Summary of Works & Recordings

All recordings are on accompanying USB drive unless stated otherwise.

1. **Steamhouse Noir** (c. 5’)
   for flute and cello
   recorded by James Cairns and Michelle So, 26th April 2012: IABF, Manchester.

2. **The Dust of Long Dead Stars** (c. 4’)
   for flute trio
   recorded by Tempest Flute Trio, 26th April 2012: IABF, Manchester.

3. **Drenched in Neon and Endless Rain** (c. 7’)
   for large ensemble
   recorded by Sheffield Haydn Ensemble, 26th February 2012: Firth Hall, Sheffield.

4. **Infected** (c. 5’)
   for oboe
   recorded by Christopher Redgate, 6th June 2012: Upper Chapel, Sheffield.

5. **Seven Shrinking Machines** (c. 8’)
   for small ensemble

6. **Three Catalysts** (c. 6’)
   for trumpet and percussion (no recording)

7. **Cataclysm** (c. 7’)
   for orchestra
   recorded by Sheffield University Symphony Orchestra, 12th May 2013: Firth Hall, Sheffield.

8. **The Old Cataclysm Blues** (c. 7’)
   for small ensemble
   recorded by Ensemble 10/10, 16th October 2013: Cornerstone, Liverpool.

9. **Revolution** (c. 6’)
   for mezzo-soprano and small ensemble
   recorded by Sounds of the Engine House, 10th March 2014: Firth Hall, Sheffield.

10. **Zenir Nadith** (c. 6’)
    for soprano saxophone and piano (no recording)

11. **Factory Detritus** (c. 6’)
    for piano four-hands (no recording)

12. **The Inflation Ritual** (c. 15’)
    for trombone
    recorded by Heider Nasralla, 28th July 2014: Copenhagen.
13. **Filling Rubin’s Vase** (c.10’)
for small ensemble

14. **In Absence of the Smoky God** (c. 7’)
for ten singers (video of installation and video of live conducted performance)
Acknowledgements

I would not have been able to complete this portfolio of compositions without the generosity and kindness of a number of people, to whom I am incredibly grateful.

Firstly, I would like to thank Dorothy Ker for her inspirational support, encouragement and attention to detail. Additionally, I am appreciative of Gary O’Shea’s pedantry, and the illuminating conversations I have had with George Nicholson, Adam Stansbie, Alwynne Pritchard, Ian Gardiner, Piers Tattersall and Brendan Faegre.

I would also like to show gratitude to Icarus Ensemble, Giacomo Baldelli, and Huddersfield Contemporary Music Festival for a magical weekend in Reggio Emilia, where my doctoral research began to take shape.

I am indebted to all the musicians, organisations and festivals that have performed, programmed and promoted my work, especially Sound and Music and Sensoria Festival, who enabled me to embark on career-changing projects.

Finally, I would like to thank my parents for doing all the things great parents do when their son says he wants to become a composer.
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1. Relinquishing Control

At the start of my doctoral studies, I was commissioned to write two short works that would feature in the same concert: *Steamhouse Noir* for flute and cello, and *The Dust of Long Dead Stars* for flute trio. Although *Steamhouse Noir* is a competent work, which explored many of my pre-doctoral concerns (mechanical textures, jazz inflections, and extended techniques), I consider *The Dust of Long Dead Stars* to be a far superior piece, an opinion reinforced by the positive audience response it received. It possesses a sense of excitement, vitality and completeness absent from the more austere *Steamhouse Noir*. I was intrigued by how two pieces written so close to one another could have such varied sonic impacts, and my attempts to understand this disparity fuelled my early doctoral research.

Both pieces contain elements of indeterminacy. *Steamhouse Noir* features a short, simple, box notation coda. By contrast, the guided improvisation in *The Dust of Long Dead Stars* is prominent, complex, structurally integral, and develops organically out of the opening material. Given that the more successful piece features improvisation more heavily, indeterminacy seemed a logical avenue to pursue further.

![Box notation in Steamhouse Noir](image)

*Figure 1 – box notation in Steamhouse Noir. In this example, both the flute and cello have been given two cells each. The flautist and cellist repeat their respective cells, independently and randomly swapping between the two for 15 seconds."

Rather than focus on developing new indeterminate techniques and notations, I instead challenged myself to integrate familiar indeterminate techniques into my existent compositional aesthetic. Consequently, I proposed two possibilities that I explored compositionally:

1. A piece mostly written using conventional notation, featuring a seamless transition to aleatoric notation, which satisfyingly concludes the piece, but is not discernibly aleatoric (ideally an audience member cannot hear that the piece uses aleatoric techniques, but if they can, they cannot tell when conventional notation ends, and aleatory begins).
2. A piece featuring guided improvisation, where the improvisation is structurally integral to the work, but is not discernibly improvisatory (ideally an audience member cannot hear that the piece is mostly improvisatory, but if they can, they cannot tell which elements of the piece are conventionally notated, and which are improvisatory).

I explored the first of these ideas in *Drenched in Neon and Endless Rain*, a work for large ensemble that features a box notation coda similar to *Steamhouse Noir*. In *Drenched in Neon and Endless Rain*,
however, the aleatory is more significant; it emerges seamlessly out of the previous section, references earlier material, and continues the piece’s general feeling of descent.

The second idea was explored in *Infected*: the result of a series of workshops with oboist, Christopher Redgate. Here, the performer improvises within a number of limitations (including pitch range, speed, and section duration). At the end of each section, the oboist is instructed to play a short phrase which infects subsequent improvisation. Gradually, the improvisation becomes more complicated and manic as the number of infections increases. Thus, the improvisatory nature of the piece is not just crucial to its aesthetic, but also its structure and development.

After completing *Infected*, I attended a workshop in Italy with Icarus Ensemble, developing an inchoate piece that would later become *Seven Shrinking Machines*. I aimed to write something mechanical, angular and brutal, and devised a complicated sketch replete with guided improvisation, graphic notation, box notation, and independent tempi in an attempt to develop and extend my research into indeterminate music. The result was not musically satisfying; in using so many indeterminate techniques I had relinquished too much control. In previous pieces (particularly *Infected*) indeterminacy had aided the structure and aesthetic, but in this *Seven Shrinking Machines* sketch, aleatoric techniques were destructive. Rather than create an intricate, mechanical texture, the box notation and independent tempi possessed a cluttered, indistinct and unattractive quality. The overuse of improvisation and graphic notation resulted in a work that lacked a sense of narrative urgency. I came to the conclusion that I could write a more effective work if I abandoned indeterminate techniques.
2. Regaining Control

In re-evaluating the first four pieces, I noted the fourth most successful (*Steamhouse Noir*) had no discernible structure, the third most successful (*Drenched in Neon and Endless Rain*) had a somewhat discernible structure, the second most successful (*The Dust of Long Dead Stars*) had a clear structure and development, and the most successful (*Infected*) had a very clear structure and development:

*Steamhouse Noir* is shapeless, with no audible climax. I had intended soft, jazzy material to transform gradually into repetitive, mechanical cells, but the transition is not apparent enough for it to be successful and the resultant structure is unclear.

*Drenched in Neon and Endless Rain* was inspired by a descending Shepard tone, and is constructed of four sections. The first (bb. 1–48) is characterised by a clarinet melody rising through a chord sequence that begins at a high pitch and ends at a medium pitch. The second section (bb. 49–84) features a descending violin melody accompanied by a chord sequence that begins at a medium pitch, and ends at a low pitch. The third section (bb. 85–98) is a medium-pitch violin melody, over a low isorhythmic chord sequence. The fourth section (bb. 99–101) is a box notation coda that continues the sense of downward motion. Examining the piece in its entirety, the chords descend throughout, whilst the melody is arc-shaped (i.e. beginning low, rising to a highpoint at the centre of the work, and descending again).

*The Dust of Long Dead Stars* is a transitional piece; rather than having clearly defined sections, each section transforms seamlessly into the following section. A raucous opening gradually disintegrates into exuberant, overlapping arpeggios, which in turn collapse into a repeated staccatissimo motif, before melting into a quiet burbling that, after a short melody, vanishes into nothing.

*Infected* is another transitional piece insofar as it begins quietly, simply, within a small pitch range, and reaches a loud, complex climax using a larger pitch range. *Infected* instructs the performer to abide by certain restrictions when improvising, and with every new section, these restrictions change in a way that results in increasingly frenetic improvisation. Each individual section is not transitional, however (unlike *The Dust of Long Dead Stars*).

**Singular Structures**

In order to critique my own work, analyse the work of other composers, and write *Seven Shrinking Machines*, I coined the term ‘singular structure’. A singular structure is a piece of music or a section of a piece of music that is either:

- Transitional (i.e. has one or more criteria that changes gradually as the piece/section progresses, which is represented by an arrow)
- Static (i.e. has no criteria that changes gradually as the piece/section progresses, which is represented by a rectangle)

*Drenched in Neon and Endless Rain* is made up of two transitional singular structures, one static singular structure, and a final transitional singular structure, which combine to create one overarching transitional singular structure:
The Dust of Long Dead Stars is made up of five static singular structures, interspersed with four transitional singular structures, which combine to create one overarching transitional singular structure:

Infected is made up of nine static singular structures, which combine to create one overarching transitional singular structure, and a transitional singular structure coda:

gradually descending pitch

Figure 2 – structure of Drenched in Neon and Endless Rain

gradual decrease in dynamic and intensity

Figure 3 – structure of The Dust of Long Dead Stars

gradual increase in dynamic, complexity and intensity

Figure 4 – structure of Infected
Of the four pieces, *Steamhouse Noir* is the least successful and is essentially structureless. The other three consist of an overarching transitional singular structure (although this is less audibly apparent in *Drenched in Neon and Endless Rain* than the other two works). The most successful piece is *Infected* which is comprised of an overarching transitional singular structure made up entirely of static singular structures; consequently, the piece’s transition is not smooth but stepwise instead. *Seven Shrinking Machines* follows a similar model, but explores structure in a more methodical and mathematical way.

**Putting Singular Structures into Practice**

*Seven Shrinking Machines* is comprised of seven distinct sections, labelled A to G for analysis purposes. These seven sections are performed between one and seven times each, giving a total of twenty-eight static singular structures. At the start of the work, all seven sections (A to G) are presented in order. Then, section A is removed, and the remaining six sections (B to G) are presented in order. Then, section G is removed, and the remaining five sections (B to F) are presented in order. Then, section B is removed, and the remaining four sections (C to F) are presented in order. This process continues until there is only a single section (D) remaining:

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<thead>
<tr>
<th>A</th>
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</table>

*Figure 5 – structure of Seven Shrinking Machines*

To aid the sense of structural shrinking, each section is two seconds shorter than the previous section, beginning with a 56-second A section and ending with a two-second D section. Additionally the highest note permitted in each section increases by a semitone so the piece begins with an A section where D4 is the highest note, followed by a B section where D#4 is the highest note, followed by a C section where E4 is the highest note. This process continues until the piece reaches its climax at the final D section, where F6 is the highest note.

As the piece progresses, it gets louder and higher in pitch, and through the decreasing lengths of successive sections, the piece feels like it builds momentum. Consequently, *Seven Shrinking Machines* gradually increases in intensity, and is therefore a transitional singular structure. In previous pieces, any overarching transitions (e.g. the increase in complexity in *Infected*) were a product of what was contained within each composite singular structure, and not a result of the structure itself. What makes *Seven Shrinking Machines* different is the increase in intensity is a direct result of the structural process. Satisfied with the quality of *Seven Shrinking Machines*, and happy
with the effectiveness of the structural process used to create it, I decided to devote the rest of my
doctorate to experimenting with singular structures.

*Three Catalysts* consists of three movements each made up of three or four sections. The opening
section of each movement features a near-identical trumpet melody (albeit with varying articulation,
dynamics, mutes, and extended techniques). This melody is accompanied by the conga in the first
movement, vibraphone in the second movement, and five temple blocks in the third movement.
Each movement is an exercise in transition, and the percussion material acts as the catalyst for
change.

In the first movement, ‘Constant’ the conga part remains unchanged throughout. After the initial
melody, the trumpet part gradually becomes more rhythmical during the second section. In the third
section, the trumpet part has become so mechanical that it is emulative of the conga part. The
fourth section sees the trumpet part imitate the conga part in rhythmic unison. Therefore, the
movement is a transitional singular structure, where the trumpet material gradually loses its identity
and becomes analogous to the conga material.

