## Returning Waves (Age of the Calm Evening)

For piano





## (From Evening...)

- 1. Play the head once or twice through 'as is'.
- **2.** Transition towards an improvised solo, from occaisional embellishments over the head to fully improvising along the changes.
- **3.** Watch your breath as you play. Start to work with it and give it a little room to decide how things are phrased.
- **4.** Now let the improvisation wander away from the head, loosening your attention on following the changes exactly. Also, listen more to your breath. Give it more respect and let it decide the contour of phrases when it wants to.
- **5.** Let yourself totally wander away from the head as far as the music wants to take you. You do not necessarily have to return from this point, but there is no issue if glimpses of the head appear, so long as they are not grasped to. Work as closely with your breath as you can to co-ordinate your improvisation together.
- **6.** Shorten the length of phrases, and widen the spaces between them, still maintaining the relationship with your breath. Continue doing so until you can observe a full breath cycle or more between two phrases. Then, slowly let the improvisation fade over the next few phrases, without attempting to give the music a particular sense of closure.

(To Night.)