 Solo Vln 1 Bsn 1 sustaining scratch from 'A Tree' sustaining scratch from 'A Tree Vln. 2 Always play after Solo VIn 1, any note. 2 4 8 Begin shortly after V-V's first chord. Solo Vln 2 Tbn. 1 sustaining scratch from 'A Tree' 9≔ Vc. 1 sustaining scratch from 'A Tree 9≔ Vc. 2 Always play after Solo Vln 2, any note. 9 Solo Vc. Bsn 2 sustaining scratch from 'A Tree' 9≔ sustaining scratch from 'A Tree Db. 2 Always play after Solo Vc., any note. Solo Vla

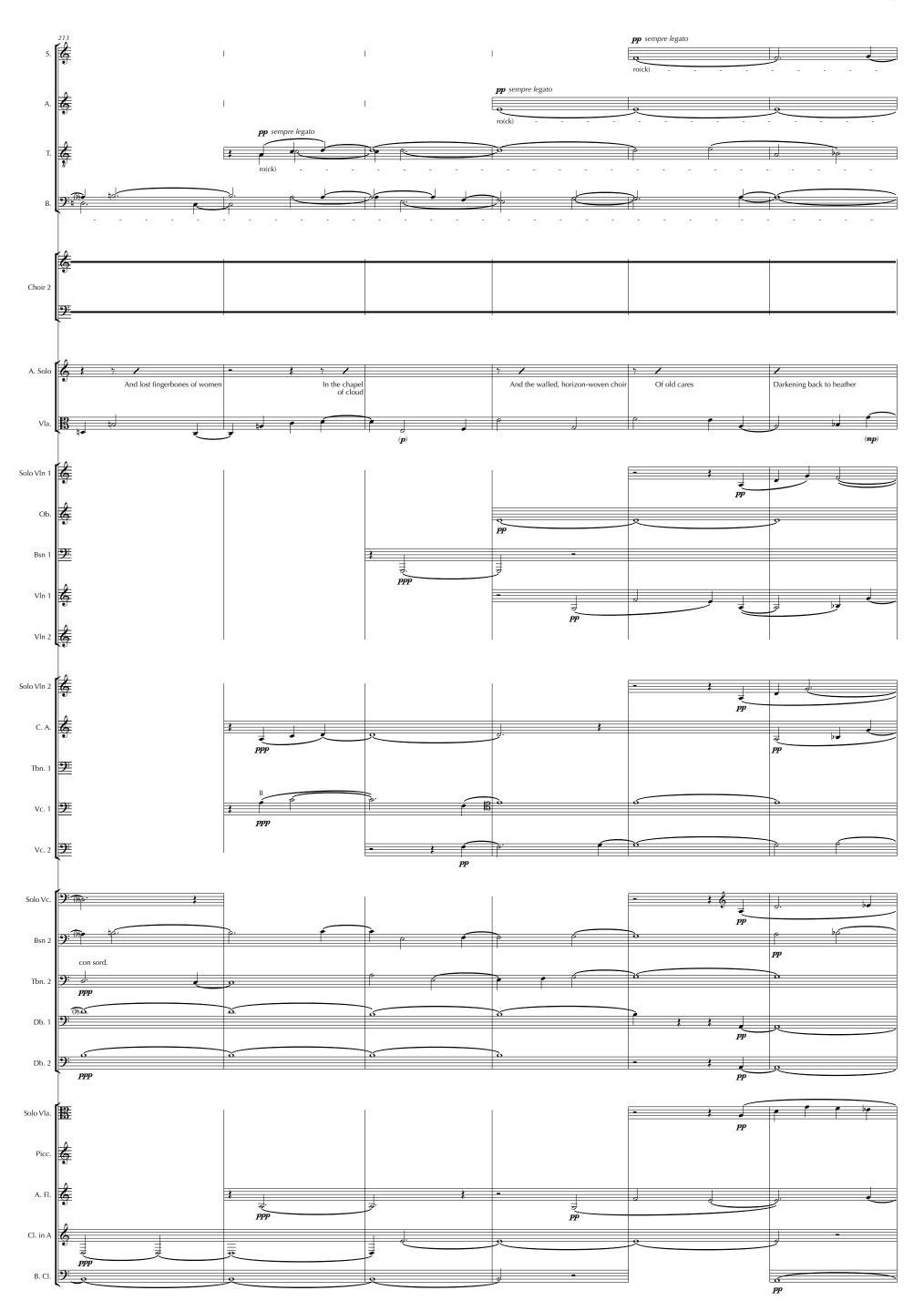


## V. Light Falls Through Itself











BLACKOUT

Viola-Vocalist: join after Choir 2's first *cresc*. If you run out of *cresc.*, repeat and/or sustain the last so that you are the final sound heard.

**Choir 1:** 5 dim. al niente e cresc. Each singer accel. in their own time. The fifth is a **fp** and cresc. to maximum dynamic then silence.

Choir 2: 5 cresc. e accel. in unison, increasing in dynamic, then silence.

All instruments: 6 fp e cresc., each performer accel. in their own time, before cresc. to maximum dynamic and silence. All performers stop independently, Viola-Vocalist last. TUTTI silent. Stay absolutely still in the dark for as long as silence remains. ock = fpock Begin after some seconds, when the ensemble has begun to speed up. Sing in tempo. Choir 2 ro rock ro ro ro (repeat or hold as necessary to be the last performer) \_*ff* After Choir 2's first entry: Solo Vln 1 8  $\delta$ Ob. fр Bsn fр fр fpfр Solo Vln 2 fр C. A. fр Tbn. 1 fр fр fр Vc. 2 fSolo Vc. fp fp. fpfp fp 8 X ď fр fp. Tbn. 2 fp.