The second movement, ‘Changing’, is also a transitional singular structure in which the instruments
swap roles. In the first section the trumpet part is melodic, embellished with timbral trills. During the
second section, the melody gradually disappears: timbral trills become semitone trills, then
tremolandos of increasing interval width, before reaching perfect fifth tremolandos in the final
section. The vibraphone part operates in reverse, beginning with perfect fifth tremolandos in the
first section (acting as harmonic accompaniment to the trumpet melody). During the second section,
these slow down, become staccato, and increase in interval width, climaxing in an octave deafstick
melody in the third section.

The opening melody in the third movement, ‘Absent’, is accompanied by a temple block bisbigliando
motif, which gradually disappears during the first section (initially played on five temple blocks, then
four, then three etc.) During the second section, the trumpet part begins to emulate the temple
block motif by vocalising, key clicking, and ripping up and down the harmonic series. In the third
section, the temple block motif is gradually reintroduced, and is hocketed with analogous material in
the trumpet. The fourth section, containing identical material in both instruments, acts as a coda to
the movement and the piece as a whole.

*Cataclysm* is an attempt to subvert the structural process of *Seven Shrinking Machines*. In *Seven
Shrinking Machines*, the length of each section decreases as the piece progresses, resulting in a
structure that feels like it is shrinking and compressing. *Cataclysm* functions in the opposite manner;
the length of each section increases as the piece progresses, resulting in a structure that feels like it
is expanding and exploding. The content of each section in *Cataclysm* compliments the structural
expansion; this is unlike *Seven Shrinking Machines*, where the content of each section bears little
relation to the overarching structural process. The first section is a slowly pulsating chord: a static
singular structure. The second section is a transitional singular structure, whereby the chord
disintegrates and collapses in on itself, resulting in a unison burbling in the third section,
accompanied by fragments of material. From the fourth section to the final eighth section, the piece
decreases in textural complexity. The fourth section is made up of five independent parts (the
burbling from previous sections, an arpeggio motif, a cello melody, a descending staccato figure, and
chords that fade in and out). In the fifth section, the burbling is removed and the other four parts remain (although the arpeggios are more intermittent, the melody is now higher and played on oboes and strings, the staccato figure has become more disjunct, and the chords are more prevalent). In the sixth section, the arpeggios are removed and the other three parts remain (the melody is now even higher, the disjunct figure is more prevalent, and the chords are gradually becoming shorter). The seventh section is essentially a duo between two distinct melodic lines; one of these is a continuation of the melody heard previously, the other is a variation of the staccato figure. The eighth section features a grand monody only. Consequently, the piece is a transitional singular structure because of both its structural process (gradual increase in section length) and material (gradual decrease in textural complexity). Furthermore, some of the sections feature transitional elements. For example, in the fifth section, the disjunct figure gradually becomes less staccato, culminating in its legato incarnation in the sixth section. Another example exists in the third section, where fragments of material in the flute and tuned percussion grow with each repetition, transitioning smoothly to the fourth section.

The Old Cataclysm Blues contains structural processes similar to those found in both Seven Shrinking Machines and Cataclysm. The opening (bb. 1–48) contains twelve static singular structures, of gradually increasing length, in a similar fashion to the expanding process in Cataclysm. As a consequence of this process, the material contained within each singular structure grows and develops: the range of the trumpet melody widens, the clarinet countermelody becomes more ornate, and a double bass glissando motif emerges and grows. The next section (bb. 49–102) is constructed using a contracting structural process, similar to that used in Seven Shrinking Machines. The start of each singular structure gradually becomes more violent and prominent, from the cello pizzicato notes of bars 49, 56 and 62, to the violin pizzicato dyads and double bass buzzes of bars 68, 73 and 78, to the snap pizzicato, overbowing and string slapping of bars 82, 86 and 89, to the glissandi and flutter-tongued chords that accelerate into the next section (bb. 103–167). This contains twenty static singular structures, of gradually increasing length. Each singular structure begins with the aggressive chord (heard earlier), followed by chaotic Dixieland material. The progressive increase in the length of each singular structure means the chords are heard less and less frequently, resulting in a perceived loss of momentum. A sense of deceleration is even more apparent in the final bars of this section (bb. 157–167), where note lengths increase and the tempo decreases. A short transitional singular structure (bb. 168–178), where a chord repeats and shrinks, concludes the piece.

Having composed a piece with a contracting structural process (Seven Shrinking Machines), a piece with an expanding structural process (Cataclysm), and a piece that combines both contracting and expanding structural processes (The Old Cataclysm Blues), I wrote Revolution: a piece with no structural process, constructed of six sections of equal length. The entire work is a transitional singular structure, however, as the vocalist’s material becomes more prominent with each passing section. Initially, the singer is silent. Then, in the second section, she performs unpitched techniques, emulating the instrumentalists. The third section features the first pitched notes for the vocalist, albeit ones shared with other instruments (e.g. in bar 45, the singer’s C$s are in unison with the oboe, and the A is in unison with the clarinet). In the fourth section, for the first time, notes are sung that are not shared with other instruments, but these are limited to a single pitch. In the fifth section, the singer performs an accompanied melody, which develops into an unaccompanied
mezzo in the sixth section. Additionally, many of these sections are transitional singular structures. The first section is the most simple: a rhythmically complex pattern gradually builds in layers. In the second section, every performer has an independent motif that becomes shorter with each repetition (e.g. the oboe motif lasts eleven beats (bb. 25–27). This is repeated, without the final beat, resulting in a motif that lasts ten beats. Then this is repeated without the final beat, resulting in a motif that lasts nine beats. This process continues until the motif has shrunk to a single note: the final B♭ of bar 44). In contrast to this reductive process, the third section is constructed using an additive process. The ensemble performs a single chord, then repeats this and adds a new chord, then repeats these two chords and adds a new chord. This process continues until the pattern of chords is ten beats long (bb. 59–61). The fourth section is a transitional singular structure, comprised of smaller transitional singular structures. Bars 62–67 contain ostinati that diminuendo and decay over nineteen beats. Bars 68–72 contain similar ostinati, totalling seventeen beats in length. Bars 73–77 contain similar ostinati, totalling fifteen beats in length. This process continues, shortening the length of each set of decaying ostinati by two beats, until the final one which is three beats long (bar 91). The fifth and sixth sections are both static singular structures.

Figure 6 – structure of Revolution

Temporal Node Points

Zenir Nadith is essentially two simultaneous transitional singular structures. In homage to Conlon Nancarrow’s Study for Player Piano No. 21, soprano saxophone material begins extremely quickly and gets slower, while piano material begins extremely slowly and gets quicker. Unlike the Nancarrow work, where the simultaneous acceleration and deceleration is smooth, the process in Zenir Nadith happens in stages. The piece is split into 23 sections, each of six bars. The first section features saxophone trills that gradually descend in pitch, and slow to semiquavers, accompanied by a single piano chord. The second section contains fewer saxophone notes (72), and two piano chords. The third section contains fewer saxophone notes (48), and three piano chords. From the fourth section onwards, the number of saxophone notes decreases by four, and the number of piano notes/chords increases by one. As a consequence of this process, the central twelfth section features an equal number of notes/chords in both instruments. Here, the saxophone and piano are playing in rhythmic unison. The remaining eleven sections are a mirror image of the first eleven; the number of piano notes/chords increases by four and the number of saxophone notes decreases by one. The piece concludes with a shrill saxophone wail, and a series of descending piano arpeggios.
that get faster and lower – the opposite of the piece’s opening. Occasionally, the process yielded a rational ratio between the number of saxophone notes and the number of piano notes/chords (e.g. section 21 contains three saxophone notes and 48 piano notes, for a ratio of 1:16). On seven occasions, I chose to exploit these relationships and construct sections where the ratios can be easily heard (e.g. the 6:1 ratio of the sixth section is rendered as six triplet crotchet saxophone notes per bar, accompanied by a piano semibreve); I call these sections ‘temporal node points’.

<table>
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<th>Number of Piano Notes/Chords</th>
<th>Temporal Node Points</th>
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<td>1:36</td>
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<tr>
<td>23</td>
<td>1</td>
<td>Many</td>
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</tbody>
</table>

*Figure 7 – structure of Zenir Nadith*

Although the majority of sections are static singular structures, a few are transitional singular structures; for example, the central section contains twelve chords of six notes, five of which are played on the piano, and one performed on saxophone. The saxophone plays the lowest note of the first two chords, the second lowest note of the next two chords, and the third lowest note of the next two chords. This process continues until it is playing the highest note of the final two chords. This swapping of roles in this section (the piano higher than the saxophone at the beginning, the saxophone higher than the piano at the end) echoes the overall structure of the piece (the piano slower than the saxophone at the beginning, the saxophone slower than the piano at the end).

*The Inflation Ritual* is a transitional singular structure, consisting of sixteen movements that progressively grow in length, pitch range, volume and complexity. Initially, the opening movements are relatively shapeless, with little variation in dynamic and pitch. As the piece progresses, the movements become more prominently arc-shaped. These arcs increase in size, so the later
movements span the entirety of the trombone’s range. The final arc is so large that it overinflates, and the piece ends with a 90-second descent symbolic of the piece collapsing in on itself. Throughout the first five movements, the trombonist is muted and facing away from the audience. The trombonist turns to face the audience but remains muted for the following four movements. The trombonist is unmuted for the next four movements, and then plays into a snare drum for the final three movements. This progression – from a subdued tone to a raucous, distorted one – emphasises the piece’s sense of inflation and growth. As the piece develops, it also becomes increasingly complex. The first movement contains just one idea; long notes with varying levels of vibrato. The second movement is similar. The third movement contains two ideas: the long notes are bookended by short mechanical motifs. The fourth movement is similar. The fifth movement contains three ideas, as does the sixth movement. The seventh movement contains four ideas, and the eighth movement is similar. This process continues until the final two movements, which each contain eight distinct ideas. The four ideas emerging in the centre of each movement are labelled A–D, and the four at the ends of each movement W–Z:

- A – long notes with varying levels of vibrato
- B – rapidly tongued glissandi
- C – syncopated augmented triads
- D – tremolando minor thirds
- W – notes performed with oo-ee mouthshape
- X – large glissandi with singing and growling
- Y – small glissandi
- Z – mechanical motifs

Each movement is constructed as follows:

<table>
<thead>
<tr>
<th>Movement</th>
<th>Structure</th>
</tr>
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<tbody>
<tr>
<td>I</td>
<td>A</td>
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<td>II</td>
<td>A</td>
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<tr>
<td>III</td>
<td>Z A Z</td>
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<tr>
<td>IV</td>
<td>Z A Z</td>
</tr>
<tr>
<td>V</td>
<td>Z B A B Z</td>
</tr>
<tr>
<td>VI</td>
<td>Z B A B Z</td>
</tr>
<tr>
<td>VII</td>
<td>Z Y B A B Y Z</td>
</tr>
<tr>
<td>VIII</td>
<td>Z Y B A B Y Z</td>
</tr>
<tr>
<td>IX</td>
<td>Z Y C B A B C Y Z</td>
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<td>X</td>
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<tr>
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<tr>
<td>XII</td>
<td>ZYXCBABXYZ</td>
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</tr>
<tr>
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<tr>
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</tr>
<tr>
<td>XVI</td>
<td>ZYXWDCBABCXYZ</td>
</tr>
</tbody>
</table>

*Figure 8 – structure of The Inflation Ritual*

Thus, the arc shape of each movement is influenced not only by the pitch and dynamic contour (a low, quiet opening; a loud, high middle; and a low, quiet end) but also by its nonretrogradable structure.
3. Interval Palettes

My love of puzzles, patterns and mathematics manifests itself in the logic of the singular structure methodology. Similarly, a lot of the pitch material in my music is constructed using numerical processes and restrictions. In order to generate pitch content, I have devised a method of restricting intervals that I call interval palettes. For example, an interval palette of 1/3/5 means I restrict myself to using minor seconds (1), minor thirds (3), perfect fourths (5), and the inversions of these intervals; perfect fifths (5), major sixths (3) and major sevenths (1). Intervals not contained within the palette are not used, but they can still be reached by using combinations of permitted intervals. For example, in 1/3/5, a major third (4) is forbidden; however, the perfect fourth can be outlined by using a combination of 1, 3 and 5 intervals, as shown in the examples below:

![Figure 9](image9.png)

Figure 9 – three different methods of using 1/3/5 to outline a perfect fourth

Example I shows that the E cannot immediately follow the C as major thirds are forbidden in 1/3/5. Examples II, III, and IV indicate different ways in which the E can be achieved, using permitted intervals.

I also use interval palettes to generate harmonic material; for example, 1/3/5, can generate a wide variety of chords:

![Figure 10](image10.png)

Figure 10 – chords constructed using 1/3/5 (the numbers below indicate the intervals used)
Using only certain intervals gives the chords a particular quality that would not be present if a different interval palette was used; however, since pitches are not restricted (any pitch can be heard as long as the interval palette permits its existence) a composer has control over the range, colour and pitch density of each chord.

There are a number of interval palettes that are difficult to use effectively. For example, 1/2/3 is quite restrictive as it only allows for very small or very wide intervals, and eliminates fourths and fifths of any kind. 4/5/6 can result in some lovely harmonic material, but the lack of small intervals makes melodic writing hard. Mathematically, when one interval palette number is a divisor of another, the resultant interval palette is likely to be restrictive. Consequently, 2/4/6 is probably the least useful interval palette as two is a divisor of both four and six, and any resultant harmonic or melodic material will inevitably conform to the whole-tone scale.

Much of the melodic and harmonic material in Three Catalysts is constructed using 1/3/5. Given that the outer movements feature unpitched percussion (and thus an absence of harmony), the interval palette is used only to create the winding trumpet melody. The central movement contains a vibraphone part, however, which provides harmonic accompaniment, and therefore 1/3/5 is used to construct both melodic and harmonic material. In the opening section of Changing (bb. 1–19), the vibraphone performs perfect fifth tremolos; the interval between one tremolo and the next always adheres to 1/3/5 (as shown below). In the middle section (bb. 20–44), the trumpet begins performing timbral trills, which become semitone trills, then tremolos that expand in interval, all of which conform to 1/3/5 until they are perfect fifths (emulating the vibraphone’s opening material). In the middle section, the vibraphone also goes through a process of interval expansion; the perfect fifth tremolos become major sixths, major sevenths, then octaves (all permitted in 1/3/5). Thus, even when other processes are taking place, the trumpet and vibraphone both adhere to the interval palette technique; however, this interval palette only applies to each individual instrument – incidental harmonies created by simultaneous pitch in both instruments do not necessarily conform to 1/3/5.

\[ \text{Figure 11 – vibraphone material in the second movement of Three Catalysts is constructed using 1/3/5} \]

The Old Cataclysm Blues features a more complicated use of the 1/3/5 interval palette. In the opening section (bb. 1–48), the trumpet part is generated using the interval palette, except for the acciaccaturas, which are always a semitone away from the note that follows. At the start of each singular structure (marked by double barlines), the clarinet begins on the same note as the trumpet, but diverges into elaborate acciaccatura flourishes and long notes, all of which conform to 1/3/5. The violin and cello also begin each singular structure on the same note as the trumpet, and then independently slide downwards, in accordance with the interval palette. Harmonies between the violin and cello often conform to 1/3/5. The second section (bb. 49–102), features singular structures (again, marked by double barlines) all of which begin with a chord. The first chord (b. 49)
features a unison concert D in the clarinet and cello, and a concert A in the trumpet, creating an interval of a perfect fifth, which is permitted by 1/3/5. As the section progresses, the chords that begin each singular structure (which become louder, denser and more aggressive) all adhere to the interval palette, as do the climactic chords at bars 98 to 102. These chords form the backbone of the next section (bb. 103–167); each of the twenty singular sections begins with one of these chords, and continues with Dixieland-inspired material that melodically adheres to 1/3/5.

The opening to Revolution (bb. 1–24) features four independent ostinati, each of which adheres melodically to the 1/3/5 interval palette. As the piece develops, the melodic material undergoes other processes, and the influence of the interval palette decreases. However, the 1/3/5 interval palette returns in the final two sections (bb. 92–116 and bb. 117–148), where it is used to construct the vocalist’s melody.

Although Cataclysm does not strictly adhere to an interval palette, certain sections do feature specific intervals prominently. For example, in order to achieve a sense of expansiveness and power in the final section, only ascending and descending major thirds and descending perfect fifths were used. During the early stages of composition, I had intended the work to be written using strict interval palettes. However, as the piece developed it because clear that some of the more complex textures would be impossible to realise in this manner, and so the technique was softened.

Seven Shrinking Machines features a more complex use of interval palettes than any of my other works. Rather than using a single palette throughout, the palette changes in accordance with the overall structural process. The first seven sections (A to G, bb. 1–89) are all constructed using the 1/2/5 palette. As per the structural process, A is removed, and the following six sections (B to G, bb. 89–146) are constructed using a different palette (1/2/6). Therefore, although similar material is presented in both the first B section (bb. 15–28) and the second B section (bb. 90–100), the character and colour is altered slightly on account of the fact that different intervals are permitted and forbidden. This pattern continues – every time a section is eliminated the palette changes, as shown below:

<table>
<thead>
<tr>
<th>ABCDEFG</th>
<th>BCDEFG</th>
<th>BCDEF</th>
<th>CDEF</th>
<th>CDE</th>
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<td>1/3/4</td>
<td>1/3/5</td>
<td>2/3/4</td>
<td>2/4/5</td>
<td>2/5/6</td>
</tr>
</tbody>
</table>

Figure 12 – Interval palettes in Seven Shrinking Machines

There are a total of 20 three-number interval palettes; in order to create Seven Shrinking Machines I selected my favourite seven. There is a systematic approach to the order in which these seven palettes appear. Given that the smallest numbers result in the largest non-compound intervals (e.g. 1 permits use of a major seventh, 2 permits use of a minor seventh), as well as the fact I wanted to achieve a sense that the piece is shrinking, the numeric value of the palettes increases as the piece progresses.

I tend to use interval palettes containing three numbers; I have found using only two numbers to be rather restrictive (useful, perhaps, for a single melodic line or a short section but less suitable for anything more substantial) and four numbers to be too permissive (allowing so many intervals that it is barely worth employing the palette).
4. Rhythmic Techniques

Whilst I often use structural processes and pitch generation processes in order to devise entire pieces, I tend to approach rhythm more intuitively. Prior to my doctoral studies, I composed a long alto saxophone work where the rhythm was constructed using a complex mathematical process. I intend for singular structures and interval palettes to be audible (i.e. these processes and restrictions have a noticeable effect on the outcome of the piece), and I feel they give me control over development and pitch content. The rhythmic process used in the alto saxophone work was not audible (I believe I could have written something equally effective without the process), and was more time consuming than if I had written intuitively. Consequently, I tend to avoid using large-scale rhythmic processes (i.e. processes that generate the rhythmic material for an entire work). I do, however, use small-scale rhythmic processes (i.e. processes that generate the rhythmic material for a section) if I believe they are audible and beneficial:

Inspired by minimalist phase shifting, ‘independent ostinati’ is a technique featured in Seven Shrinking Machines, and Revolution. In order to create independent ostinati, there must be two or more simultaneous musical lines. Each line consists of a repeating cell of a different duration to the cells in other lines. For example, in Seven Shrinking Machines (bb. 29–41) the flute cell is four crotchets long, the clarinet cell is five crotchets long, the accordion left-hand cell is six crotchets long, the electric guitar and accordion right-hand cell is seven crotchets long, and the percussion and bass cell is ten crotchets long. This creates a complex texture of cross-rhythms, simultaneously static and fluid, possessing a mechanical quality.

A similar technique is used in the fourth section of Revolution (bb. 62–91). The opening six bars of this section are constructed using a four-crotchet clarinet cell, a five-crotchet cello cell, and a six-crotchet oboe cell. Although these cells repeat (and therefore form independent ostinati) they also go through a decaying process; for example, the first oboe cell (bb. 62–63) is a five-note melody. The first time it repeats, the D is removed, and it becomes a four-note melody. On the second repetition, the C is removed, and it becomes a three-note melody. The clarinet and cello parts go through a similar reductive process, resulting in a mechanical texture that disassembles.

In the sketches to Seven Shrinking Machines, I experimented with superimposed tempi. Although I eventually abandoned the sketch, I decided to use a similar technique when composing the Dixieland section (bb. 103–167) in The Old Cataclysm Blues. In the Seven Shrinking Machines sketch, I had used box notation and written instructions to realise superimposed tempi. In The Old Cataclysm Blues I aimed to achieve a similar effect using standard notation, in order to balance chaos and accuracy. Although this technique occurs throughout the Dixieland section, bar 121 is a particularly good example. Here, the bassoon is playing a rhythm that alternates between crotchets and quavers, achieving a slow swing. Simultaneously, the violin is playing a triplet crotchet and quaver rhythm, achieving a faster swing, and the clarinet is playing a nonuplet quaver and semiquaver rhythm, achieving an even faster swing. For every four bassoon notes there are six violin notes, and nine clarinet notes. Consequently, the violin swing is 1.5 times as fast as the bassoon swing, and the clarinet swing is 1.5 times as fast as the violin swing, resulting in the illusion of three different, independent tempi.
I use isorhythms in bars 85 to 98 of *Drenched in Neon and Endless Rain* in the bassoon, French horns and double bass. Here, a repeated pattern of seven chords is applied to a rhythm of five notes. This is accompanied by a repetitive violin melody of a different duration to the isorhythm, thus resulting in independent ostinati.

Much of my music is pulse-driven; even when rhythms are complex (and independent ostinati or multiple simultaneous tempi are used) there often exists an audible sense of pulse. There are times, however, when it is desirable to obscure the beat using ‘written-out rubato’. Rather than compose a musical line using simple rhythms and give the performer control over the temporal ebb and flow, I maintain control by artificially inducing a sense of rubato (using ties, duplets, tuplets, nested tuplets and other rhythmic devices that can hide or distort the pulse).
I have used written-out rubato in a variety of ways:

1. I often write two or more simultaneous lines that undergo independent rubato, and therefore I have complete control over how these lines rhythmically interact;
2. I have experimented with combining rubato and non-rubato material (e.g. bars 55 to 67 of *Seven Shrinking Machines* features a written-out rubato guitar and flute melody accompanied by a rhythmically regular motif on the clarinet);
3. I artificially emulate an accelerando or ritardando without changing the underlying tempo, which I achieve by progressively decreasing or increasing note lengths (e.g. the trumpet melody in bars 68 to 70 of *The Old Cataclysm Blues*). Occasionally, I write multiple musical lines that independently increase or decrease in speed at different rates, (e.g. in bars 162 to 167 of *The Old Cataclysm Blues* the clarinet, bassoon, violin and double bass all undergo independent ritardando; in each part note-lengths gradually increase, but at different rates, so no two parts are rhythmically synchronised).
5. An Aesthetic Study of Seven Shrinking Machines

For as long as I have been composing, I have loved the music of Stravinsky and Messiaen. In particular, I have been drawn to the way in which these composers juxtapose contrasting blocks of musical material. Shortly before composing Seven Shrinking Machines, I had revisited a work that I had admired as a teenager; De Snelheid by Louis Andriessen. In essence, then, Seven Shrinking Machines is an attempt to combine the block forms of Stravinsky and Messiaen with the structural clarity of the Andriessen, resulting in a piece comprised of seven distinct, contrasting sections:

A (bb. 1-14) – The steam/breath sounds of Section A are influenced by both Steampunk (a subgenre of science fiction, inspired by the Industrial Revolution) and Peter Ablinger’s Violine und Rauschen (Veronica). I experimented with using white noise as a way of unifying the timbres of the various acoustic, electronic and unpitched instruments. (Air sounds have appeared in a number of pieces written both before and after Seven Shrinking Machines, including Steamhouse Noir, Three Catalysts, and The Old Cataclysm Blues). The chords that appear in both the vibraphone and electric guitar are another attempt to unify timbre; the dyads are in unison and the motor and harmoniser add a similar vibrato to both instruments. The pitches themselves outline the three intervals present in the interval palette (minor second, major second, and perfect fourth).

B (bb. 15-28, 90-100, 147-154) – Section B possesses what I consider to be an apocalyptic aesthetic, characterised by the slow, distorted melody and metallic vibraphone interjections (both of which are inspired by At the Heart of It All by Aphex Twin), accompanied by siren-like glissandi. Immediately prior to writing this piece, I had been listening to Asyla by Thomas Adès; the clamorous gong opening may have influenced the ritualistic bell plate and cymbal material in this section.

C (bb. 29-41, 101-110, 155-161, 181-185, 199-201) – Since hearing Harrison Birtwistle’s Carmen Arcadieae Mechanicae Perpetuum and Martin Butler’s Jazz Machines whilst an undergraduate student, I have become fascinated with musical representations of machinery. This drives the clarity of the structure of Seven Shrinking Machines, and much of the musical content too. Section C is the most perceptibly mechanical section of the work; a consequence of the independent ostinati, syncopated rhythms and metallic sounds (muted electric guitar, slap bass, and unpitched percussion).

D (bb. 42-54, 111-120, 162-168, 186-190, 202-204, 207-208) – In contrast to other sections, D is unique insofar as all instruments play similar material in rhythmic unison. The melody (performed by flute and vibraphone) adheres to the interval palette horizontally, whilst the harmonic material (performed by all other instruments) adheres to the interval palette vertically. Although not directly inspired by it, this section reminds me somewhat of the final movement of Bartok’s String Quartet No. 6, particularly the winding melody constructed of small intervals, the doleful harmonic content, and the shimmering chords similar to Bartok’s sul ponticello chords in bars 75 and 76.

E (bb. 55-66, 121-129, 169-174, 191-194, 205-206, 209) – Rather than being constructed of entirely new material, Section E is a combination of elements from other sections. The flute and electric guitar melody is similar to the one found in Section D; winding, harmonically ambiguous and constructed of relatively short intervals. Additionally, both instruments perform essentially the same material in an attempt to unify acoustic and electronic sounds (like Section A). The intricate clarinet
motifs are comparable to the frantic scalic passages in Section F. The repetitive, disjointed accordion rhythms have a mechanical quality to them, and are therefore reminiscent of Section C.

F (bb. 67-78, 130-138, 175-180, 195-198) – In Section F, fast, intricate crossrhythms create a sense of speed and frantic energy. The semiquavers in the clarinet, percussion, and bass guitar, quintuplet semiquavers in the synthesiser, and sextuplet semiquavers in the accordion result in a rhythmically complex texture. In other pieces (e.g. Cataclysm, The Dust of Long Dead Stars, and numerous pre-doctoral works) I have rendered similar textures using box notation or text instructions. Here, inspired by the exhilarating opening to David Horne’s Concerto for Orchestra and the marvellous Presto from Elliot Carter’s Clarinet Concerto, I chose to notate conventionally.

G (bb. 79-89, 139-146) – Section G is the result of extensive workshopping, and was an attempt to make a simple gesture (an ascending flourish) as interesting and colourful as possible.

The coda (bb. 210-234) combines both the tremolando chords of Section D and the white noise of Section A. While the chords remain the same length, the white noise increases in duration with each repetition until it is identical to the first three bars of the piece. The final dyad (bar 234) continues the pattern of expanding intervals explored in bars 4, 9, and 14.

One of the most challenging aspects of writing this work was deciding the order in which the sections appeared (and therefore, the order in which they disappeared). The difficulty was in imagining what material would be most suitable at the piece’s climax, what material would sound effective at higher transpositions (because the pitch ascends as the piece progresses), and what material would only work at the beginning of the piece. During the workshop, I discovered Section B, C, D, and E sounded suitably aggressive and energetic at high volume, and they therefore formed the climax. The tranquillity and ethereality of Section A made it ideal material for both the introduction and coda.
6. Time Proportion

...it has often been claimed, especially since Kant, that music is an art of time, if not the art of time.¹

My desire to control duration is a reaction to the music I wrote before I began the doctorate. Two compositions in particular (a solo alto saxophone work and a piece for soprano and megaphone) were overlong; there was no sense of structural inevitability, no connection between duration and material. A reduction in length would not have necessarily resulted in a reduction of meaning or impact. Influenced by my dissatisfaction with the duration of both works, I became interested in finding a way to compose pieces that felt like they were the ‘right’ length.

I became curious about Bartók’s close connection with the law of the Golden Section² and Cage’s experiments with micro-macrocosmic rhythmic structures,³ where both composers treat duration and proportion as quantitative data. In order to control the overall length of pieces, I decided I must control the duration of sections and the proportional relationships between them.

For Cage’s micro-macrocosmic structures to be audibly proportional (in order for the listener to appreciate the symmetry between the length of phrases and the length of sections), the listener must have an unwaveringly accurate sense of the passage of time. This is rarely the case, however, as there are a number of musical and extra-musical conditions that affect temporal perception. These include repetition and alteration of material,⁴ complexity of material,⁵ number of events,⁶ familiarity and predictability,⁷ expectancy of an event to occur,⁸ unpleasantness of stimuli,⁹ body temperature,¹⁰ caffeine intake,¹¹ and drug intake.¹² In his book Time and Free Will, French Philosopher Henri Bergson concluded that duration is not a mathematically divisible extensity, but rather an internal experience.

Duration properly so called has no moments which are identical or external to one another, being essentially heterogeneous, continuous, and with no analogy to number.¹³

⁶ Ibid.
⁷ Ibid.
⁸ Ibid.
⁹ Ibid.
¹⁰ Ibid., p. 494
¹¹ Ibid.
¹² Ibid.
¹³ Henri Bergson, Time and Free Will: An Essay on the Immediate Data of Consciousness (New York: Dover, 2001), p. 120.
Given my desire to employ processes that have an audible effect (e.g. singular structures, interval palettes etc.), how am I to control the proportions of sections if duration is an indivisible, internal experience and a listener’s temporal perception is affected so easily by internal and external factors? Through composing, I have learned that by deploying a number of principles, the internal and external factors affecting temporal perception are ameliorated, and durational proportions are made more audible:

- ‘Disparity’ – if one section (of a piece of music) is considerably longer or shorter than the next, a listener is likely to be able to discern that a difference between the two exists. A listener is less likely to discern a difference in duration if one section is only slightly longer or shorter than the next.
- ‘Completion’ – it is not possible to understand a proportional relationship before completion. For example, if there exists a minim followed by a crotchet, a listener will only be able to hear that the second note is half the duration of the first when both notes have been played in full. Similarly, a proportional relationship between two sections is only likely to be discernible after both sections have finished.
- ‘Repetition’ – repeating a proportional relationship allows for comprehension before completion; for example, if there exists a sequence of alternating minims and crotchets, the listener will only need to hear a few notes before understanding the proportional relationship, and will be able to predict the durations of subsequent notes.
- ‘Sequence’ – a sequential proportional relationship allows for comprehension before completion. For example, if there exists a maxima, followed by a longa, followed by a breve, followed by a semibreve, a minim, a crotchet, a quaver, a semiquaver etc. the listener will detect the notes are halving in duration before the sequence has finished.
- ‘Proximity’ – a listener is more likely to appreciate a proportional relationship between two sections that are adjacent, compared to two sections that are apart from one another.

These principles influence the construction of the proportional relationships in *Seven Shrinking Machines*. This work consists of 28 sections, the first of which is 56 seconds long. The subsequent sections decrease sequentially, with each section two seconds shorter than the one that preceded it, resulting in a two-second final section. Due to the sequentiality of the process, the listener will detect that the sections are decreasing in duration before the piece has finished.

Although the rate at which the sections decrease in duration remains constant (two seconds every section), the proportion between one section and the next does not remain constant. The first section (56 seconds) is 1.037 times the duration of the second section (54 seconds). The second section is 1.038 times the duration of the third section (52 seconds). These ratios are so close to 1:1 that the listener is unlikely to detect any proportional relationship; however, as the piece progresses, these ratios widen – the ratio between the penultimate section and the final section is 2:1, which is certainly audible. Therefore, although it is impossible to ascertain precisely when the listener becomes aware of the shrinking durations (as this is affected by internal, external, musical, and extra-musical factors), it is inevitable the listener will become aware of it at some point before the piece finishes.

The reason the structural process in *Seven Shrinking Machines* is so audible is because it is a marriage of the ‘disparity’ principle and the ‘sequence’ principle. As the sequence of shrinking
durations continues, it becomes more apparent to the listener by virtue of both its repetitiveness and the fact the ratios between adjacent sections are widening.

The expanding structural process in *Cataclysm* is less audible, for two reasons. Firstly, there are fewer sections than in *Seven Shrinking Machines* (eight, as opposed to 28), which affords the listener less opportunity to understand the sequence. Secondly, when the structural process is one of expansion, the ‘disparity’ principle and the ‘sequence’ principle do not work in tandem. As the sections lengthen, the ratios between adjacent sections shrink; that is, the listener is more likely to detect proportional relationships at the beginning of the piece because that is when the proportional ratios are at their widest. That runs in opposition to the ‘sequence’ principle, where a listener is more likely to detect proportional relationships the closer the sequence is to its end.

It is not essential, however, that a listener understands the mathematics that govern the proportions as long as the proportions have an effect on the impact of the piece.
7. Two Final Pieces

This commentary will end as it began, with the critical comparison of two pieces written in close succession. I was commissioned to write an ensemble work for Sarah Nicolls, Oren Marshall and the London Sinfonietta, and also a vocal piece that was to form the soundtrack to a film installation to be showed at the Sensoria festival. I viewed the first commission as an opportunity to put into practice all the techniques and procedures I had developed over the course of the doctorate, and the second commission as a chance to try a different approach to composition.

Having compositionally explored time proportion, I wanted to begin experimenting with notions of musical space (given there are well-documented scientific and philosophical links between time and space). There are numerous ways in which composers have considered space, ranging from the analogous e.g. music that is evocative of a landscape like Birtwistle’s Silbury Air or Peter Schat’s geometric approach to pitch space, to the physical e.g. the separated groups of instruments and off-stage strings in Ives’ The Unanswered Question, or the way acousmatic musicians use multiple speakers to distribute sound spatially.

I began attending lectures in the Architecture School and I developed an interest in the idea of negative space:

When we create buildings today, we frequently focus our efforts on their shapes, with the shape of outdoor space a rather accidental leftover. These outdoor spaces, such as those typically found in suburbs, are negative spaces because the buildings aren’t arranged to lend shape to the spaces in between.

Urban buildings, however, are often designed under the opposite assumptions: building shapes can be secondary to the shape of the public space, to the extent that some urban buildings are almost literally ‘deformed’ so that the plazas, courtyards, and squares that abut them may be given positive shape.

The architectural principle that a positive shape will inevitably enforce some distortion on the resultant negative space prompted me to explore ways in which having a pitch void (i.e. a range of forbidden pitches) might distort and influence both the structure of a piece and musical material. Thus the concept for Filling Rubin’s Vase was devised. Rubin’s Vase is an optical illusion named after the Danish psychologist, Edgar Rubin. Two faces are shown in profile, and the negative space between them forms the shape of a vase. In Filling Rubin’s Vase, this negative space is represented by a pitch void between middle C and the octave above. The piece is constructed of 32 static singular structures, alternating between high sections (where all material exists above the pitch void) and low sections (where all material exists below the pitch void).

Structurally, Filling Rubin’s Vase operates in a similar manner to Seven Shrinking Machines insofar as sections become progressively shorter as the piece progresses.

Eight different sections (labelled A–H) are presented. Sections A, C, E, and G are performed by a consort of three low instruments (tuba, bassoon and double bass), while sections B, D, F and H are performed by a consort of three high instruments (piano, viola and accordion). These eight sections are then repeated (albeit with shorter durations). Bar 204 is the structural (but not proportional) midpoint of the work. From here on in, the order of sections is reversed. This now means sections H, F, D and B are performed by the bass consort, and sections G, E, C and A are performed by the treble consort. In order to achieve this, material that was previously in a high register (above the pitch void) needed to be rewritten in a low register (below the pitch void), and vice versa. For some sections, high register and low register incarnations are very similar; for example, the low version of section G (bb. 92–105) is comparable to the high version (bb. 212–218): the idea itself remains identical, only the pitch, duration and instrumentation have changed. For other sections, high register and low register incarnations are very different; for example, the high version of section B
(bb. 9–31) bears little resemblance to the low version (bb. 246–251): the direction of motion has changed (ascending scales have become descending scales) and the low version is much slower. Regardless of whether high and low incarnations are similar or dissimilar in mood and character, they always share the same interval palette.

Alternating between high and low sections is a structural process; however, as the sections become shorter, the rate of alternation increases. The final few sections are so short – it is likely the listener hears the high-low alternation not as the result of a structural process, but as a disjunct texture. The coda (bb. 276–286) takes this further; low and high material alternates even faster, losing detail as it does so, eventually becoming alternating low and high chords. The high chords gradually decrease in pitch, the low chords gradually ascend, and they meet in the middle, filling in the pitch void. The piece ends with a raucous chord which inverts the role of each consort (i.e. the high consort has low material and vice versa).

The high consort is seated apart from the low consort, and because material is only performed by one consort at a time, the piece is antiphonal. Therefore, Filling Rubin’s Vase is concerned with both a physical and analogous approach to space.

Shortly after completing Filling Rubin’s Vase, I was invited by filmmaker Matt Stokes to collaborate on an installation, to be housed at the Site Gallery in Sheffield. Inspired by the 1984 Barry Hines’s film Threads, Stokes’s vision was to depict a post-apocalyptic world inhabited by two radically different societies. The first of these is a nomadic, subterranean group of people who scratch a meagre existence by foraging and scavenging. The other society is a mysterious cult of robed, blind people that live peacefully, overground. Stokes and I engaged in varied research to help inform the characteristics and musical language of each group:

- The initial idea was for the overground community to have suffered a radiation-induced blindness, for them to communicate and share knowledge telepathically, and by vocal sounds. Inspired by the religious overtones in John Wyndham’s post-apocalyptic novel The Chrysalids, and by Stokes’s design for costumes (inspired by the white tunics of characters in the sci-fi film Lathe of Heaven, and the cowls of medieval monks), I wanted the overground group to communicate in a ritualistic manner. I aimed to avoid consonant sounds (as these were to be used extensively by the underground group), and consequently devised a simple, hummed melody (a synthesis of plainchant and ‘Coro a bocca chiusa’ from Madame Butterfly), that had a religious, spiritualistic feel to it.

- The underground community was modelled on the troglodyte Morlocks of H.G. Wells’ The Time Machine, Henry Moore’s drawings of people taking shelter in the London Underground during WWII, and the cave-dwelling rope-makers of Peak Cavern, Sheffield. Stokes imagined that this group of people had suffered throat cancers as a result of nuclear fallout, and consequently I watched videos of aphonia sufferers, which helped inform the aggressive consonants, growls and grunts of the underground singers. Threads is split into three sections: pre-apocalypse, apocalypse, and post-apocalypse. There is a scene in the third section where a female and two males have an argument; the language they use is a corrupted, simplified Sheffield slang. Inspired by this, and by Guy Reibel’s album Langages Imaginaires, I sought to create an imagined language – a distorted version of English. In
order to achieve this I used the lyrics a Sheffield folk song, *The Good Old Times*, as something I could twist and corrupt.

Stokes’s plan was for the piece to climax when both groups had reached a union (although he was not clear as to what this meant, exactly). In order to achieve this sense of climax, I planned to use a structural process similar to that of *Filling Rubin’s Vase*; I conceived a piece where the material alternated between the overground and underground group, and the alterations became increasingly rapid, until both groups were singing simultaneously, thus achieving union. It became clear in the early workshops, however, that this structure was unsuitable. Firstly, most of the singers could not read music, and these structural processes require the temporal precision that notation facilitates. Secondly, the speed at which alterations took place meant that certain ideas (like the inclusion of *The Good Old Times*) was not given proper time to develop in a meaningful way. Thirdly, the increasing frequency of alterations, and the consequent increase in energy and excitement resulted in a climax that felt less like a union and more like a conflict. Therefore, it was necessary to change the structure (initially I was disappointed with this realisation as I had hoped to continue researching expanding and contracting structures, but in hindsight I recognise that this alternative approach improved *In Absence of the Smoky God*, and will likely inform my post-doctoral compositions).

I decided that the union reached between both groups should be a subtle one, and should occur before the climax. Previously I had only considered intra-group communication, but Stokes and I discussed the possibility of there being a small amount of inter-group communication. I decided, then, that *The Good Old Times* should be the compositional focal point and the catalyst for interaction between the two groups. To achieve this, one of the underground vocalists was instructed to sing snatches of a quiet, improvised, folk-inspired melody, distorting the lyrics to *The Good Old Times*, as though he was half-remembering a song he once knew. As the piece progresses, this melody is imitated by the other underground singers who abandon their grunts, growls and snorts, and attempt recall this old folk song. Up to this point, the overground group has only been permitted to hum; however, as the underground group adopt *The Good Old Times*, the overground group also begins to imitate it: their mouths open, and the humming gradually transforms into singing (an ‘oo’ vowel sound), thus achieving a subtle sense of union between both societies. From this point, both groups diverge: the underground group, rather tragically, forget the folk song and return to the grunting, growling and snorting, whilst the overground are transformed, powerfully singing multiple vowel sounds. Thus the piece is constructed of two simultaneous structures; the overground group is a transitional singular structure (from humming to singing), and the underground group is an arc structure (from noise to pitch to noise).

The piece was developed and devised over a period of workshops and, consequently, the score is not a conventional one. It is designed as an *aide-mémoire* for the singers, and only functions in conjunction with a conductor (as shown in accompanying video):

<table>
<thead>
<tr>
<th>Section</th>
<th>Overground</th>
<th>Underground</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Keitu hums simple melody</td>
<td>Luke consonant sounds</td>
</tr>
<tr>
<td>B</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>Keitu hums melody again, gradually others join, slow sliding between notes</td>
<td>Luke consonant sound interruptions (very sporadic)</td>
</tr>
</tbody>
</table>
Luke instigates call-and-response, the response initially by one person, then gradually more of the group join, Pete’s response is the beginning of the folk melody.

Luke consonant sound interruptions and Pete folk interruptions (very sporadic)

Consonant sounds by all group, except Pete whose folk melody gradually becomes stronger

Pete’s folk melody becomes stronger still, gradually (by ripple effect) all Underground (except Luke) are influenced by it, and eventually all Overground are imitating also to ‘oo’ only

The influence of Pete’s melody decreases, and is replaced by independent vowel sound notes, lots of vibrato, with gaps

Violent outbursts; snarls, snorts, grunts – sporadic, directed by Ben

Climax – Ben’s left hand indicates violent Underground stabs, Ben’s right hand indicates long Overground notes

Coda – Ben continues to direct both groups, Overground disappears leaving increasingly sporadic Underground outbursts

**Figure 16 – In Absence of the Smoky God aide-mémoire sheet (the instructions are not particularly detailed, as the piece was devised over a number of workshops and each section was developed and improved upon in collaboration with the singers)**

Stokes and I agreed that in order to achieve the required energy, interaction and spontaneity, we preferred recording in a complete take, featuring all ten singers (i.e. not recording the piece in small chunks, nor recording each singer or group individually and multitracking). This is generally a more difficult and time-consuming method, but on the day of recording, we managed six complete takes. The final track is a splicing of two takes: one take for sections A to I, and another take for sections J and K (to provide an appropriately long coda). Filming took place over a single weekend (a day per group), the singers acted and lip-synched to the pre-recorded track. The resultant film is, in essence, a music video where all communication and interaction happens through music, and there is no spoken dialogue.

Given that *Filling Rubin’s Vase* was constructed using techniques I had tried and tested (which had previously resulted in pieces that I found musically satisfying) and *In Absence of the Smoky God* was a venture into the unknown, using unfamiliar methods, I was expecting the former to be a success and the latter to be less so; however, I consider *In Absence of the Smoky God* to be a far more impactful work. Initially confused by this outcome, I have now come to realise there may be inherent deficiencies in the methods used to create *Filling Rubin’s Vase*:
• *Filling Rubin’s Vase* (and other pieces that use a similar structural process, like *Seven Shrinking Machines*, *Cataclysm*, and *The Old Cataclysm Blues*) are essentially about the structure and little else. Consequently, these pieces may lack the artistic depth present in a more multifaceted work. The research undertaken to create *In Absence of the Smoky God* (ranging from science fiction film and literature to Sheffield folksong and speech impediments) provided me with a cultural and aesthetic framework on which to build the piece. With *Filling Rubin’s Vase* (and other similar pieces), I began with a structural concept and a series of mathematical calculations, which was perhaps too restrictive.

• I consider *Cataclysm*, *The Old Cataclysm Blues*, and especially *Seven Shrinking Machines* to be successful, engaging pieces. Perhaps *Filling Rubin’s Vase* is less satisfying because the processes and restrictions are too audible (for example, the 3/4/5 interval palette used from bars 33 to 50, or the 2/3/5 palette used from bars 51 to 65, may be too clearly stated and therefore too predictable). It is possible I have fallen foul of a compositional version of The Peter Principle\(^\text{16}\); I have elevated a process, using it more and more frequently, until it is no longer serving its purpose. Generally, processes and restrictions are conducive to creativity, and there is little scarier for a composer than starting a new piece with a blank page and nothing to aid you. Processes can become too restrictive if overused, however, and can stunt the development of the piece. I strive to make my music clear and intelligible, but there is an argument that too much clarity and too much intelligibility may beget predictability: an undesirable attribute.

• During the early stages of *In Absence of the Smoky God*, it became clear that the structure was not going to work. I made a conscious decision to sacrifice structural clarity in favour of allowing the performers to express themselves more deeply. In *Filling Rubin’s Vase*, expression may have been sacrificed in favour of the structural process. I anticipate these realisations are going to inform my future work. I intend to continue using the techniques devised during my doctorate (singular structures, interval palettes etc.) but not to the extent where I feel I am sacrificing other elements of the piece (the way the structure of *Filling Rubin’s Vase* may have inhibited expression). I am going to obfuscate these techniques somewhat in order to make pieces less predictable. There are two ways of doing this; I can either ‘soften’ the techniques by using them less frequently or with less concern for mathematical precision (e.g. if I occasionally use a 3 in a 2/4/5 palette), or I can expand upon these techniques by adding more layers of mathematical complexity. It is likely I will explore both approaches, perhaps even in the same work, but I am currently fascinated by the level of mathematical rigour in Richard Barrett’s analysis of his 1994 orchestral work, *Vanity*.

I found the research that I undertook whilst composing *In Absence of the Smoky God* to be an enjoyable, enriching experience, certainly something that helped the creation of the piece. Particularly fruitful was the breadth of research: film, literature, art, music, speech therapy, psychology, and more.

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8. Conclusion

Throughout my doctoral studies, I have devised, refined and implemented a number of compositional techniques that have been used to create the majority of pieces in the accompanying portfolio.

I am satisfied with these techniques (particularly interval palettes, singular structures and independent ostinati) which, when combined with a mathematical approach to time proportion, have provided me with the capability to write competent, engaging music. Thus, I intend to continue using these techniques in my upcoming pieces. In evaluating my doctoral compositions, however, I feel there are a number of improvements that could be made to these techniques and my music in general. Whilst singular structures engender clarity and a sense of inevitability, they can also lead to predictability and over-simplicity (particularly apparent in The Inflation Ritual and Filling Rubin’s Vase). Perhaps the most effective use of singular structures occurs in The Old Cataclysm Blues, where both contracting and expanding processes are employed, resulting in a piece that is simultaneously intelligible and unpredictable. Consequently, I believe discovering new ways of manipulating singular structures will enable me to write music with more complexity and depth. For example, superimposing singular structures of varying durations, or accompanying a procedural part with a simultaneous non-procedural part might yield musically satisfying results. Additionally, the experiments I have conducted into time proportion and structural processes have been realised in pieces of only a relatively short duration, and my upcoming compositions might test whether these techniques are effective over larger periods of time.

Before and during my doctoral studies, I had been heavily influenced by Gérard Grisey’s quotation: ‘We are musicians and our model is sound not literature, sound not mathematics, sound not theatre, visual arts, quantum physics, geology, astrology or acupuncture.’\(^{17}\). The titles of my pieces usually refer to the structural processes involved (e.g. Seven Shrinking Machines refers to the seven distinct sections and how they reduce in duration as the piece progresses, Three Catalysts refers to the three movements and how the percussion material has a catalytic effect on the trumpet melody etc.), and rarely do they give an indication of the aesthetic quality the work possesses or any extra-musical stimuli that influenced the composition. This is because, during the doctorate at least, I considered structure to be the most important aspect of my music. As a result, elements of certain pieces have been sacrificed in order to service the structural process (e.g. to facilitate the sense of expansion in The Inflation Ritual, the material itself does not develop, and thus the sense of drama suffers). I have decided, then, that while I desire all my pieces to have a clear structure, this should not come at a detriment to other aspects of the composition, and it is important I devise forms that result in (or at least allow) interesting surface material. To aid this, I am going to start employing extra-musical stimuli, allowing them to inform both the structural processes and aesthetic content of my upcoming pieces.

I have begun to reconsider my opinions on improvisation and indeterminate notation, with regards to my music. In my initial sketches for Seven Shrinking Machines, the box notation, graphic notation and improvisation compromised the structure, and resulted in music that lacked a sense of narrative

urgency. Since then, I have further developed my singular structure technique, and devised five time proportion principles that will enable me to compose indeterminate or improvisatory music that is simultaneously carefully structured.

I hope, by combining the techniques developed during my doctorate, using them in increasingly complex and innovative ways, and by engaging with extra-musical stimuli, I can continue improving as a composer.
Bibliography

Books


Journal Articles


Ben Gaunt

Steamhouse Noir
for flute and cello
Steamhouse Noir was commissioned by cellist Michelle So, and premiered at a Sounds of the Engine House event at IABF, Manchester on 26th April 2012.

Steamhouse Noir is inspired by Steampunk art, Victorian machinery, and black-and-white film noir. Initially jazz-influenced and sleazy, both the flute and cello parts become more mechanical as the piece progresses.

Year of Composition: 2011
Duration: c. 5'

Techniques

(breathe)

[flute] produce unpitched air sound

[flute] key clicks with a little pitch

[cello] perform pizzicato tremolando and glissando upwards as high as possible

mf

tamb.

[cello] slap strings with palm

mf

[cello] molto vibrato
Steamhouse Noir

Ben Gaunt

Flute

pizz. quasi walking bass, quasi rit.

Violoncello

breathe

≈

≈

≈

≈
* The flautist and cellist are to repeat the cells for the given duration, with no rest in between each repetition. When there are multiple cells presented in a line, the instrumentalist is to randomly and independently swap between them. Although instrumentalists should make no attempt to synchronise rhythmically, they should diminuendo at the same rate.
Ben Gaunt

The Dust of Long Dead Stars
for flute trio
The Dust of Long Dead Stars

*The Dust of Long Dead Stars* was commissioned by Tempest Flute Trio for a concert at the International Anthony Burgess Foundation, Manchester, curated by Sounds of the Engine House, on 26th April 2012.

The title is taken from an interview with Sir Martin Rees in the New York Times where he described humanity:

"We are the dust of long dead stars. Or, if you want to be less romantic, we are nuclear waste."

Year of Composition: 2011
Duration: c. 4'

**Techniques**

obs - overblow and sing whilst playing, resulting in an aggressive, raucous sound (the pitch of the singing is unimportant, as long as it follows the contours of the flute melody)

**Improvisation Section**

The improvisation section should follow on smoothly from the notated material. Each flautist has a different set of instructions to follow, and the transition from one instruction to the next should also be as smooth as possible. The duration of the improvisation section should last approximately 2 minutes. The audience should not be able to detect when the improvisation section begins and the notated material ends.
The Dust of Long Dead Stars

fl. 3

fl. 2

fl. 1

fiery, energetic  \( \frac{J}{220} \)

Flute 3

(very gradual decrescendo to bar 82)

Ben Gaunt

Flute 2

(very gradual decrescendo to bar 82)

Flute 1

(very gradual decrescendo to bar 82)
* play a G major arpeggio, as quickly as possible, for a duration of two minims
arpeggios can ascend, descend, or both
Flute 1 - Improvisation Section

Use the list of notes above to aid improvisation. The notes must be used in order, but you do not need to finish the entire list of notes. If you finish the list of notes, but are still improvising, you may return to the start of the list. Notes can be selected at any octave, at the player’s discretion. Gradually decrescendo throughout improvisation section. The entire improvisation section should last approximately 2 minutes. All three flautists should move from one instruction to the next at approximately the same time.

1. Construct very fast major arpeggios, using the list of notes to provide the tonic (e.g. C# major arpeggio, D major arpeggio, Eb major arpeggio etc.) Arpeggios can ascend, descend or both. Fade in and out of each arpeggio. Ensure there is very little space in between each arpeggio. Between the three flutes, the effect should be of continuous, interweaving arpeggios. (c. 20 seconds)

1a. Smooth transition from 1 to 2. Occasionally, instead of performing an arpeggio (1) perform a rapidly tongued single pitch (2). Gradually, allow the tongued pitches to become more frequent than the arpeggios. (c. 20 seconds)

2. Rapidly tongue a single pitch, staccato, and fade out. Use the list of notes to provide the pitch (at any octave.) Leave a reasonably small space in between each pitch. (c. 20 seconds)

2a. Smooth transition from 2 to 3. Every so often allow the rapidly tongued notes (2) to turn into a long, single note (3). Gradually, ensure long notes occur more frequently. (c. 20 seconds)

3. Use the list of notes to construct a melody that is as beautiful and ethereal as possible. The melody should be very quiet, but the player is allowed some freedom of expression, to facilitate a convincing melodic contour. The player has the freedom to choose to play each note for any length, as long as the melody is generally slow. (Flute 2 and Flute 3 do not have this instruction, and move straight onto 4.) (c. 20 seconds)

3a. Smooth transition from 3 to 4. Gradually allow the melody to become faster, more quiet, and less distinct (by using an ever looser embouchure.) (c. 10 seconds)

4. Improvise extremely quiet chromatic runs in the lower register of the flute. Use a loose embouchure to produce an indistinct tone. Between the three flutes, the effect should be of a continuous burbling. (c. 10 seconds)

All three flutes should suddenly stop (as if cut off) simultaneously, to end the piece.
Flute 2 - Improvisation Section

Use the list of notes above to aid improvisation. The notes must be used in order, but you do not need to finish the entire list of notes. If you finish the list of notes, but are still improvising, you may return to the start of the list. Notes can be selected at any octave, at the player’s discretion. Gradually decrescendo throughout improvisation section. The entire improvisation section should last approximately 2 minutes. All three flutists should move from one instruction to the next at approximately the same time.

1. Construct very fast major arpeggios, using the list of notes to provide the tonic (e.g. B major arpeggio, Bb major arpeggio, B major arpeggio etc.) Arpeggios can ascend, descend or both. Fade in and out of each arpeggio. Ensure there is very little space in between each arpeggio. Between the three flutes, the effect should be of continuous, interweaving arpeggios. (c. 20 seconds)

1a. Smooth transition from 1 to 2. Occasionally, instead of performing an arpeggio (1) perform a rapidly tongued single pitch (2). Gradually, allow the tongued pitches to become more frequent than the arpeggios. (c. 20 seconds)

2. Rapidly tongue a single pitch, staccato, and fade out. Use the list of notes to provide the pitch (at any octave.) Leave a reasonably small space in between each pitch. (c. 20 seconds)

2a. Smooth transition from 2 to 4. Intersperse the rapidly tongued single pitches (2) with small passages of indistinct chromatic runs (4). Gradually, allow the passages of chromatic runs to become more frequent than the rapidly tongued pitches. (c. 20 seconds)

(Note that there is no instruction 3 in the parts for both Flute 2 and Flute 3. This is intentional.)

4. Improvise extremely quiet chromatic runs in the lower register of the instrument. Use a loose embouchure to produce an indistinct tone. Initially, Flute 1 will be playing a melody, before joining Flute 2 and Flute 3. Between the three flutes, the effect should be of a continuous burbling. (c. 40 seconds)

All three flutes should suddenly stop (as if cut off) simultaneously, to end the piece.
Flute 3 - Improvisation Section

Use the list of notes above to aid improvisation. The notes must be used in order, but you do not need to finish the entire list of notes. If you finish the list of notes, but are still improvising, you may return to the start of the list. Notes can be selected at any octave, at the player’s discretion. Gradually decrescendo throughout improvisation section. The entire improvisation section should last approximately 2 minutes. All three flautists should move from one instruction to the next at approximately the same time.

1. Construct very fast major arpeggios, using the list of notes to provide the tonic (e.g. F# major arpeggio, G# major arpeggio, G major arpeggio etc.) Arpeggios can ascend, descend or both. Fade in and out of each arpeggio. Ensure there is very little space in between each arpeggio. Between the three flutes, the effect should be of continuous, interweaving arpeggios. (c. 20 seconds)

1a. Smooth transition from 1 to 2. Occasionally, instead of performing an arpeggio (1) perform a rapidly tongued single pitch (2). Gradually, allow the tongued pitches to become more frequent than the arpeggios. (c. 20 seconds)

2. Rapidly tongue a single pitch, staccato, and fade out. Use the list of notes to provide the pitch (at any octave.) Leave a reasonably small space in between each pitch. (c. 20 seconds)

2a. Smooth transition from 2 to 4. Intersperse the rapidly tongued single pitches (2) with small passages of indistinct chromatic runs (4). Gradually, allow the passages of chromatic runs to become more frequent than the rapidly tongued pitches. (c. 20 seconds)

(Note that there is no instruction 3 in the parts for both Flute 2 and Flute 3. This is intentional.)

4. Improvise extremely quiet chromatic runs in the lower register of the instrument. Use a loose embouchure to produce an indistinct tone. Initially, Flute 1 will be playing a melody, before joining Flute 2 and Flute 3. Between the three flutes, the effect should be of a continuous burbling. (c. 40 seconds)

All three flutes should suddenly stop (as if cut off) simultaneously, to end the piece.
Ben Gaunt

Drenched in Neon and Endless Rain

for large ensemble
Drenched in Neon and Endless Rain

_Drenched in Neon and Endless Rain_ was commissioned by Tony Houghton and the Sheffield Hadyn Ensemble, and premiered on 26th February 2012, at Firth Hall, Sheffield.

_Drenched in Neon and Endless Rain_ is a line taken from Empire Magazine’s review of the film Blade Runner (1982). I have always had an interest in sci-fi films from this era, especially ones set in huge metropolises. Although this piece is not programmatic, I have attempted to recreate an impression of the movie’s city; glistening with chords that fall as rain (much like my hometown of Manchester.)

Year of Composition: 2012  
Duration: c. 7’  
Score in C

**Instrumentation**

fl  
2ob  
2cl  
bn  
2hn  
hpd  
2vn  
2vla  
2vc  
2db  

(singe strings)
Drenched in Neon and Endless Rain

Ben Gaunt

Flute

Oboe I

Oboe II

Clarinet I in Bb

Clarinet II in Bb

Bassoon

Horn I in F

to con sord.

Horn II in F

Harpsichord

Violin I

Violin II

Viola I

Viola II

Violoncello

Double Bass
sail over the top of the ensemble without being too intrusive
CONDUCTOR - after c. 40" of repetition of cells, point at the performer furthest to your left. That performer stops playing. Slowly move your hand, from left to right, across the ensemble (c. 30°). When your hand reaches a performer they stop playing, except for the Harpsichord, which continues after you finish conducting, and stops of its own accord.

- poco a poco rit. with each repetition stop when conductor’s hand has reached you

- poco a poco rit. with each repetition stop when conductor’s hand has reached you

- poco a poco rit. with each repetition stop when conductor’s hand has reached you

- poco a poco rit. with each repetition stop when conductor’s hand has reached you

- poco a poco rit. with each repetition stop when conductor’s hand has reached you

- poco a poco rit. with each repetition stop when conductor’s hand has reached you

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- poco a poco rit. with each repetition stop when conductor’s hand has reached you

- poco a poco rit. with each repetition stop when conductor’s hand has reached you

- poco a poco rit. with each repetition stop when conductor’s hand has reached you

- rit. final repetition only

- avoid the temptation to slow down

Once everyone else has stopped playing, finish the chord sequence, regardless of how long that will take.
Ben Gaunt

Residuum VI for Oboe

Infected
Infected was workshopped by Christopher Redgate at The University of Sheffield, and received its première at the Upper Chapel, Sheffield on 6th June 2012.

Infected opens with a simple, quiet melody. Occasionally, this melody is interrupted by an event, which subsequently infects the melody. As the piece progresses, the melody undergoes an increasing number of infections, and gradually becomes more complex and raucous, reaching a manic climax before dying away.

Year of Composition: 2012
Duration: c. 5’
Techniques

lengths of note, in decreasing order

continue sim. ad. lib.

The box indicates to improvise in a similar manner to the previous material. The notes within the box indicate the range you can use when improvising. In this example, you can improvise between the notes F and A, and you are also permitted E acciaccaturas.

Timbral trills. Use alternate fingering to trill on the same pitch.

Sing and play simultaneously. Play the notes as indicated, and sing either in unison or in similar motion at any interval.

Four different multophonics, all containing Eb.

Notes contained within M brackets are to be played as multphonics.

Breathe in to create a squeak.

Notes contained within growl brackets are to be played as one continuous growl. A lower case g indicates separate growls for each note.
slow
sensa misura
c. 10"

sim. sempre
(M1 M2 M3 M4)
c. 30"
Manic

ad. lib. all previous modes of playing

faster

key clicks

faster
for Icarus Ensemble

Ben Gaunt

Seven Shrinking Machines
for amplified ensemble
Seven Shrinking Machines

*Seven Shrinking Machines* was written for Icarus Ensemble as part of the European Composers’ Professional Development Programme 2012. It received its world première at Spazio Icarus, Reggio Emilia, Italy on the 19th November 2012. It received its UK première at Bates Mill, Huddersfield, UK on the 21st November 2012, as part of the Huddersfield Contemporary Music Festival.

*Seven Shrinking Machines* is a study in proportion and memory. Seven distinct musical sections are presented, each with their own identity and set of rules; each with their own ‘DNA’. One section is removed, and the remaining six sections are presented, each retaining their unique ‘DNA’. Again, one section is removed, and the remaining five sections are presented. This process continues until there is only one section remaining. The structural pattern is ABCDEFG/BCDEFG/BCDEF/CDEF/CDE/DE/D resulting in a total of 28 sections. The first of these is long, and low. Each successive section starts a semitone higher and is one second shorter than the previous section. This gives structural cohesion to a work that is otherwise fragmented in construction.

The piece is approximately seven minutes long.
Rub two sandblocks together in a circular motion, aiming for constant 'white noise' with no breaks.

Strike the vibraphone as normal, with the mallet. Leave the mallet on the vibraphone bars, to 'deaden' the sound.

The 'rim' marking indicates to play only on the rim of the muted tom. Do not perform a rim shot.

Whilst performing a tremolando between the two given notes, increase the air pressure. This will result in a 'harmonic rip', alternating between the harmonic series of D# and E (in this example.) 'Rip' has high as possible.

As before, 'harmonic rip' whilst performing a tremelando between C and D. However, on this occasion, start on the first partial, 'harmonic rip' as high as possible, fall back down to the fundamental, then 'rip' back up to the first partial.
Seven Shrinking Machines

Flute

Clarinet in Bb

Percussion

Vibraphone

Electric Guitar

Bass Guitar

Synthesiser

Accordion

airy, ethereal \( \approx \) 120

breath (no pitch)

breath

breath

breath

air (out - no pitch)

air (out)

air (out)

motor:
on full

(drop D tuning) harmoniser

(drop D tuning)

white noise

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 mechanical, precise

muted floor tom, metal tube, ceramic bowl

m.v. clean, muted, with plectrum

clean
C\textsubscript{flz.} shimmering, expressive

D\textsuperscript{stilted, mysterious}

\(p\ \text{con dolore}\)

\(PP\)

with fingers

\(ppp\)

\(ppp\)

\(p\)

\(p\)
Fl.

Cl.

Perc.

Vib.

E. Gtr.

Bass

Synth.

Accord.

frantic, bubbling

5 temple blocks, muted floor tom

ppp express.
light, effervescent

Fl.

Cl.

Perc.

Vib.

E. Gtr.

Bass

Synth.

Accord.

5 temple blocks, wood devil

overdrive (max), with plectrum

pick scrape

senza vib.

h.r.

harmonic rip

slap
tongue

F

77

pp

pp

pp

p

pp

pp

mp

mp

mp

mp
shimmering, expressive

E. Gtr.

Fl. flz.

Cl. flz.

Perc.

Vib.

unmuted

with plectrum

with fingers

Synth.

Bass

Accord.
N\textsuperscript{m}echanical, precise

- Fl.
- Cl.
- Perc.
- Vib.
- E. Gtr.
- Bass
- Synth.
- Accord.

- muted floor tom, metal tube, ceramic bowl

- clean, muted, with plectrum

- clean, with fingers

- m.v.
Shimmering, expressive

Fl.

Cl.

Perc.

Vib.

E. Gtr.

Bass

Synth.

Accord.
Fl.

mf con dolore

Cl.

Perc.

Vib.

E. Gtr.

Bass

Synth.

Accord.

stilted, mysterious

P
fl. & cl. mf
perc. mp
vib.
e. gtr. mp
bass

frantic, bubbling

q fr.

 synth.

p express.

5 temple blocks, muted floor tom

accord.

p express.
Fl.
Cl.
Perc.
Vib.
E. Gtr.
Bass
Synth.
Accord.

Flute
Clarinet
Percussion
Vibraphone
Electric Guitar
Bass
Synthesizer
Accordion

mechanical, precise

muted floor tom, metal tube, ceramic bowl

clean, muted, with plectrum

clean, with fingers

30
shimmering, expressive

stilted, mysterious

f con dolore

with fingers

unmuted

with plectrum

mf

mp
frantic, bubbling

Fl.:

Cl.:

mp express.
5 temple blocks, muted floor tom

Vib.:

E. Gtr.:

Bass:

Synth.:

mp express.

Accord.:

mp express.
Ben Gaunt

Three Catalysts
for trumpet and percussion

I - Constant
II - Changing
III - Absent
Three Catalysts was commissioned by trumpeter George Morton.

The opening trumpet material is almost identical in all three movements. In each movement, the percussion material acts as a catalyst, transforming the trumpet melody to unexpected conclusions.

Year of Composition: 2012
Duration: c. 6’
Transposed Score
Techniques

**Trumpet**

```
\text{t} \quad \text{k} \quad \\
\text{tss} \quad \text{boo}
```

- "t" and "k" vocal consonants through trumpet should sound mechanical
- vocal sound through trumpet should sound like steam
- rapid alteration between "t" and "k" vocal consonants
- sing "boo" through trumpet start at a high pitch and descend

**Percussion**

```
\text{Congas} \quad \text{Vibraphone} \quad \text{Temple Blocks}
```

- H indicates heel of hand in centre
- marcato indicates slap on rim
- cross note head indicates scrape skin with fingers
- deadstroke
- smooth transition from pedal to no pedal
- flurry indicates rapid alteration between different temple blocks
- the brackets indicate which temple blocks to play

**Flurry**

```
\text{flurry}
```

- cross note heads indicate key clicks
- flurry indicates rapid tremolando
- timbral/microtonal trill

**Rapid**

```
\text{rapid, high, undefined notes using harmonic series}
\text{as short and fast as possible}
\text{box text indicates fingering (and hence, which harmonic series)}
\text{note above bracket indicates length}
```

**Sing**

```
\text{sing}
```

- imitate previous technique whilst singing down the trumpet
- use "t" and "k" consonant sounds
Three Catalysts
I - Constant

Ben Gaunt

Transposed score

jazzy, brassy \( \dot{=} 100 \)

Trumpet in B\(\text{n}\)

Congas
(w/ hands)

gradually more mechanical

\[
\begin{array}{c}
\text{Transposed score} \\
\text{Three Catalysts} \\
I - Constant \\
Ben Gaunt
\end{array}
\]
II - Changing

sleazy, mysterious $\dot{=}100$
con sord. harmon

Trumpet in B♭

Vibraphone
III - Absent

smooth, relaxed \( \frac{4}{4} = 100 \)
loosen valves
con sord. straight

Trumpet in B

\[ \begin{array}{c}
\text{flurry} \\
\text{flurry} \\
\text{flurry}
\end{array} \]

Temple Blocks

\[ \begin{array}{c}
p \\
\text{flurry}
\end{array} \]
Ben Gaunt

Cataclysm

for orchestra
Transposed Score

2 Fl.
2 Ob.
1 Cl. in B♭
1 B. Cl. in B♭
2 Bsn.
4 Hn. in F
3 Tpt.in B♭
3 Tbn.
1 Tba.
Percussion 1 - Bass Drum, Vibraphone, 3 Suspended Cymbals
Percussion 2 - Glockenspiel, 2 Timbales
Percussion 3 - 4 Tom Toms, Tam Tam
Cel.
Vln. I
Vln. II
Vla.
Vc.
Dba.

Year of Composition: 2013
Duration: c. 7'

overbow

bow with extreme pressure to produce a violent, cracked sound
often the sound produced will be an octave below the written pitch
arrows indicate a smooth transition (from normal pressure to overbow pressure)

flurry

play as many notes as possible, around the given pitch
the aim is to create a 'burbling' effect
e.g. the E on the left will be performed as shown on the right:
move up and down as you please, but do not stray too far from the original note
The Old Cataclysm Blues
for ensemble
The Old Cataclysm Blues

*The Old Cataclysm Blues* was commissioned by Ensemble 10/10 as part of the Sound and Music Portfolio programme. It received two performances in October 2013, the second of which was part of the New Music North West festival.

I've been haunted for a long time by Metropolis – not the Fritz Lang masterpiece, but an anime film that contains a particularly memorable scene: a huge explosion occurs, accompanied by Ray Charles' wonderful rendition of 'I Can't Stop Loving You' – a moment so bizarre, moving, and dramatic, I doubt I'll ever forget it. *The Old Cataclysm Blues* is inspired by that scene.

Year of Composition: 2013
Duration: c. 7'

Techniques

key click + air (unpitched) [bassoon] remove the reed and make a 'sh' air sound down the crook, whilst clicking keys as quickly as possible

valve click [trumpet] press and release valve keys as quickly as possible

tap body [double bass] tap the body of the instrument with fingers as quickly as possible

half pressure buzz [double bass] pluck the open string as normal, but press on the string with small amount of pressure, which should result in a buzzing sound as the string vibrates against the fingerboard

slap [double bass] slap all four strings with hand

air (unpitched) [trumpet] make a tssss air sound
The Old Cataclysm Blues

mysterious, bluesy $\frac{d}{=80}$

imperceptible accel. to $\frac{d}{=100}$ at bar 49

Ben Gaunt

Transposed score

Clarinet in B♭

remove reed
key click + air
(unpitched)

Bassoon

sh

Trumpet in B♭

valve click

Violin

sul pont.

ord.

s.p.

Violoncello

tap body

Double Bass

fff
Detached, bouncy swing
relaxed, ethereal $d=80$

**Cl.**

**Bsn.**

**Tpt.**

**Vln.**

**Vc.**

**Db.**
Ben Gaunt
Rachel Davies

Revolution
for mezzo soprano and ensemble
Revolution was written for the Sounds of the Engine House ensemble, for their inaugural concert at Bridgewater Hall as part of the ‘A Little Bite Music’ concert series. It received a further four performances as part of the Voices of the North Tour, funded by Sound and Music.

The result of a collaboration with Manchester-based poet Rachel Davies, Revolution is a response to the Victorian machines that reside in the Power Hall at the Museum of Science and Industry.

The singing style is light and lyrical; not too operatic.

Year of Composition: 2013
Duration: c. 6’
Transposed Score
Revolution

Rachel Davies

mechanical, precise \( \frac{j}{88} \)

Oboe

Clarinet in B\textsuperscript{♭}

Percussion

Vibraphone

Mezzo-soprano

Violoncello

\( \text{2 muted toms, sizzle cymbal, claves} \)

(\text{use same pair of mallets for toms, sizzle cymbal and vibraphone})

\( p \text{ sign for mezzo-soprano and violoncello} \)

\( \text{dead stroke} \)

\( \text{mv for vibraphone} \)

\( \text{mp for mezzo-soprano} \)

\( \text{pizz. for violoncello} \)

Ben Gaunt
rhythmic, brutal

p mm

p mm

p mm

p mm

p mm

p mm

p mm
stilted, awkward ($=132$)

Ob.  mf

Cl.  mf

Perc.

Vib.  mp

M-S.

Vc.  mf

"breath"
urgent, energetic (l'istesso tempo sim.)


mf

stop

stop

suck

squeeze

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Ob.

Cl.

Perc.

Vib.

M-S.

Vc.

speech becomes irrelevant

do not conduct, singer controls tempo, heavy rubato

tongues lie less ear-drums nuanced machine speak is the
voice of commerce instruments of their own survival people are sacrificed to the god of profit humanity devoured by its
gradually more spoken

own creation assimilation domination there's a kind of music here

strike cymbal with clave

sung (slightly whispery)

a death knell sounding

pizz.
Ben Gaunt

Zenir Nadith

for soprano saxophone and piano
Zenir Nadith was written for saxophonist Anthony Brown and pianist Leo Nicholson.

Zenir Nadith is a study in speed and density. As the saxophone material becomes slower, the piano material becomes faster. A small central section features both instruments playing in rhythmic unison.

Year of Composition: 2013
Duration: c. 6’
Transposed Score
for Anthony Brown and Leo Nicholson

Zenir Nadith

frantic, explosive \( \frac{d}{d} = 100 \)

Ben Gaunt

Soprano Saxophone

Piano

fff dim.

Sop. Sax.

Pno.

fff

\( \text{Red} \)
intense, expressive
(l'istesso tempo sempre)

16

\begin{music}
\begin{align*}
\text{Sop. Sax.} & \quad p \quad f \quad p \quad mf \\
\text{Pno.} & \quad \text{\textadlpedal} \\
\end{align*}
\end{music}

\begin{music}
\begin{align*}
\text{Pno.} & \quad mf \\
\text{Sop. Sax.} & \quad \text{\textadlpedal} \\
\end{align*}
\end{music}

20

\begin{music}
\begin{align*}
\text{Sop. Sax.} & \quad mp \quad f \quad mp \quad f \\
\text{Pno.} & \quad f \\
\end{align*}
\end{music}

\begin{music}
\begin{align*}
\text{Pno.} & \quad mp \\
\text{Sop. Sax.} & \quad \text{\textadlpedal} \\
\end{align*}
\end{music}

24

\begin{music}
\begin{align*}
\text{Sop. Sax.} & \quad ff \quad p \quad mp \quad 5 \\
\text{Pno.} & \quad ff \\
\end{align*}
\end{music}

\begin{music}
\begin{align*}
\text{Pno.} & \quad mp \\
\text{Sop. Sax.} & \quad \text{\textadlpedal} \\
\end{align*}
\end{music}
dramatic, bold

Sop. Sax.

Pno.

Sop. Sax.

Pno.

55

Sop. Sax.

Pno.
61
Sop. Sax.
\[\text{mp} \quad p \quad mf \quad p \quad mp\]

Pno.

66
Sop. Sax.
\[\text{simple, tense}\]

Pno.

73
Sop. Sax.
\[\text{aggressive, expansive}\]

Pno.
energetic, powerful

Sop. Sax.

Pno.

f
cresc.

visceral, brutal

Sop. Sax.

Pno.

ff
cresc.

molto vib.

use both hands when necessary
Sop. Sax.

sim.

Pno.

sim. descending atonal arpeggios

Pno.

Sop. Sax.

Pno.

Sop. Sax.

Pno.

Sop. Sax.

Pno.

Sop. Sax.

Pno.

Sop. Sax.

Pno.
Ben Gaunt

Factory Detritus

for piano four hands
Factory Detritus was commissioned by Gary O'Shea, and performed by the commissioner and the composer at the University of Sheffield NME concert, 5th of November, 2013.

A machine operates in a factory for 10 seconds, and then stops.
A machine operates in a factory for 20 seconds, and then stops.
A machine operates in a factory for 30 seconds, and then stops.
A machine operates in a factory for 40 seconds, and then stops.

Year of Composition: 2013
Duration: c. 6'
Factory Detritus
for piano four hands

manic, mechanical

* both pianists should begin their boxed notation simultaneously, and repeat the box for the given length of time, with no pause inbetween each repetition

gradually depress pedal

Ben Gaunt
calm, peaceful $\frac{3}{4}$

smack underside

manic, mechanical

gradually depress pedal

*silently depress notes
cindy, peaceful \( \dot{=} 60 \)
manic, mechanical

\[ \text{gradually depress pedal} \]

calm, peaceful \( \text{gradually depress pedal} \)
manic, mechanical

gradually depress pedal

calm, peaceful \( \frac{1}{2} \) - 60
Ben Gaunt

Residuum VIII
for solo trombone

The Inflation Ritual
The Inflation Ritual is made up of 16 movements, that grow in length, range and complexity. The final movement extends too far, and deflates as a result. The work was composed by trombonist Heider Nasralla, written in 2014, and performed in Copenhagen on the 28th July 2014.

The piece requires two music stands, one solotone mute and one snare drum. Initially, the performer faces away from the audience, and plays the first five movements using the mute. The performer then turns around; both music stands are setup to facilitate this:

```
\begin{center}
\text{audience}
\end{center}
```

The performer plays the following four movements, muted, facing the audience. The performer removes the mute and plays the following four movements open. The performer turns on the snare, and plays the final three movements into the drum, resulting in a distorted sound. The performer is invited to treat each movement with a sense of theatricality: remove the mute deliberately and ceremoniously, switch the snare on audibly, take long pauses between each movement, and page turn slowly and with reverence.

The piece is approximately fifteen minutes long, and is constructed from eight distinct ideas, each with their own techniques and performance directions. These are described below:

1. Initially tentative, this idea becomes dramatic and expressive by the end of the piece. The numbers indicate the speed of vibrato (1 is very slow, 4 is very fast) and the wavy lines indicate the width of vibrato (the thin line is standard vibrato, the thick line is a wider vibrato.)

2. This idea is to be played robotically and with rhythmic accuracy, imitating machinery. The cross notehead indicates an unpitched air noise, down the instrument. The k noteheads indicate an unpitched k consonant sound, down the instrument.

3. Tongue as rapidly as possible, while sliding between the indicated pitches. This idea should be performed with energy. (Breathe when necessary.)
Rapidly slide upwards from the indicated pitch. Do not aim for a specific final pitch.

This idea is cheeky and scherzo-like. It should be performed with rhythmic accuracy.

The diamond noteheads indicate pitches to be sung. Simultaneously, the notes below should be played, while growling. The resultant effect should be like a motorbike engine accelerating.

The performer should attempt to move from one tremolando to the next as smoothly as possible.

While playing, the performer should smoothly alternate between an 'oo' mouthshape and an 'ee' mouthshape.
Residuum VIII for Trombone

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\[ \sum_{\bar{U}} \]
IV

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pp

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mp

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p
VI

turn to face audience

\[ \sum U \]
VIII

\( \sum \)
audibly turn on snare
XIV

play into snare drum

growl

ord.

p

mf

p

mf

p

3

p

2

2

3

4

mf

mp

f

3

2

3

2

ff

f

mf
Over 90 seconds, descend from the high D# to the low F#, performing a mixture of Rhythm A and Rhythm B. Make the descent as smooth as possible. Avoid slowing down. Gradually move away from snare.

When you have finished the descent, ceremoniously and audibly turn off the snare, ending the piece.
Ben Gaunt
Filling Rubin's Vase
for ensemble
"Filling Rubin's Vase" for Sarah Nicolls, Oren Marshall and members of the London Sinfonietta.

"Filling Rubin's Vase" was performed at Huddersfield Contemporary Music Festival 2014, and recorded by NMC, as part of the Sound and Music Higher Education Programme.

Rubin’s Vase is an optical illusion named after the Danish psychologist, Edgar Rubin. Two faces are shown in profile, and the negative space between them forms the shape of a vase. In "Filling Rubin’s Vase", the work alternates between low and high material. A middle register (between middle C and the octave above) is not explored until the end; the ‘negative pitch space’ between the low and high material is filled.

Year of Composition: 2014
Duration: 10'
Techniques

All trills are a semitone. Molto vibrato. Unpitched air sound. Col legno battuto. Scratch bow (extra bow pressure). Knock body of instrument with hand.

Winds

Flutter tongue. Play highest note possible, try and maintain a constant pitch. Low cluster, as loud and raucous as possible.

Bassoon

Accordion

Scrape grill with fingers.

Tuba

Coin

Scrape bottom string with metal object resulting in a raucous sound. Scrape bottom string very fast with guitar pick resulting in a high-pitched sound (no resonance). Smack sustain pedal with enough force to make a percussive sound.

Arco

Piano

Arrows indicate gradual transition (in this case, from arco to col legno battuto).
Filling Rubin's Vase

dark, throbbing \( \frac{\text{bpm}}{60} \)

Piano

Accordion

Viola

Tuba

Bassoon

Double Bass
A frantic, energetic \( \downarrow = 180 \)
B morose, drowsy $\frac{1}{4} = 120$
delicate, ethereal (l'istesso tempo sempre)

Pno.

PP

air (unpitched)

sul tasto

Vla.

p sempre

Tba.

p

Bsn.

p

Db.

p
D mechanical, precise

Pno.

 Accord.

 Vla.

 Tba.

 Bsn.

 Db.
E shimmering, celestial

Pno.:

Accord.:

Vla.:

Tba.:

Bsn.:

Db.:
motionless, echoing

Pno.

Accord.

Vla.

Tba.

Bsn.

Db.
dark, throbbing $\text{♩}=60$

- **Pno.**
  - (mp)
  -  

- **Accord.**
  - (p)
  - pp

- **Vla.**
  - (mp)
  - (p)
  - pp

- **Tba.**
  - flz.
  - $\text{♩}=f$

- **Bsn.**
  - flz.
  - ord.
  - $\text{♩}=f$

- **Db.**
  - arco
Ifrantic, energetic \( \cdot = 180 \)
J morose, drowsy $\frac{q}{4}=120$

Pno.  

Accord.  

Vla.  

Tba.  

Bsn.  

Db.
K delicate, ethereal

pp

air (unpitched)

sul tasto

p sempre
Asim. pedal every arpeggio
L mechanical, precise
shimmering, celestial


pick scrape

pp
motionless, echoing
strict

Pno.

Accord.

Vla.

Tba.

Bsn.

Db.
Q smooth, relaxed

mechanical, precise

Pno.

pp 9 f

mute with LH

ord.

Accord.

f

mp mf

arco clb

Vla.

f

half valve gliss.

Tba.

mf

mp mf

Bsn.

pp mp pp

pizz.

Db.

f

mp
R delicate, ethereal
S morose, wailing
falling, stumbling

Pno.

Accord.

Vla.

Tba.

Bsn.

Db.
U bright, pulsating

strict

Pno.

Accord.

Vla.

Tba.

Bsn.

Db.
motionless, echoing

smooth, relaxed

Pno.
Accord.
Vla.
Tba.
Bsn.
Db.

ff

half valve gliss.

flz.

arco  pizz.  arco

ff

pizz.

arco

ff
mechanical, precise
delicate, ethereal
morose, wailing

Pno.
mute with LH

Accord.

Vla.
pizz

Tba.

Bsn.
arco

Db.
falling, stumbling  bright, pulsating  urgent, strict

Pno.

Accord.

Vla.

Tba.

Bsn.

Db.
accel.

Pno.

Accord.

Vla.

Tba.

Bsn.

Db.
massive, raucous \( \downarrow = 120 \)

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- **Pno.**
  - \( \text{fff} \)
  - scrape

- **Accord.**
  - \( \text{fff} \)

- **Vla.**
  - \( \text{s} \)
  - ord.

- **Tba.**
  - \( \supset \text{fff} \)
  - improvise high-pitched squeaks and squeals

- **Bsn.**
  - \( \triangle \)
  - play reed as high as possible

- **Db.**
  - \( \text{fff} \)